

Helping Children Cope with Disaster



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Helping Children Cope With Disasters And Terrorism

Camilla Rothe



Helping Children Cope With Disasters And Terrorism:

Helping Children Cope with Disasters and Terrorism, 2009 School shootings Devastating earthquakes Severe floods Deadly motor vehicle crashes Terrorist attacks Many communities and individuals endure these and other extraordinary experiences so horrifying in their effects that we call them disasters Furthermore the events of September 11 2001 highlighted the realities of terrorism for most Americans and underscored the importance of understanding how children and adolescents react to disasters and terrorism The publication of this volume is especially timely given that the tragedies of September 2001 and subsequent events are still too recent to have yielded an empirical perspective on their impact on children adolescents and families This volume reviews the current state of knowledge regarding children's reactions to disaster and terrorism and provides the background and conceptualization needed for framing mental health interventions and future research efforts This volume has two purposes The first is to provide a systematic review of children's and adolescents reactions to specific disasters and the factors that contribute to those reactions The second is to review the current state of interventions that have been developed to address children's and adolescents mental health needs following disasters PsycINFO Database Record c 2004 APA all rights reserved

Handbook of Evidence-Based Therapies for Children and Adolescents Ric G. Steele, T. David Elkin, Michael C. Roberts, 2007-12-03 Growing numbers of young people some 10% to 20% of school age populations have mental health problems requiring intervention and current policy initiatives identify evidence based therapies as the most effective and relevant forms of treatment By reviewing evidence based treatments EBTs across a wide spectrum of conditions the Handbook of Evidence Based Therapies for Children and Adolescents Bridging Science and Practice closes the gaps between children's needs and services as well as those between research training and practice Several EBT options both proved and promising are offered for each covered disorder and are bolstered by case examples tables and reference lists Features include chapters on implementation issues such as diversity family treatment assessment strategies and community settings and step by step guidance for the researcher looking to gather empirical support for therapies With comprehensive coverage provided by numerous leading experts in the field this volume covers the broadest range of disorders over the widest pediatric adolescent age range including Behavioral disorders ADHD aggression bullying Phobias panic disorders school refusal and anxiety Autism and pervasive developmental disorders Depression mood disorders and suicidal behavior Alcohol and drug abuse Eating disorders and obesity PTSD With its emphasis on flexibility and attention to emerging issues the Handbook of Evidence Based Therapies for Children and Adolescents is essential reading for anyone who works to address the mental health needs of children including clinical child school and counseling psychologists clinical social workers and child psychiatrists as well as advanced graduate level students in these and other related fields

, *Children, Law, and Disasters*, 2009 [Textbook of Clinical Pediatrics](#) A. Y. Elzouki, H. A. Harfi, H. Nazer, William Oh, F. B. Stapleton, R. J. Whitley, 2012-01-10 The second edition of the textbook is

planned to become a MRW textbook It will be written by 389 eminent pediatricians and scientists from leading university hospitals and health centers in North America Europe Asia and Australia Written with more than 425 chapters the book will encompass virtually all pediatric subspecialties covering every pediatric disease and organ system Its strong clinical focus with a problem based approach will help practicing pediatricians residents medical students as well as family practitioners to manage sick children in a practical way based on scientific evidence Thus it will become a valuable reference and resource for all health care practitioners dealing with pediatric patients

School-Based Multisystemic Interventions For Mass Trauma Avigdor Klingman, Esther Cohen, 2012-12-06 School Based Multisystemic Interventions for Mass Trauma presents the theoretical foundations of school based crisis intervention which is a systemic approach to helping the school system in an emergency The book offers a theory and research based framework to address the numerous and varied needs of student parents educational staff school administration and the mental health professionals themselves The sections include the following A systematic review of the theory and findings relevant to mass disasters their impact on children and postdisaster stress processing and positive coping A conceptual basis for schoolwide preventive interventions and A comprehensive multisystemic intervention plan involving school children school personnel and community agencies School Based Multisystemic Interventions for Mass Trauma is a valuable resource for school psychologists school mental health workers clinical child psychologists school counsellors as well as for educators and school administrators

The Oxford Handbook of Traumatic Stress Disorders J. Gayle Beck, Denise M. Sloan, 2022 In the second edition of this handbook experts on traumatic stress have contributed chapters on topics spanning classification epidemiology and special populations theory assessment prevention early intervention treatment and dissemination and treatment This expanded updated volume contains 39 chapters which provide research updates along with highlighting areas that need continued clarification through additional research The handbook provides a valuable resource for clinicians and investigators with interest in traumatic stress disorders

