

Les 7 – Groepsprocessen

Hoe individu en groep elkaar beïnvloeden

Wat: De groep beïnvloedt onze prestaties

- Kwaliteit van de groep op onze individuele prestaties
 - Soms versterkend effect
 - Soms verlamrend effect
- De loutere aanwezigheid van anderen en onze individuele prestaties
 - Soms versterkend effect
 - Soms verlamrend effect

6.1 Individuele prestaties identificeerbaar-herkenbaar

Twee fenomenen:

- **Sociale facilitatie:**
 - Beter presteren door de aanwezigheid van anderen
- **Sociale belemmering:**
 - Slechter presteren door de aanwezigheid van anderen



6.1.1 Sociale facilitatie

Experiment Triplett (1898)

Opzet: **PRESTATIE** Kinderen moeten in bepaalde tijd zoveel mogelijk omwentelingen maken met hengelspoel

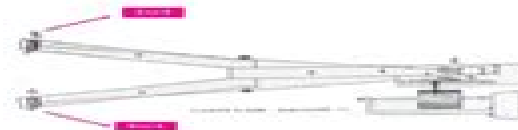
QV: De kinderen doen dit

- Individueel
- Parallel met twee **GROEP**

AV: Aantal omwentelingen van elk individueel kind

Resultaten: Individuele prestatie **hoger tijdens** groepsconditie dan in alleen-conditie

Initiële verklaring: → Spontane competitie



Maar

Ditzelfde fenomeen is terug te vinden bij dieren **GEEN SPRAKE COMPETITIE**

- Mieren verplaatsen **meer zandkorrels** als ze in groep zijn dan alleen (Chen, 1937)
- **Eetgedrag:** Mensen en dieren (aapjes, varkens, ...)
 - Eten meer als groep groter is

Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep

Didier Musso



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Table of Contents Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep

1. Understanding the eBook Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep
 - The Rise of Digital Reading Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep
 - Advantages of eBooks Over Traditional Books
2. Identifying Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep
 - User-Friendly Interface
4. Exploring eBook Recommendations from Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep
 - Personalized Recommendations
 - Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep User Reviews and Ratings
 - Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep and Bestseller Lists
5. Accessing Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep Free and Paid eBooks
 - Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep Public Domain eBooks
 - Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep eBook Subscription Services
 - Groepsprocessen De Funktie Vd Maatschappelijk Werker In De Groep Budget-Friendly Options

6. Navigating Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep eBook Formats
 - ePub, PDF, MOBI, and More
 - Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep Compatibility with Devices
 - Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Highlighting and Note-Taking Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Interactive Elements Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
8. Staying Engaged with Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
9. Balancing eBooks and Physical Books Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Setting Reading Goals Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Fact-Checking eBook Content of Groepsprocessen De Functie Vd Maatschappelijk Werker In De Groep
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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