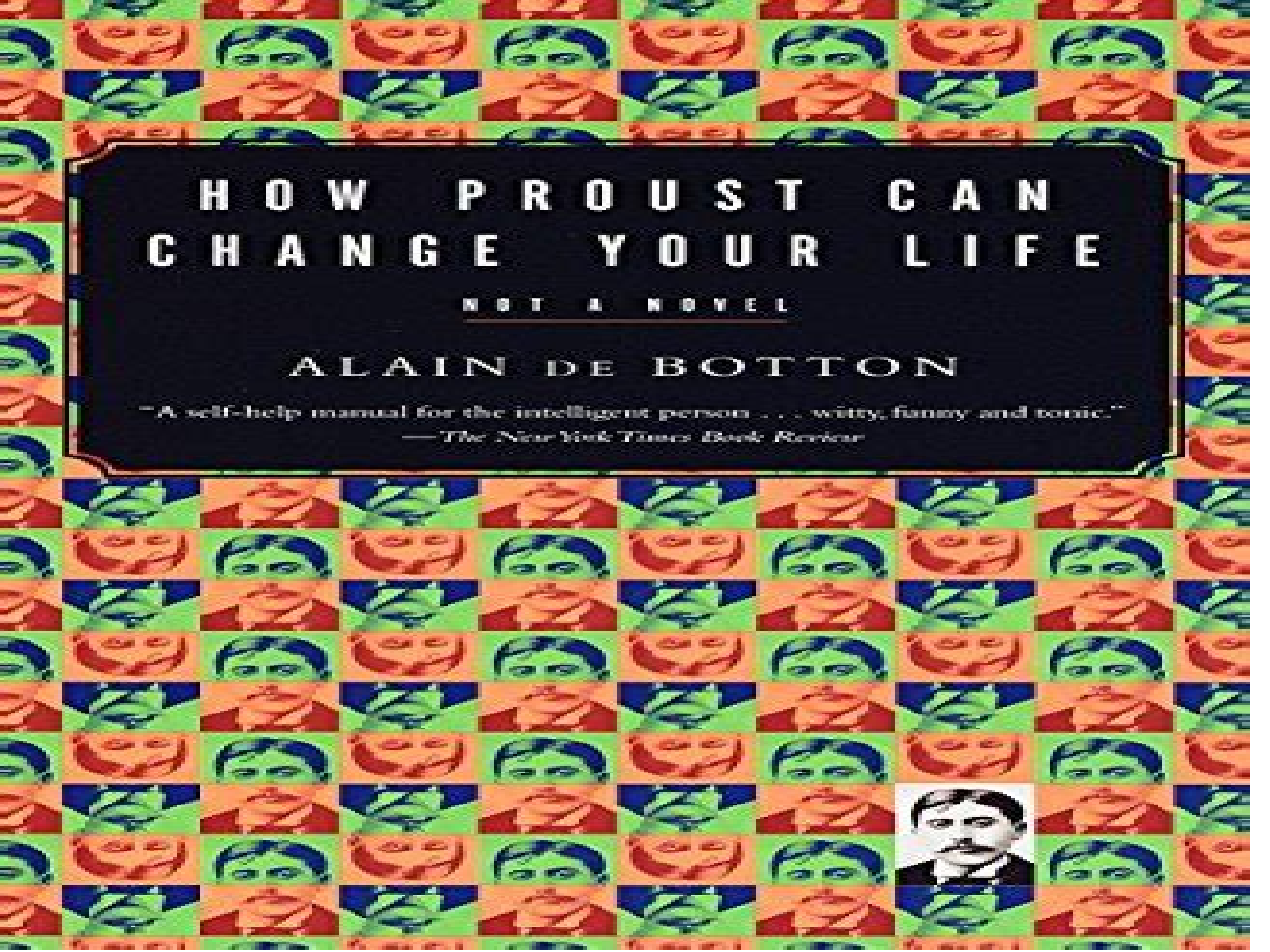




HOW PROUST CAN CHANGE YOUR LIFE

NOT A NOVEL

ALAIN DE BOTTON

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How Proust Can Change Your Life

Tom Ribitzky



How Proust Can Change Your Life:

How Proust Can Change Your Life Alain De Botton, 2013-01-23 A bestselling author draws on the work of one of history's most important writers to show us how to best live life in a book that's delightfully original. A self-help book in the deepest sense of the term. The New York Times. Alain de Botton combines two unlikely genres: literary biography and self-help manual in the hilarious and unexpectedly practical *How Proust Can Change Your Life*. Who would have thought that Marcel Proust, one of the most important writers of our century, could provide us with such a rich source of insight into how best to live life? Proust understood that the essence and value of life was the sum of its everyday parts. As relevant today as they were at the turn of the century, Proust's life and work are transformed here into a no-nonsense guide to, among other things, enjoying your vacation, reviving a relationship, achieving original and uncluttered articulation, being a good host, recognizing love, and understanding why you should never sleep with someone on a first date. It took de Botton to find the inspirational in Proust's essays, letters, and fiction, and perhaps even more surprising, to draw out a vivid and clarifying portrait of the master from between the lines of his work. Here is Proust as we have never seen or read him before: witty, intelligent, pragmatic. He might well change your life.

