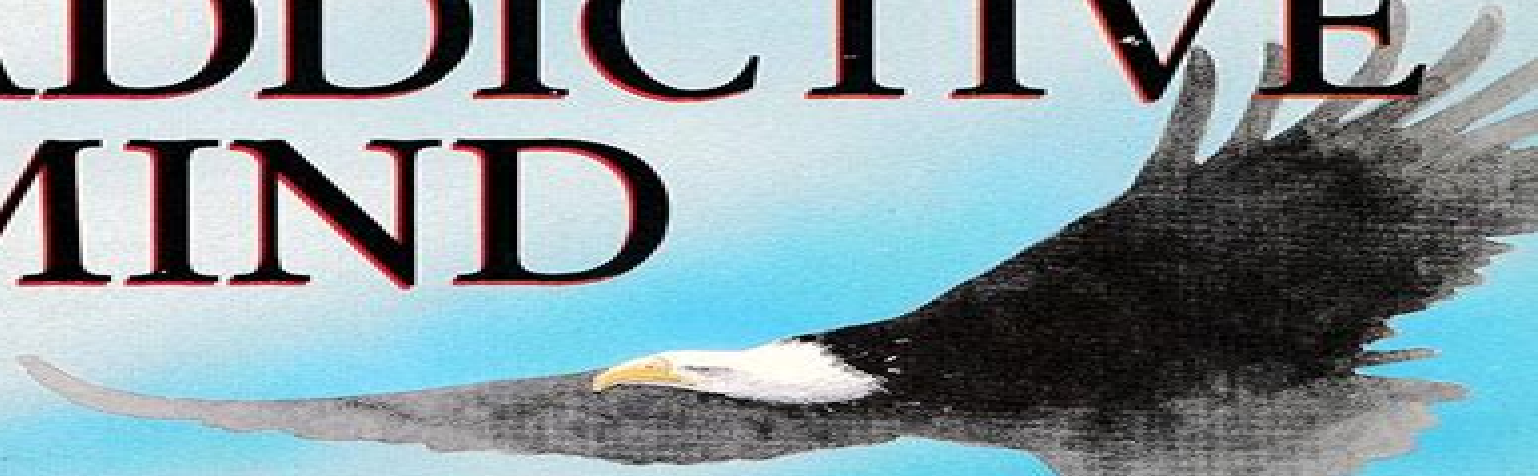


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*Freeing  
Yourself  
from  
Addictive  
Patterns  
and  
Relationships*

# HEALING THE ADDICTIVE MIND



*"I believe we are all addicts to beliefs or substances.  
This book can be a guide to lead us on a path to healthy, life-enhancing  
patterns of living."*

—BERNIE S. SIEGEL  
Author of *Love, Medicine, & Miracles*

# Healing The Addictive Mind Freeing Yourself From Addictive Patterns And Relationships

**Ying Liu**



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