

LAB MANUAL FOR HEALTH ASSESSMENT IN NURSING

NAME _____ Date _____ SCORE _____

CHAPTER 3

COLLECTING OBJECTIVE DATA: THE PHYSICAL EXAMINATION

Activity A MATCHING: Match the terms in the left column with the correct description in the right column.

TERM	DESCRIPTION
_____ 1. Sims' position	a. Part of the examiner's hand used to feel for temperature
_____ 2. Sitting position	b. Side-lying position used during the rectal examination
_____ 3. Supine position	c. Position used during much of the physical examination including examination of the head, neck, lungs, chest, back, breast, axilla, heart, vital signs and upper extremities
_____ 4. Standing position	d. Back-lying position used for examination of the abdomen (with one small pillow under the head and another under the knees); this position also allows easy access for palpation of peripheral pulses
_____ 5. Prone position	e. Larger end of stethoscope used to detect breath sounds, normal heart sounds and bowel sounds
_____ 6. Lithotomy position	f. Position used to examine male genitalia and to assess gait, posture, and balance
_____ 7. Fingerpads	g. Part of examiner's hand used to feel for fine discriminations: pulses, texture, size, consistency, shape and crepitus
_____ 8. Ulnar surface or palm of hand	h. Client lies on abdomen with head turned to side; may be used to assess back and mobility of hip joint
_____ 9. Dorsal surface of hand	i. Part of examiner's hand used to feel for vibration, thrills or fremitus
_____ 10. Bell of stethoscope	j. Smaller end of stethoscope used to detect low-pitched sounds (abnormal heart sounds and bruits)
_____ 11. Diaphragm of stethoscope	k. Back-lying position with hips at edge of examining table and feet supported in stirrups; used for examination of female genitalia, reproductive tract and rectum

CHAPTER POSTTEST Activity C MULTIPLE CHOICE QUESTIONS: Choose the one best answer for each of the following multiple choice questions.

- Before beginning a physical assessment of a client, the nurse should first
 - Wash both hands with soap and water

Health Assessment In Nursing Lab Manual

Janet Weber



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