

USING KEY TERMS

1. **Identify** the term for a "disease caused partly by unhealthy behaviors and partly by other factors."

Answer: Lifestyle diseases (page 6)

2. **Identify** the term for "not taking part in physical activity on a regular basis."

Answer: Sedentary (page 6)

UNDERSTANDING KEY IDEAS

3. **State** the type of disease that causes most deaths in the United States today.

Answer: Lifestyle diseases (page 6)

4. **List** three examples of uncontrollable risk factors.

Answer: The four listed on page 7 are: age, race, gender, and heredity.

5. **Identify** which of the following is **not** a controllable risk factor. (Answer on page 7)

a. exercise

d. age

b. diet

e. weight

6. **Compare** the leading causes of death for teens with those of all ages.

Answer: The leading cause of death for teens is motor vehicle accidents, while the leading single cause for people of all ages is heart disease. (Graph on page 8)

7. **State** the six risk behaviors that lead to health problems in teens.

Answer: Sedentary lifestyle, alcohol and other drug use, sexual activity, behaviors that cause injuries, tobacco use, and poor eating habits (pages 9-10)

8. **Identify** the risk behavior that leads to the most deaths in teens.

Answer: Behaviors that cause injuries (page 10)

9. **Identify** the risk behavior that is the leading preventable cause of death in the United States.

Answer: Tobacco use (page 10)

CRITICAL THINKING

Holt Lifetime Health Test Answer Key

**Holt Rinehart & Winston, Holt,
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InfoWorld, 1986-08-11 InfoWorld is targeted to Senior IT professionals Content is segmented into Channels and Topic Centers InfoWorld also celebrates people companies and projects *American Utopia* Peter Swirski, 2019-07-08 From Black Tuesday to the White House from Plato to Robert Nozick from Eugene Debs to Richard Nixon from Peter Cornelis Plockhoy to the hippie communes of the Sixties from universal basic income to utopian basic income from proverbial wisdom to multilevel selection from Big Data to paleomorality from Prisoner's Dilemma to social engineering Israeli kindergartens from time travel to gene engineering from the pretzel logic of meritocracy to deaggressing humanity American Utopia maps the pitfalls and windfalls of social reform in the name of the human use of human beings Interrogating the assumptions behind four outr utopias by Thomas M Disch Bernard Malamud Kurt Vonnegut and Margaret Atwood the book interrogates the assumptions that have historically been central to the utopian project Whence the seeds of social discontent Whence our taste for egoism and altruism For waging war and waging peace Can we bioengineer human nature to specifications Should we Who makes better guardians humans or machines And who will guard the guardians Te HS&T a Holt Rinehart & Winston, Holt, Rinehart and Winston Staff, 2004-02 **American Pharmacy**, 1987 **Medical and Health Care Books and Serials in Print**, 1997 *Pennsylvania Farmer Consolidated with the Pennsylvania Stockman and Farmer*, 1925 **The Country Gentleman**, 1918 **Te HS&T 2007 Shrt Crs M** Holt Rinehart & Winston, 2007 *Paperbound Books in Print*, 1992
Energy Research Abstracts, 1987 Subject Guide to Books in Print, 1997 New York Times Saturday Review of Books and Art, 1969

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