

# Applying the Good Lives Model to Male Perpetrators of Domestic Violence

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Domestic violence is a pervasive social problem that has devastating emotional, physical, psychological, and financial costs for individuals, families, and communities. Despite the widespread use of current intervention programmes, recent reviews have demonstrated that these have only a small impact on the reduction of recidivism. In this article, we briefly summarise the features identified in the literature that distinguish domestically violent men from those who do not engage in such behaviours. We then explore the most common interventions used to treat domestic violence offenders and discuss the limitations of these interventions, before outlining the assumptions of the Good Lives Model (GLM), a strength-based approach to the treatment of offenders. We discuss the advantages of using the GLM compared to existing approaches and finally, we consider future directions for the use of the GLM in domestic violence interventions.

■ **Keywords:** Good Lives Model, domestic violence, offenders

Domestic violence is a pervasive social problem that has devastating emotional, physical, psychological, and financial costs for individuals, families, and communities (Chrisler & Ferguson, 2006; Healey, Smith, & O'Sullivan, 1998). According to the 2005 Personal Safety Survey, 2.1% of Australian women since the age of 15 had experienced physical or sexual violence perpetrated by a current partner, while 15% since the age of 15 had been victimised by a former partner (Australian Bureau of Statistics, 2006).

Feminist activists worked tirelessly in the 1970s to bring the problem of 'wife battering' to the attention of the public and lawmakers, and as a result, domestic violence was typically conceptualised within a gendered framework (McHugh & Frieze, 2006). This perspective drew attention to how the patriarchal structure of society both caused, and maintained, male violence against women by endorsing general beliefs of male entitlement and differential power between males and females. This approach, however, has been criticised for failing to attend to individual differences, as across all societies the risk of abuse differs greatly from one individual to another. Furthermore, the gendered approach to domestic violence does not include other patterns of violence and abuse, such as those that may occur within same-sex relationships.

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# Good Lives Model Manual

**Liying Dong**



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