Methods for Disaster Mental Health Research Fran H. Norris, 2006-08-03 The editors have done a marvelous job of creating an instructive and well written book that is a must read for anyone who conducts disaster related mental health research or who is involved in recovery planning and public health practice For students professionals researchers and policymakers the book provides a solid foundation in research methods and includes wonderful explanations I wholeheartedly recommend this book as a standard text for disaster research It supplies the framework for good data collection and good data are what support sound policy decisions CDR Doris B. Reissman MD MPH U S Public Health Service and Centers for Disease Control and Prevention This authoritative book will be of interest to anyone involved in studying the mental health consequences of large scale traumatic events or in measuring the effectiveness of postdisaster interventions The book considers disasters from different perspectives and translates their chaotic aftermath into feasible research ideas and approaches Contributing authors all experienced researchers and practitioners present a wide range of methods and

strategies used in epidemiology program evaluation and public mental health planning in the aftermath of natural or technological disasters and terrorism Descriptions of exemplary studies bring to life the associated logistical and scientific challenges and show how these challenges can be addressed using high quality research designs *Handbook of Child Psychology and Developmental Science, Ecological Settings and Processes*, 2015-03-31 The essential reference for human development theory updated and reconceptualized The Handbook of Child Psychology and Developmental Science a four volume reference is the field defining work to which all others are compared First published in 1946 and now in its Seventh Edition the Handbook has long been considered the definitive guide to the field of developmental science Volume 4 Ecological Settings and Processes in Developmental Systems is centrally concerned with the people conditions and events outside individuals that affect children and their development To understand children's development it is both necessary and desirable to embrace all of these social and physical contexts Guided by the relational developmental systems meta-theory the chapters in the volume are ordered in a manner that begins with the near proximal contexts in which children find themselves and moving through to distal contexts that influence children in equally compelling if less immediately manifest ways The volume emphasizes that the child's environment is complex multi dimensional and structurally organized into interlinked contexts children actively contribute to their development the child and the environment are inextricably linked and contributions of both child and environment are essential to explain or understand development Understand the role of parents other family members peers and other adults teachers coaches mentors in a child's development Discover the key neighborhood community and institutional settings of human development Examine the role of activities work and media in child and adolescent development Learn about the role of medicine law government war and disaster culture and history in contributing to the processes of human development The scholarship within this volume and as well across the four volumes of this edition illustrate that developmental science is in the midst of a very exciting period There is a paradigm shift that involves increasingly greater understanding of how to describe explain and optimize the course of human life for diverse individuals living within diverse contexts This Handbook is the definitive reference for educators policy makers researchers students and practitioners in human development psychology sociology anthropology and neuroscience *Disaster and Trauma, An Issue of Child and Adolescent Psychiatric Clinics of North America* Stephen J Cozza, 2014-04-28 An overview of childhood traumatic exposures and their impact for health care providers child and adolescent psychiatrists general psychiatrists other pediatric behavioral health providers and primary care clinicians is presented Most clinicians are unaware that children in the United States are exposed to trauma frequently either as a single occurrence or through repeated events These exposures result in neurobiological developmental and clinical sequelae that can undermine children's health and well being This issue describes the multiple types of traumatic exposures and their sequelae methods of screening and assessment and principles of effective prevention and clinical treatment The volume highlights areas of particular relevance

to children such as natural disasters war domestic violence school and community violence sexual victimization and complex trauma Each is differentiated as a unique trauma requiring trauma informed systems of care to effectively meet the needs of the exposed population Since traumatic exposure results in added risk to child well being the third section of the volume describes strategies for primary prevention e g violence prevention and risk mitigation e g skill and resilience building strategies as well as reviews evidence based treatments for trauma induced clinical disorders

Mass Trauma and Emotional Healing around the World Ani Kalayjian, Dominique Eugene, 2009-11-19 A remarkable team of expert authors provide firsthand accounts from survivors of disasters around the globe helping readers to understand the impact of trauma as well as interventions to heal Around the world scores of those who survive disasters have demonstrated a remarkable resilience that enables them to live happy productive lives Mass Trauma and Emotional Healing around the World Rituals and Practices for Resilience and Meaning Making documents the unique yet universal reaction to traumatic events and sets the agenda for future development of therapeutic interventions research and theory An integrative approach to rituals and healing methods is highlighted to address and help prevent human made traumas and prepare generations to cope with natural disasters in a more effective way Chapters focus on rituals and practices for resilience after mass trauma showing among other findings that storytelling music humor and a belief in fate help people survive disasters worldwide