How Proust Can Change Your Life Alain de Botton, 1998-12-15 Alain de Botton combines two unlikely genres: literary biography and self-help manual in the hilarious and unexpectedly practical *How Proust Can Change Your Life*. Who would have thought that Marcel Proust, one of the most important writers of our century, could provide us with such a rich source of insight into how best to live life? Proust understood that the essence and value of life was the sum of its everyday parts. As relevant today as they were at the turn of the century, Proust's life and work are transformed here into a no-nonsense guide to, among other things, enjoying your vacation, reviving a relationship, achieving original and uncluttered articulation, being a good host, recognizing love, and understanding why you should never sleep with someone on a first date. It took de Botton to find the inspirational in Proust's essays, letters, and fiction, and perhaps even more surprising, to draw out a vivid and clarifying portrait of the master from between the lines of his work. Here is Proust as we have never seen or read him before: witty, intelligent, pragmatic. He might well change your life. From the Trade Paperback edition

How to Take Your Time Alain De Botton, 2017-02-13 Curiously practical, this no-nonsense blend of literary biography and self-help unravels how interesting life can be if only you could resist the impulse to rush through the mundane rituals of modern life. Every morning Marcel Proust sipped his two cups of strong coffee with milk, ate a croissant from one boulangerie, dunking it in his coffee as he slowly read the day's paper with great care, poring over each headline and section. Only Alain de Botton could have pulled so many useful insights from the oeuvre of one of the world's greatest literary masters. Fascinating and vital, *How to Take Your Time* will urge you to find the wisdom in defying the self-satisfaction felt by busy men, however idiotic their business, at not having time to do what you are doing. A Vintage Shorts/Wellness selection. An ebook short.

The Seduction of Pessimism in the Novel Tom Ribitzky, 2024-10-31 The Seduction of Pessimism in the Novel: Eros, Futility, and the Quarrel

with Philosophy explores the novel as a response to the Platonic myth that narrates the rift at the core of our being Eros is supposedly the consolation for this rift but the history of the novel documents its expression as one of frustrated desires neuroses anxieties and cosmic doom As if repeating the trauma from that original split in Plato a split that also divides philosophy from literature the novel treats eros as a site of loss and grief from the medieval romances to Goethe Emily Bront Proust Mann Woolf D H Lawrence and Nabokov The pessimism that emerges from this eros tells us something fundamental about who we are something that only the novel can say At a time when both education and leisure are increasingly ignoring the novel's imperative to sit with ambiguity complexity and contingency and as we are hurtling toward a bleak future of climate catastrophe and political instability the novel is one of the last bastions of humanity even as it is quickly being eroded

Bloomsbury Good Reading Guide Nick Rennison, 2009-09-27 Deciding what to read next when you've just finished an unputdownable novel can be a daunting task The Bloomsbury Good Reading Guide features hundreds of authors and thousands of titles with navigation features to lead you on a rich journey through some of the best literature to grace our shelves This greatly expanded edition includes the latest contemporary authors and landmark novels an expanded non fiction section a timeline setting historical events against literary milestones prize winner and book club lists An accessible and easy to read guide that no serious book lover should be without The essential guide to the wild uncharted world of contemporary and 20th century writing Robert McCrum The Observer

[Repair the World](#) Alexandre Gefen, 2024-08-19 Talk of repair has become ubiquitous in recent years In the age of trauma culture art and literature have a new purpose to do justice to console comfort and heal Drawing on works of twenty first century French language literature this monograph shows how literature can not only serve as a means of personal development but expand our capacity for empathy help repair the brokenness implied in victimhood and redress individual and collective traumas Centered on a critical reflection on discourses of repair and reparations it questions the canonical theories on the functions of literature and proposes a new way of writing and reading literary history Praise Repair the World is an invigorating and essential call to arms The modern category of the literary it declares is being outpaced by the contemporary uses of literature as a medium of exorcism empathy reparation testimony commemoration existential renewal and ethical or political connectivity Neither celebrating nor condemning such uses Gefen models a much needed style of criticism interdisciplinary pragmatic relational that comes to grips with their importance Rita Felski the John Stewart Bryan Professor and Professor of English at the University of Virginia USA In an era where self help memoir and autobiography command more than their fair share of publisher's lists in France it's tempting some fifty years after post structuralism's heyday to ascribe an impending death of literature to a taste for narcissistic exhibitionism in French literary culture But why bemoan the waning relevance of the question what is literature asks Alexandre Gefen when evidence abounds in the new century that literary writing increasingly posits itself as a restorative reparative act In the best instances authors who give form to embodied experience imaginatively forge with their readers

