



# GROUP WORK

## STRATEGIES for STRENGTHENING RESILIENCY

Timothy B. Kelly — Toby Berman-Rossi — Susanne Palombo  
Editors

# Group Work Strategies For Strengthening Resiliency

**Timothy B. Kelly, Toby Berman-  
Rossi, Susanne Palombo, Association  
for the Advancement of Social Work  
with Groups. Symposium**

## **Group Work Strategies For Strengthening Resiliency:**

Group Work Timothy Kelly B, 2012-12-06 Explore the latest research and practice information in group work Group Work Strategies for Strengthening Resiliency is a collection of research and information presented at the Twentieth Annual International Symposium on Social Work with Groups Resiliency issues are explored in relation to children couples managers survivors of torture poor women HIV AIDS affected youth and other population groups The contributors were keynote speakers and paper presenters at the symposium They represent a wide range of fields of practice and experience For social workers students educators and practitioners this volume examines how group work can improve resiliency in your community Here s a sample of what you ll find inside Keynote Speaker Jeremy Woodcock s experiences in his groundbreaking resiliency work with victims of torture Alex Gitterman s brilliant exposition of the notions of resiliency and vulnerability he outlines the current thinking and puts it into a group work context case examples that illustrate resiliency in children a discussion of how residential settings can function like a 24 hour group and how to use that group effectively to strengthen the resiliency of the residents a way to use groups to help develop social and economic capital for poor women through investment clubs group themes and practice strategies for group work with couples who have differing HIV status Group Work Strategies for Strengthening Resiliency also contains chapters reflecting the personal experiences of the authors One shares her transformation from a worker who did case work in a group into a social group worker Another shares a reminiscence of a personal journey during her formative years as a budding group worker From its description of how the use of group work principles and skills can benefit managers and programs to its challenge to group workers to incorporate some community work skills into their repertoire Group Work Strategies for Strengthening Resiliency is more than a fascinating read it is a tool to help you keep abreast of the latest theory and practice in this ever changing field

**Group Work** Timothy B. Kelly, Toby Berman-Rossi, Susanne Palombo, Association for the Advancement of Social Work with Groups. Symposium, 2001 Explore the latest research and practice information in group work Group Work Strategies for Strengthening Resiliency is a collection of research and information presented at the Twentieth Annual International Symposium on Social Work with Groups Resiliency issues are explored in relation to children couples managers survivors of torture poor women HIV AIDS affected youth and other population groups The contributors were keynote speakers and paper presenters at the symposium They represent a wide range of fields of practice and experience For social workers students educators and practitioners this volume examines how group work can improve resiliency in your community Here s a sample of what you ll find inside Keynote Speaker Jeremy Woodcock s experiences in his groundbreaking resiliency work with victims of torture Alex Gitterman s brilliant exposition of the notions of resiliency and vulnerability he outlines the current thinking and puts it into a group work context case examples that illustrate resiliency in children a discussion of how residential settings can function like a 24 hour group and how to use that group effectively to strengthen the resiliency of the

residents a way to use groups to help develop social and economic capital for poor women through investment clubs group themes and practice strategies for group work with couples who have differing HIV status Group Work Strategies for Strengthening Resiliency also contains chapters reflecting the personal experiences of the authors One shares her transformation from a worker who did case work in a group into a social group worker Another shares a reminiscence of a personal journey during her formative years as a budding group worker From its description of how the use of group work principles and skills can benefit managers and programs to its challenge to group workers to incorporate some community work skills into their repertoire Group Work Strategies for Strengthening Resiliency is more than a fascinating read it is a tool to help you keep abreast of the latest theory and practice in this ever changing field *Mutual Aid Groups, Vulnerable and Resilient Populations, and the Life Cycle* Alex Gitterman, Lawrence Schulman, 2005-02-23 The contributors to this volume examine the role of mutual aid groups and social workers in helping members of oppressed vulnerable and resilient populations regain control over their lives The chapters reveal the ways in which mutual aid processes help individuals overcome social and emotional trauma in contemporary society by reducing isolation universalizing individual problems and mitigating stigma Using the life cycle as a framework the editors establish a theoretical model for practice and demonstrate how social workers as group leaders can foster the healing and empowering process of mutual aid The contributors also consider the fundamentals of the mutual aid process the institutional benefits of group service and specific clinical examples of mutual aid groups Each chapter offers detailed case materials that illustrate both group work skills and developmental issues for a variety of populations and settings including HIV positive and AIDS patients the homeless and perpetrators and victims of sexual abuse and family violence New chapters in this completely revised and updated third edition illustrate the power of mutual aid processes in dealing with children traumatized by the events of September 11 adult survivors of sexual abuse parents with developmentally challenged children people with AIDS in substance recovery and mentally ill older adults

