Group Counseling and Psychotherapy With Children and Adolescents

Theory, Research, and Practice



Zipora Shechtman

Group Counseling And Psychotherapy With Children And Adolescents Theory Research And Practice

Nick Midgley, Jacqueline Hayes, Mick Cooper

Group Counseling And Psychotherapy With Children And Adolescents Theory Research And Practice:

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Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, Cynthia R. Kalodner, Maria Riva, 2013-12-02 The most comprehensive and thoroughly researched text available on this topic Handbook of Group Counseling and Psychotherapy Second Edition underscores the notion that group work is improved through increased collaboration between researchers and practitioners Edited by renowned leaders in the field this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho educational counseling and therapy groups The Handbook is divided into five main sections current and historical perspectives best practices multicultural and diverse groups groups in special settings and an introduction to special topics **Handbook of Cognitive-Behavior Group** Therapy with Children and Adolescents Ray W. Christner, Jessica L. Stewart, Christy A. Mulligan, 2024-06-17 Now in its second edition the Handbook of Cognitive Behavior Group Therapy with Children and Adolescents offers a review of cognitive behavior therapy fundamentals evidence based group interventions and practical guidelines for group psychotherapy This extensive guide presents innovative and evidence based treatments for the challenges faced by today s youth Each chapter covers areas such as assessment case conceptualization group selection cultural considerations protective factors and detailed strategies and treatment protocols for use in clinical practice This handbook combines theoretical foundations with practical application highlighting the authors personal experiences through case studies and therapeutic vignettes This book is an invaluable reference for professionals providing therapeutic intervention to children and adolescents Play Therapy with Children and Adolescents in Crisis Nancy Boyd Webb, 2015-08-20 This widely used practitioner resource and course text now significantly revised is considered the most comprehensive guide to working with children who have experienced major losses family upheavals violence in the school or community and other traumatic events Leading experts present a range of play and creative arts therapy techniques in chapters organized around in depth

case examples Informed by the latest knowledge on crisis intervention and trauma the fourth edition encompasses work with adolescents as well as younger children Each chapter concludes with instructive questions for study or reflection New to This Edition Expanded age range now includes expressive therapy approaches for adolescents More attention to traumatic stress reactions and posttraumatic stress disorder PTSD several chapters address complex trauma Extensively revised with the latest theory practices and research many new authors Additional topics parental substance abuse group work with adolescents chronic medical conditions animal assisted play therapy and courtroom testimony and more Counseling Children and Adolescents Teresa Behrend Fletcher, Amanda C. DeDiego, 2023-08-09 Creativity in Counseling Children and Adolescents shows counselors and other mental health professionals how to use a wide variety of creative and experiential activities that emphasize strengths and skills focused work The first section addresses the basic tenets of experiential learning guiding readers through ways to build a creative and interactive environment for counseling Later chapters lay out methods for choosing activities and finding the right match between diverse interests skills abilities and cultural considerations Once an activity is identified and implemented the book shows counselors how to help children make meaning and capitalize on the benefits of the activity through processing and transferring skills **Treating Child and** Adolescent Aggression Through Bibliotherapy Zipora Shechtman, 2008-12-16 Antisocial acts by children and teens are on the rise from verbal abuse to physical bullying to cyber threats to weapons in schools Strictly punitive responses to aggressive behaviour may even escalate a situation leaving peers parents and teachers feeling helpless This unique volume conceptualizes aggression as a symptom of underlying behavioural and emotional problems and examines the psychology of perpetrators and the power dynamics that foster intentionally hurtful behaviour in young people It details for readers how bibliotherapy offers relevant innovative and flexible treatment as a standalone intervention or as a preventive method in conjunction with other forms of treatment and can be implemented with individuals and groups parents teachers and even rivals This unique must have resource is essential reading for school psychologists school counselors social workers and clinical child psychologists and any allied educational and mental healthprofessionals who work with troubled youth

Creative Arts-Based Group Therapy with Adolescents Craig Haen, Nancy Boyd Webb, 2019-01-15 Creative Arts Based Group Therapy with Adolescents provides principles for effective use of different arts based approaches in adolescent group therapy grounding these principles in neuroscience and group process practice based evidence It includes chapters covering each of the main creative arts therapy modalities art therapy bibliotherapy dance movement therapy drama therapy music therapy and poetry expressive writing therapy written by respected contributors who are expert in the application of these modalities in the context of groups These methods are uniquely effective for engaging adolescents and addressing many of the developmental familial and societal problems that they face The text offers theory and guiding principle while also providing a comprehensive resource for group therapists of diverse disciplines who wish to incorporate creative arts based