Kaplan and Sadock's Comprehensive Textbook of Psychiatry Benjamin J. Sadock, Virginia A. Sadock, Pedro Ruiz, 2017-05-11 50th Anniversary Edition The cornerstone text in the field for 50 years Kaplan Sadock s Comprehensive Textbook of Psychiatry has consistently kept pace with the rapid growth of research and knowledge in neural science as well as biological and psychological science This two volume Tenth Edition shares the expertise of over 600 renowned contributors who cover the full range of psychiatry and mental health including neural science genetics neuropsychiatry psychopharmacology and other key areas It remains the gold standard of reference for all those who work with the mentally ill including psychiatrists and other physicians psychologists psychiatric social workers psychiatric nurses and other mental health professionals

Stress Consequences George Fink, 2010-04-06 Stress is a universal phenomenon that impacts adversely on most people This volume provides a readily accessible compendium that focuses on the physical and psychological consequences of stress for individuals and society Clinical attention focuses on disorders of the stress control system e g Cushing s Syndrome Addison s Disease and the adverse impact of stress on human physical and mental health Detailed reviews address disorders such as PTSD anxiety major depression psychoses and related disorders such as combat fatigue and burnout The work covers interactions between stress and neurodegenerative disorders such as Alzheimer s disease and Parkinson s disease as well as stress immune inflammatory interactions in relation to cancer and autoimmune and viral diseases Emphasis is also placed on the role of stress in obesity hypertension diabetes type II and other features of the metabolic syndrome which has now reached epidemic proportions in the USA and other countries Chapters offer impressive scope with topics addressing animal

studies disaster diurnal rhythms drug effects and treatments cognition and emotion physical illness psychopathology immunology and inflammation lab studies and tests and psychological biochemical genetic aspects Richly illustrated in full color with over 200 figures Articles carefully selected by one of the world's most preeminent stress researchers and contributors represent the most outstanding scholarship in the field with each chapter providing fully vetted and reliable expert knowledge

Emotion Regulation and Psychopathology in Children and Adolescents Cecilia A. Essau, Sara S. LeBlanc, Thomas H. Ollendick, 2017-07-04 Emotions are a cardinal component of everyday life affecting one's ability to function in an adaptive manner and influencing both intrapersonal and interpersonal processes such as self-esteem and relationship satisfaction However when emotions are overpowering they can become debilitating and intrusive in daily life In general emotion regulation competencies become differentiated as a function of development Children tend to seek support from adults or use behavioral techniques to regulate their emotions As children reach adolescence they become increasingly self-reliant engaging in planful problem solving and utilizing cognitive strategies for example reappraisal more frequently when faced with stressful life events While the majority of children and adolescents will successfully navigate these developmental stages by cultivating adaptive coping skills for some this marks the beginning of lifelong challenges with emotion regulation and resultant dysregulation This book provides a guide to dealing with these problems with contributions from leading experts in the field Divided into 4 sections it starts by providing an introduction to the field of emotion regulation in adolescents touching upon the cultural social biological and developmental issues related to this topic Section two discusses several psychological disorders impacting adolescents such as anxiety depression and conduct problems while also discussing the underlying role emotion regulation plays in the development maintenance and propagation of these disorders In addition this section considers the implication for treatment by discussing the latest evidence-based intervention approaches The third section focuses on the role of emotion regulation in specific behaviour populations such as children of abuse and neglect as well as adolescents who engage in nonsuicidal self-injury The final section includes an epilogue discussing emergent areas of research answering questions of a theoretical psychological and empirical nature For all those working in the field of mental health whether novice or experienced the book provides a valuable guide to understanding and treating these increasingly common problems

Crisis Intervention Training for Disaster Workers George W. Doherty, 2007-01-01 Doherty provides information about training for mental health professionals and first responders who work with victims of disaster related stress and trauma He provides a brief overview of disasters and responders' roles including discussion about war terrorism and follow-up responses by mental health professionals