**Group Work Practice to Advance Social Competence** Norma C. Lang, 2010 This textbook introduces social work practice with socially unskilled populations or persons who lack social competence and whose group life is likely to be chaotic or nonexistent unless professionally assisted providing guidelines for working with these socially disabled persons in group settings The author outlines the unique pre group processes of socially unskilled populations and provides a methodology for advancing social competence She also identifies the professional and agency requirements for working with pre social processes **Working with Older Adults: Group Process and Technique** Barbara Haight, Faith Gibson, 2005-03-30 Beginning with an overview of the changing world of aging this book goes on to address practical principles and guidelines for group work [The Mutual-Aid Approach to Working with Groups](#) Dominique Moyse Steinberg, 2013-05-13 This updated edition of *The Mutual Aid Approach to Working with Groups* includes four new chapters that address single session groups short term groups open ended groups and very large groups This book provides a

foundation for practice examining theories concepts and practice principles specific to mutual aid Readers are directed to ample study resources in key areas via recommended reading lists at the end of each chapter Case examples are used to help bridge the gap between theory and practice in an immediately useful manner and handy tables and figures make important points easy to access and understand To view an excerpt online find the book in our QuickSearch catalog at [www.HaworthPress.com](http://www.HaworthPress.com)

**Handbook of Social Work with Groups, Second Edition** Charles D. Garvin, Lorraine M. Gutierrez, Maeda J. Galinsky, 2017-06-27 Revised edition of Handbook of social work with groups 2006 *Handbook of Social Work with Groups* Charles D. Garvin, Lorraine M. Gutierrez, Maeda J. Galinsky, 2017-02-13 This comprehensive handbook presents major theories of social work practice with groups and explores contemporary issues in designing and evaluating interventions Students and practitioners gain an in depth view of the many ways that groups are used to help people address personal problems cope with disabilities strengthen families and communities resolve conflict achieve social change and more Offering authoritative coverage of theoretical practical and methodological concerns coupled with a clear focus on empowerment and diversity this is an outstanding text for group work and direct practice courses

*Group Work With Populations at Risk* Geoffrey L. Greif, Paul H. Ephross, 2011 Group Work With Populations at Risk Third Edition is a fundamental resource for practitioners in health and mental health settings and a comprehensive guidebook of group work skills Geared toward students and professionals gaining a beginning understanding of groups this volume describes how to work with vulnerable populations that include returning war veterans Latino and Latina immigrants women and men who were abused as children children of divorce and people struggling with substance abuse AIDS cancer or chronic mental illness Each chapter describes the population and reviews the relevant literature identifies themes and practice principles presents a case illustration provides evaluation guidance and refers readers to key references and web resources Each one is designed to stand alone for easy reference and overviews of skill building and evidence based practice make this a timely comprehensive resource for group leaders regardless of specialty

*Community Mental Health* Samuel J. Rosenberg, Jessica Rosenberg, 2013-05-07 The first edition of Community Mental Health quickly established itself as one of the most comprehensive and timely books about mental health practice in community settings Readers will find that this new edition is also on the leading edge of the field providing the most up to date research and treatment models in the field Experts from a wide range of professions social work nursing psychology psychiatry public health sociology and law explore the major trends best practices and policy issues shaping community mental health services today Coverage of each topic shifts the focus from management to recovery in the treatment of chronically mentally ill patients Coverage of organizational and policy issues gives students a head start on mastering the overarching factors that shape their field This book offers the greatest breadth of coverage available including hot button topics like the following evidence based treatments neuropsychiatric perspectives Diversity Substance abuse New chapters cover a variety of special populations which ensures students are prepared to work

with a wide range of issues including returning veterans military families and families of the mentally ill people affected by the Great Recession teenagers children the homeless Students preparing to become mental health professionals practitioners in community mental health settings and policy planners and advocates engaged in the evaluation and development of programs in the human services will find this text to be an invaluable resource in their training and work A collection of supplemental resources are available online to benefit both instructors and students Instructors will find PowerPoint slides and test banks to aid in conducting their courses and students can access a library of helpful learning activities suggested readings and resources and a glossary of important terms These materials can be accessed at <http://www.routledge.com/cw/rosenberg>

