

DP Ultra Gympac™ . . . the ultimate home health club

499.99 the money down, \$25 a month*

This unique feature puts in the ultimate in home fitness systems — an entire gymnasium available without enlarging in size your health club.

Full 200 lbs. of weight resistance allows for a greater range of sitting and standing exercises.

Quick cable adjustment allows for full weight resistance while using upper and lower cables. Lower pulley system can be performed from storage position. Bench can be used in flat or inclined position. Top traction pedals push with both feet (simultaneously).

Hand levers have rotating padded handgrips and large diameter pads which cushion shoulders and back when performing squats.

Swinging handgrips let moving bar be used with precision and supervision in dynamic squats, or for seated work in static back and thighs.

Fully height-adjustable leg extension/leg curl attachment with triceps, shoulder pads and special seat cushions that enhance speed to raise leg exercises more effective and coordination. Heavy-duty 2-inch diameter chromed steel tubing. Cast aluminum carriage with ball-bearing wheels. Attaches easily to wall, or use sturdy steel frame with casters. Dimensions included. **DP U-24000 B — 499, 200 lbs. . . . \$499.99**

Sturdy steel frame neck exerciser is easily can be used to correct any DP Gympac system from a unit mount to a free-standing unit. For portability.

DP U-24000 B — 499, 40 lbs. . . . \$199.99

Heavy-duty Steel Cable Chestpress. This machine now changes your dynamic exercises depending on the height distance on your system. Does not apply to DP, DPB and DPB machines (see page 224).



Chest press



Lat pull down



Front pull down



Seated neck pull down



Optional neck rack

DP
Fit For Life

Gympac 3500 Manual

L Reisser

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the L Reisser text.

Gympac 3500 Manual:

Sears Sears, Roebuck and Company, 1985

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Gympac 3500 Manual Introduction

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