

Lab Values Cheat Sheet

Vital Signs

Blood Pressure
 → Systolic: 120 mmHg
 → Diastolic: 80 mmHg
Heart rate: 60-100 BPM
Respirations: 12-20 breaths
Oxygen: 95%-100%
Temperature: 96.4% - 99.5%

COAGs

PT: 11-13 seconds
 • 22-32.5 on Warfarin
INR: 0.8-1.1 Seconds
 • 1.6-3.3 on Warfarin
PTT: 21-35 Seconds
 • 31.5-87.5 on Heparin

The ↑ these numbers the ↑ chance of bleeding!!!

Glucose

Fasting: 70-110 mg/dL
Casual: <200 mg/dL

HbA1C

Non-diabetic: 4-6%
Pre-Diabetic: 5.7-6.4%
Diabetic: > 6.5%

Other

MAP: 70-100 mmHg
ICP (Intracranial Pressure): 5-15 mmHg
BMI: 18.5-24.9
Glasgow Coma Scale: Best = 15
 Mild: 13-15 Moderate: 9-12 Severe: 3-8

Complete Blood Count [CBC]

WBC: 5000-10,000
RBCs:
 → Male: 4.2-5.4
 → Female: 3.6-5
PLT: 140,000-400,000
 • Critical <50,000 or >1,000,000
Hemoglobin [Hgb]:
 → Male: 13-18
 → Female: 12-16
Hematocrit [HCT]:
 → Male: 42%-52%
 → Female: 36%-48%

ABGs

pH: 7.35-7.45
PaCO₂: 35-45 mmHg
PaO₂: 80-100 mmHg
HCO₃: 22-26 mEq/L

Renal

Calcium: 8.6-10.2 mg/dL
Magnesium: 1.3-2.3 mg/dL
Phosphorus: 2.5-4.5 mg/dL
Specific gravity: 1.005-1.03
GFR: 125 - 200 mL/min
BUN: 10-20 mg/dL
Creatinine:
 → Male 0.6-1.2mg/dL
 → Female: 0.4-1 mg/dL

Serum Osmolality

280-300 mOsm/L Water

Basic Metabolic Panel [BMP]

Sodium: 135-145 mEq/L
Potassium: 3.5-5 mEq/L
Chloride: 97-107 mEq/L
Calcium: 8.5-10.5 mg/dL
BUN: 10-20 mg/dL
Creatinine:
 → Male: 0.6-1.2 mg/dL
 → Female: 0.4-1 mg/dL
Albumin: 3.5-5.5 g/dL
Total protein: 6-8 g/dL

Lipid Panel

Total cholesterol:
 → Male: <205 mg/dL
 → Female: <190 mg/dL
Triglyceride:
 → Male: 44-180
 → Female: 10-190
LDL: <100 mg/dL → bad cholesterol
HDL: >60/dL → Happy Cholesterol

Pancreas

Amylase: 25-125 U/L
 → Older adults: 24-151 U/L
Lipase: <140 U/L

Liver [LFT]

ALT: 10-40M, 8-35 F
AST: 5-40 U/L
ALP: 40-120 U/L
Bilirubin: total 0.3-1.0 mg/dL

Lab Values And Their Meaning Nursing

Y Pai



Lab Values And Their Meaning Nursing:

Enjoying the Melody of Term: An Mental Symphony within **Lab Values And Their Meaning Nursing**

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bronze age proto illyrian tribes settled an area stretching from present day albania to the city of trieste the slovenian
territory was part of the roman empire and it was devastated by the migration period s incursions during late antiquity

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