**Art Therapy and Political Violence** Debra Kalmanowitz, Bobby Lloyd, 2005 With accounts from Northern Ireland Kosovo Israel and South Africa this book vividly illustrates the therapeutic power of art making and art therapy in helping individuals families and communities cope with experiences of political violence

*Encyclopedia of Social Work with Groups* Alex Gitterman, Robert Salmon, 2009-06-02 What do you have to know today to be an effective group worker and what are the different group work approaches With 110 articles and entries this book provides a comprehensive overview of social work with groups from its initial development to its astounding range of diverse practice today with many populations in different places The articles have been written by social workers trained in the group approach from the United States Canada England Australia Spain and Japan and all involved are well known group workers acknowledged as experts in the area The book covers all aspects of social work with groups including its history values major models approaches and methods education research journals phases of development working with specific populations and ages plus many more Each article includes references which can be a major resource for future exploration in the particular subject area Both editors have many years of productive work in group work practice and other areas and are board members of The Association for the Advancement of Social Work with Groups The Encyclopedia of Social Work with Groups will be of interest to students practitioners social work faculty novice and experienced group workers

Growth and Development Through Group Work Claudia Carson, Elizabeth Lewis, Anna Fritz, 2014-04-08 Examine group work's roots and fundamental beliefs to get a glimpse of the future For more than 80 years social group work has survived difficult times a testament to the persistence of its practitioners as well as the strength of its methods Growth and Development Through Group Work chronicles the evolution of this groundbreaking practice through a collection of peer reviewed papers presented at the 23rd Annual International Symposium on Social Work with Groups The book examines practice policy and education issues in specific settings and populations from both theoretical and historical perspectives Presented in the wake of the September 11 terrorist attacks in New York City and Washington DC the papers that comprise Growth and Development Through Group Work reflect a heightened awareness of the importance of social action group work now and in the future The book represents the best of social work's tradition of social reform and concern for oppressed

people never straying far from the concept of the group with its multiple helping relationships as the primary source of change A comprehensive overview of the field in international intercultural and cross gender contexts Growth and Development Through Group Work is equally effective for coursework or independent reading Topics addressed in Growth and Development Through Group Work include contributions of the late Ruby B Pernell to the development of social group work research in support of group work education and practice group work in Germany its development from American roots and its current advances social justice as a major objective of group work practice teaching group work mutual aid in support groups for particularly sensitive health problems psychoeducational group work contributions from Hull House as guides for the future of social group work Growth and Development Through Group Work is an invaluable resource for clinicians neighborhood and community activists educators and students researchers therapists administrators and anyone working in policy and or program development

**Gender, Information Technology, and Health** Jinky Leilanie Del Prado- Lu, 2005 This book explores the intricate relations of gender health and information technology in the context of factory work and a globalized economy Providing rich theoretical explanations to gender health and information technology it shows the impact of a globalized economy on the everyday lives of women workers in a selected manufacturing sector

**Community Planning to Foster Resilience in Children** Caroline S. Clauss-Ehlers, Mark D. Weist, 2010-02-23 Children live in a world of ever increasing stress factors including global terrorism pervasive exposure to violence increasing substance use and economic and social instability To help them maneuver successfully through such a challenging world to adulthood community based resilience interventions are becoming more important than ever Currently resilience based interventions are expanding to examine not only the internal strengths children and adolescents bring to a variety of situations but also to explore how to leverage community and family resources in the context of a culturally diverse world Community Planning to Foster Resilience in Children reviews a variety of innovative approaches and actions that can be used at the community level to promote resilience in children and adolescents Key themes throughout the book focus on how to Shift the paradigm from illness to strengths and health Assess and improve environments to minimize harmful influences and increase protection Adapt to and build on strengths of cultural and linguistic variation in an increasingly diverse society Move toward collaborative approaches that involve youth families schools and community members who partner at all levels of program conception implementation evaluation and improvement For researchers clinicians and students Community Planning to Foster Resilience in Children will be an essential tool in their efforts to promote the health and success of youth