empathetic bonds of the sort that secular and religious institutions long sustained Repair the World is not only a capacious study of writers who hail from surprisingly broad sectors of French society from health and social workers to skilled laborers journalists and educators it s a situated call for a pragmatics of reading that makes of each book an intervention into the fabric of the real Harnessing sources in affect theory trauma studies ethics and cognitive science Alexandre Gefen performs a critically reparative act all his own reminding us that the notion of literature as autonomous object was itself a historical construct in short an ideology Reading and writing have always conjoined care for the self and care for others and it s upon that reciprocity that the communities of sense of tomorrow can flourish in a spirit of reparative humanism Derek Schilling Professor of French Director of the Centre Louis Marin Department of Modern Languages and Literatures Johns Hopkins University USA Alexandre Gefen s wide ranging thought provoking study takes stock of a paradigm shift in contemporary French literature away from a model of autonomy and intransitivity to ways of writing and reading that seek to repair restore reassure and rebuild From the varied forms of expressivity found in self narratives to the empathetic projections of fiction Repair the World maps out an expanding literary territory that seeks not critical negativity but rather the power to intervene for good in individual and collective life While reserving judgment on the actual extent of literature s effects Gefen demonstrates that contemporary projects and discourses undeniably center the therapeutic and remediative uses of literature With its nuanced readings and keen insights Repair the World has been rightly influential in France its powerful diagnosis of contemporary sensibilities resonates far beyond revealing both the promises and predicaments of literature in the twenty first century Alison James Professor of French and Chair of the Department of Romance Languages and Literatures at the University of Chicago USA What would it mean to ask Sartre s post war question What is literature in the 21st century In this wonderful essay Alexandre Gefen argues convincingly that the main purpose of literature today is to repair a broken world and memorialise forgotten lives Taking examples from predominantly contemporary French literature he proposes that literature as therapy has replaced religions of salvation a politics of emancipation and formal experimentation Today literature s mission is to heal traumatised individuals and communities resurrect the lives of the vulnerable and commemorate their deeds in the face of the forces of oblivion For Gefen Patrick Modiano s Dora Bruder 1997 is the contemporary literary archetype of these lost identities to be rehabilitated and reinhabited Gefen describes this new role for literature without taking sides the writing is lucid compelling and non partisan In an age of victimhood testimony empathy self expression and identity Gefen s reparative paradigm is as persuasive as Sartre s political version in the age of ideology Max Silverman Professor of Modern French Studies University of Leeds UK *More Matter* John Updike,2009-02-19 In this collection of nonfiction pieces John Updike gathers his responses to nearly two hundred invitations into print each an opportunity to make something beautiful to find within oneself a treasure that would otherwise remain buried Introductions reviews and humorous essays paragraphs on New York religion and lust here is more matter

commissioned by an age that as the author remarks in his Preface calls for real stuff not for the obliquities and tenuosities of fiction Still the novelist s shaping hand his gift for telling detail can be detected in many of these literary considerations Books by Edith Wharton Dawn Powell John Cheever and Vladimir Nabokov are incisively treated as are biographies of Isaac Newton Abraham Lincoln Queen Elizabeth II and Helen Keller As George Steiner observed Updike writes with a solicitous almost tender intelligence The critic and the poet in him are at no odds with the novelist the same sharpness of apprehension bears on the object in each of Updike s modes

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The Jewish Quarterly ,1996 The New Yorker ,1925 *A View from the Loft* ,1997 **The New Criterion** ,1998 *Proust's Cup of Tea* Emily Eells,2002 Proust s Cup of Tea analyzes Proust s reading of Victorian authors and

studies the ways in which they contributed to his monumental *A la recherche du temps perdu* Eells illustrates how Proust made his fictitious painter Elstir into a master of ambiguity by modeling his works on British art As Proust aestheticized male and female homosexuality using references to British art and letters Eells coins the term Anglosexuality to refer to intersexuality represented through intertextuality Proust's Cup of Tea proves that Victorian culture and homoeroticism form one of the cornerstones of Proust's masterpiece *New Statesman* ,2001-04 *Books Magazine* ,1998 **The Utne Reader** ,1997 **ID** ,2007 **Mirabella** ,1999

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