Trauma, Psychopathology, and Violence Cathy Spatz Widom, 2012-05-01 Trauma Psychopathology and Violence Causes Consequences or Correlates critically examines correlates consequences and potential causal relationships involving trauma psychopathology and violence The authors address methodological and theoretical challenges to understanding the

interrelationships among trauma psychopathology and violence from the perspective of their own research fields Chapters focus on different types of traumas traumas occurring at different developmental stages and in different contexts and the contributions of biological and genetic factors in understanding psychopathology and violence Each of the chapters offers recommendations for needed research The book is divided into six topical areas 1 Setting the context 2 Biological and genetic factors in understanding trauma psychopathology and violence 3 Trauma in childhood and risk of psychopathology and violence 4 Culture and community context in understanding trauma psychopathology and violence 5 Responses to disasters and terrorism and 6 Trauma psychopathology and violence in the military The third volume in the American Psychopathological Association series Trauma Psychopathology and Violence is a much needed addition to the scholarship of the mental health consequences of violence and trauma

Trauma Practice in the Wake of September 11, 2001 Steven N Gold, Jan Faust, 2014-06-11 Trauma practitioners and educators are you ready to meet the challenges of the aftermath of terrorist attacks Trauma Practice in the Wake of September 11 2001 will show you how frontline trauma practitioners responded to the crisis of the terrorist attacks In keeping with Haworth's mission to provide practitioners and educators with timely information on the assessment and treatment of trauma this essential book responds to the traumatic impact of the events of September 11th 2001 and their implications for trauma practice In Trauma Practice in the Wake of September 11 2001 you will hear from the leaders of the Green Cross one of the most prominent organizations providing psychological disaster response services on their experience in the World Trade Center disaster and read about the treatment of a client who was in the first WTC bombing in 1993 You will also find revealing interviews with an Israeli psychologist and a Palestinian psychiatrist who focus on the impact of terrorism on their citizens Trauma Practice in the Wake of September 11 2001 is your key to state of the art information on the psychology of terrorism the traumatic impact of terrorism on those directly affected the traumatic impact of terrorism on the general population ways to help children adolescents and adults cope with the aftermath of the terrorist attacks on America how to deal with compassion fatigue emotional depletion among helping professionals working with traumatized populations traumatologists response to rescue workers and victims in New York City The catastrophic events of September 11th have and will continue to raise special challenges for those of us in the field of trauma practice By publishing this book and the ones to follow we hope to assist trauma practitioners and educators in effectively meeting these continuing challenges

Child and Adolescent Psychiatry and the Media Eugene V. Beresin, Cheryl K. Olson, 2018-10-12 Get a quick expert overview of the increasingly important topic of technology and social media and its impact on children and adolescents This practical resource presents a focused summary of today's current knowledge on topics of interest to psychiatrists pediatricians and other health professionals working with children and adolescents It provides current relevant information on a wide variety of media related topics as they relate to child and adolescent health and mental illness making it a one stop resource for staying up to date in this critical area Discusses the effects of violent

media the impact of reality TV on female body image bullying sexting and other negative impact of new apps sex in the media
media outreach for child psychiatrists the use of telepsychiatry the role of media in the destigmatizing of mental illness
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minority populations and more Consolidates today's available information on this timely topic into one convenient resource

Hidden Impact: What You Need to Know for the Next Disaster: A Practical Mental Health Guide for Clinicians Frederick J. Stoddard Jr., Craig L. Katz, Joseph P. Merlino, 2010-11-15 *Hidden Impact* What You Need to Know for the Next Disaster guides primary care clinicians in preparing and responding effectively to future disasters based on current knowledge from the growing field of disaster mental health Written by nine expert disaster psychiatrists this handbook is organized into three major sections Preparation Assessment and Interventions The first section Preparation covers the disaster response system self care and getting involved The second section Assessment provides assessment scales for screening for mental health issues suicidality issues in children and families special populations and bereavement The third section Interventions aims to provide therapeutic guidance through psychological first aid psychosocial interventions psychopharmacology collaborative care and international perspectives

Terrorists, Victims and Society Andrew Silke, 2003-11-14 In today's climate there is a powerful need for a balanced expert and accessible account of the psychology of terrorists and terrorism Written by an expert team of psychologists and psychiatrists these contributors have direct experience of working with terrorists victims and those tasked with the enormous responsibility of attempting to combat terrorism The first section focuses on terrorists as individuals and as groups and provides a balanced and objective insight into the psychology of terrorists what their motivations are and what keeps them involved in terrorist groups The second section explores the huge question of the impact of terrorism the direct and indirect affect on victims how societies respond and how political leaders handle the threat and consequences of terrorism The final section focuses on the question of how to respond to terrorist threat The most up to date account of our understanding of terrorists their psychology and the impact they have on the world around them Written by leading world experts on terrorist psychology A complete view of terrorism looks at the terrorists themselves their victims and society as a whole

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