**Strength and Diversity in Social Work with Groups** Carol S. Cohen, Michael H Phillips, Meredith Hanson, 2008-09-03 How can groups effectively meet the needs of humans in areas as diverse as aid responsibility action healing learning and acceptance This edited volume aims to address these issues and provide ways to extend the current reach and quality of social work with groups Based on a selection of papers from the 24th Annual International Symposium of the Association for

the Advancement of Social Work with Groups AASWG the chosen chapters embody the strength and diversity of the Symposium encouraging and encourage readers to Think Group Chapters address the future challenges faced in social work with groups including issues in teaching group work holistic thinking about groups team building staff development programs and university agency collaborations to strength group work practice There are chapters focusing on how mutual aid groups support trauma recovery including one with firemen addressing the aftermath of the 9 11 disaster as well as chapters that examine group work s place in community development challenging social isolation mask making as a medium for growth and special issues in addressing concerns of children and youth This book will be of interest to researchers professionals and students in social work and human service fields

**A Mutual-Aid Model for Social Work with Groups**  
Dominique Moyse Steinberg, 2014-02-24 Group work is a popular and widely used social work method Focusing particularly on the central role of mutual aid in effective group work this text presents the theoretical base outlines core principles and introduces the skills for translating those theories and principles into practice A Mutual Aid Model for Social Work with Groups will help readers to catalyze the strengths of group members such that they become better problem solvers in all areas of life from the playroom to the boardroom Increased coverage of evaluation and evidence based practice speaks to the field s growing concern with monitoring process and assessing progress The book also includes worker based obstacles to mutual aid their impact and their antidotes pre group planning including new discussion on curriculum groups group building by prioritizing certain goals and norms in the new group the significance of time and place on mutual aid and the role of the group worker maintaining mutual aid during so called individual problem solving an expanded discussion of anti oppression and anti oppressive practice unlocking a group s potential to make difference and conflict useful special considerations in working with time limited open ended and very large groups Case examples are used throughout to help bridge the gap between theory and practice and exercises for class or field help learners to immediately apply conceptual material to their practice All resources required to carry out the exercises are contained in over 20 appendices at the end of the book Key points at the end of each chapter recap the major concepts presented and a roster of recommended reading for each chapter points the reader to further resources on each topic Designed to support ethical and successful practice this textbook is an essential addition to the library of any social work student or human service practitioner working with groups

Leadership for Resilient Schools and Communities Mike M. Milstein, Doris Annie Henry, 2008 The book provides a wide selection of practical and user friendly tools and strategies for understanding the meaning and importance of resiliency A must for anyone concerned about the well being of their schools and communities Doug Milne Campus Manager University of Canterbury Nelson Campus New Zealand Milstein and Henry establish an excellent set of guiding principles Every educational administrator needs to read and reflect upon this important work John M Daggett Former Superintendent Ashland Public Schools OR Develop an environment that fosters well being and promotes success for the



entire school community As a practical guide for creating healthier school environments this interactive workbook offers proven strategies for developing resiliency the emotional strength and constructive attitude necessary for students schools and communities to thrive Mike M Milstein and Doris Annie Henry expand on the groundbreaking concepts presented in their first edition *Spreading Resiliency* to underscore the critical role of educational leaders and incorporate feedback from educators who have used the book to improve their schools The updated exercises case studies and reproducibles are presented in a workbook style to help administrators Diagnose current problems and implement strategies for change Assess their own readiness to facilitate resiliency initiatives Increase educator enthusiasm and strengthen professional development Build confidence and coping capabilities in students Partner effectively with surrounding communities This invaluable resource supplies all the tools that school leaders teacher leaders and district administrators need to foster resiliency and implement effective positive improvement initiatives

**Encyclopedia of Social Work** ,1965     *Promoting Resilience Interventions for Mental Well-Being in Youth* Silvia Gabrielli,Darko Roviš,Carmel Cefai,2022-05-26

Immerse yourself in the artistry of words with Experience Art with its expressive creation, Discover the Artistry of **Group Work Strategies For Strengthening Resiliency** . This ebook, presented in a PDF format ( \*), is a masterpiece that goes beyond conventional storytelling. Indulge your senses in prose, poetry, and knowledge. Download now to let the beauty of literature and artistry envelop your mind in a unique and expressive way.

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