methods into their practice with teens Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, Deborah A. Gerrity, Cynthia R. Kalodner, Maria Riva, 2003-12-23 The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike Each chapter reviews the literature and current research as well as offers suggestions for practice in the psycho educational arena counseling and therapy groups The handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners Through a review of cutting edge research and practice the handbook includes 48 chapters by renowned experts in group work The history and theory of group work Topics across the lifespan An entire section on multicultural issues A variety of clinical problems and settings Appendices include the Association for Specialists in Group Work Training Standards Best Practice Standards and Principles for Diversity Competent Group Workers The Handbook of Group Counseling and Psychotherapy the most comprehensive reference devoted to this rapidly growing field is essential for graduate students academics researchers professionals and librarians serving the group therapy community Children Kathryn Geldard, Rebecca Yin Foo, 2024-08-30 The definitive guide to the skills techniques and concepts used when working with children experiencing emotional challenges It covers all you need to know about The child counsellor relationship Practice frameworks for working effectively Play therapy and the use of different media and activities Building self esteem and social skills through the use of worksheets The concepts of wellbeing and resilience New to this edition Technology its influence on children and ways it can be used in counselling Counselling in a post pandemic world and the role of remote counselling and telehealth More discussion of issues of diversity difference intersectionality implicit bias and an inclusive practice Updated case studies to affirm diversity and represent wider populace Expanded and updated end of chapter further resources Updated conclusion with reflections on the pandemic Greater focus on inclusive practice and how SPICC model can be applied across various social cultural groups Online resources include digital picture books worksheets and a list of further reading to support your professional practice and help you extend your learning This highly practical quide is a vital resource for counsellors psychologists social workers occupational therapists nurses and teachers working or The Oxford Handbook of Group Counseling Robert K. Conyne, 2011-08-22 Group training to work with children counseling is a dynamic and valuable treatment device used by therapists throughout the psychological disciplines one that has proven effective in promoting change and growth in a variety of populations and settings The Oxford Handbook of Group Counseling takes an innovative approach to this expansive topic providing both a comprehensive field manual for practitioners and an authoritative reference work for teachers and researchers Comprising 31 topic based chapters by leading practitioners and researchers this handbook covers the full spectrum of current and relevant topics in group counseling including definitions and background history and efficacy key change processes e g therapeutic factors group cohesion group climate group leader strategies and characteristics new applications for group counseling strategies

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Adolescent Behavioral Health Edilma L. Yearwood, Geraldine S. Pearson, Jamesetta A. Newland, 2021-02-23 Research has shown that a range of adult psychiatric disorders and mental health problems originate at an early age yet the psychiatric symptoms of an increasing number of children and adolescents are going unrecognized and untreated there are simply not enough child psychiatric providers to meet this steadily rising demand It is vital that advanced practice registered nurses APRNs and primary care practitioners take active roles in assessing behavioral health presentations and work collaboratively with families and other healthcare professionals to ensure that all children and adolescents receive appropriate treatment Child and Adolescent Behavioral Health helps APRNs address the mental health needs of this vulnerable population providing practical guidance on assessment guidelines intervention and treatment strategies indications for consultation collaboration referral and more Now in its second edition this comprehensive and timely resource has been fully updated to include DSM 5 criteria and the latest guidance on assessing diagnosing and treating the most common behavioral health issues facing young people New and expanded chapters cover topics including eating disorders bullying and victimization LGBTQ identity issues and conducting research with high risk children and adolescents Edited and written by a team of accomplished child psychiatric and primary care practitioners this authoritative volume Provides state of the art knowledge about specific psychiatric and behavioral health issues in multiple care settings Reviews the clinical manifestation and etiology of behavioral disorders risk and management issues and implications for practice research and education Offers approaches for interviewing children and adolescents and strategies for integrating physical and psychiatric screening Discusses special topics such as legal and ethical issues cultural influences the needs of immigrant children and child and adolescent mental health policy Features a new companion website containing clinical case studies to apply concepts from the chapters Designed to specifically address the issues faced by APRNs Child and Adolescent Behavioral Health is essential reading for nurse practitioners and clinical nurse specialists particularly those working in family pediatric community health psychiatric and mental health settings Second Place in the Child Health Category 2021 American Journal of Nursing Book of the Year Counseling and Psychotherapy Theories in Context and Practice John Sommers-Flanagan, Rita Awards Sommers-Flanagan, 2018-03-23 Get to know the origins development and key figures of each major counseling theory This comprehensive text covers all the major theories in counseling and psychotherapy along with an emphasis on how to use these theoretical models in clinical practice The authors cover the history key figures research base multicultural implications and practical applications of the following theoretical perspectives Psychoanalytic Individual Adlerian Existential Gestalt Person Centered Behavioral Cognitive Behavioral Choice Theory Reality Therapy Feminist Constructive Family Systems Multicultural and Eclectic Integrative This text has case examples that bring each theory to life The entire book has been updated with the latest research and techniques Pedagogical features include learner objectives Putting It in Practice boxes questions for reflection case examples and treatment planning and chapter summaries Every theory is examined from

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Essential Research Findings in Child and Adolescent Counselling and Psychotherapy Nick Midgley, Jacqueline Hayes, Mick Cooper, 2017-02-13 What can child and adolescent counsellors and therapists learn from research What evidence is there for the effectiveness of different therapies and techniques How can developmental or neuroscience research inform or inspire therapeutic work with young people This book provides the answers to these questions and more Leading experts in the field take you through the latest research findings in child and adolescent therapy discussing how each is relevant to the work of practitioners Today both therapists and trainees need to be aware of and engage with research findings The book presents accessibly the current best knowledge and its implications for practice Specialty Competencies in Group Psychology Sally H. Barlow, Sally Barlow, 2013-04-25 Written by recognized experts in their respective fields the books of the Series in Specialty Competencies in Professional Psychology are comprehensive up to date and accessible These volumes offer invaluable guidance to not only practicing mental health professionals but those training for specialty practice as well

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