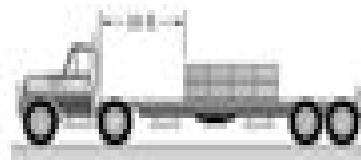
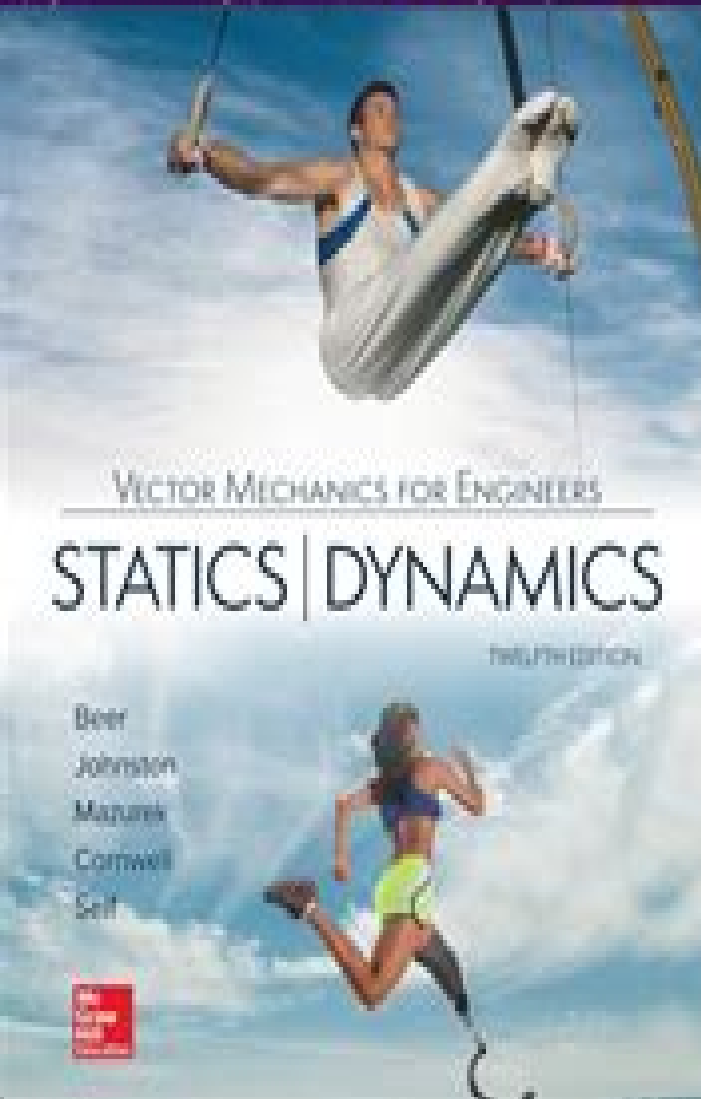


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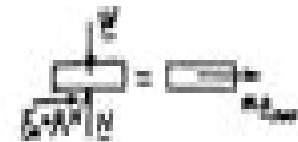
PROBLEM 12.11

The coefficients of friction between the load and the flat-bed trailer shown are $\mu_s = 0.40$ and $\mu_k = 0.30$. Knowing that the speed of the rig is 72 km/h, determine the shortest distance in which the rig can be brought to a stop if the load is not to shift.

SOLUTION

Load: We assume that sliding of load relative to trailer is impending:

$$\begin{aligned} F &= F_m \\ &= \mu_s N \end{aligned}$$



Deceleration of load is same as deceleration of trailer, which is the maximum allowable deceleration a_{max} .

$$\sum F_y = 0: N - W = 0 \quad N = W$$

$$F_m = \mu_s N = 0.40 W$$

$$\sum F_x = ma: F_m = ma_{max}$$

$$0.40 W = \frac{W}{g} a_{max} \quad a_{max} = 3.924 \text{ m/s}^2$$

$$a_{max} = 3.92 \text{ m/s}^2 \leftarrow$$

Uniformly accelerated motion

$$v^2 = v_0^2 + 2ax \quad \text{with} \quad v = 0$$

$$v_0 = 72 \text{ km/h} = 20 \text{ m/s}$$

Kinematics Of A Particle Solution Manual

Bo Lou



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Table of Contents Kinematics Of A Particle Solution Manual

1. Understanding the eBook Kinematics Of A Particle Solution Manual
 - The Rise of Digital Reading Kinematics Of A Particle Solution Manual
 - Advantages of eBooks Over Traditional Books
2. Identifying Kinematics Of A Particle Solution Manual
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in a Kinematics Of A Particle Solution Manual
 - User-Friendly Interface
4. Exploring eBook Recommendations from Kinematics Of A Particle Solution Manual
 - Personalized Recommendations
 - Kinematics Of A Particle Solution Manual User Reviews and Ratings
 - Kinematics Of A Particle Solution Manual and Bestseller Lists
5. Accessing Kinematics Of A Particle Solution Manual Free and Paid eBooks
 - Kinematics Of A Particle Solution Manual Public Domain eBooks
 - Kinematics Of A Particle Solution Manual eBook Subscription Services
 - Kinematics Of A Particle Solution Manual Budget-Friendly Options

6. Navigating Kinematics Of A Particle Solution Manual eBook Formats
 - ePub, PDF, MOBI, and More
 - Kinematics Of A Particle Solution Manual Compatibility with Devices
 - Kinematics Of A Particle Solution Manual Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Kinematics Of A Particle Solution Manual
 - Highlighting and Note-Taking Kinematics Of A Particle Solution Manual
 - Interactive Elements Kinematics Of A Particle Solution Manual
8. Staying Engaged with Kinematics Of A Particle Solution Manual
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Kinematics Of A Particle Solution Manual
9. Balancing eBooks and Physical Books Kinematics Of A Particle Solution Manual
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Kinematics Of A Particle Solution Manual
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Kinematics Of A Particle Solution Manual
 - Setting Reading Goals Kinematics Of A Particle Solution Manual
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Kinematics Of A Particle Solution Manual
 - Fact-Checking eBook Content of Kinematics Of A Particle Solution Manual
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

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web pranayama exercises help to clear physical and emotional blocks or obstacles in the body so that the breath and prana can flow freely from a spiritual perspective when we practice pranayama the veil of ignorance that covers the inner light is removed the stages of pranayama the four discernable stages of pranayama are inhalation

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web pranayama is often neatly divided into two words prana yama prana meaning life force or energy source and yama as we ve learned already from the yamas week of our eight limbs of yoga program meaning control or restraint

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web prana is taken in through the air we breathe and since the pranayama exercises increase the amount of air we take in they also increase our intake of prana for all pranayama except kapalabhati the breath is slow and steady breathed in and out of the nose and down into the belly