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HBR Guide to

Managing Stress at Work

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Review,2014-01-14 Find the right person to help supercharge your career Whether you re eyeing a specific leadership role hoping to advance your skills or simply looking to broaden your professional network you need to find someone who can help Wait for a senior manager to come looking for you and you ll probably be waiting forever Instead you need to find the mentoring that will help you achieve your goals Managed correctly mentoring is a powerful and efficient tool for moving up The HBR Guide to Getting the Mentoring You Need will help you get it right You ll learn how to Find new ways to stand out in your organization Set clear and realistic development goals Identify and build relationships with influential sponsors Give back and bring value to mentors and senior advisers Evaluate your progress in reaching your professional goals *HBR*

Guide to AI Basics for Managers Harvard Business Review,2023-01-10 AI is ready for business Are you ready for AI From financial modeling and product design to performance management and hiring decisions AI and machine learning are becoming everyday tools for managers at businesses of all sizes But AI systems come with benefits and downsides and if you can t make sense of them you re not going to make the right decisions Whether you need to get up to speed quickly or need a refresher or you re working with an AI expert for the first time the HBR Guide to AI Basics for Managers will give you the information and skills you need to succeed You ll learn how to Understand key AI terms and concepts Recognize which of your projects would benefit from AI Work more effectively with your data team Hire the right AI vendors and consultants Deal with ethical risks before they arise Scale AI across your organization Arm yourself with the advice you need to succeed on the job with the most trusted brand in business Packed with how to essentials from leading experts the HBR Guides provide smart answers to your most pressing work challenges *HBR Guide to Retaining Your Best People* Harvard

Business Review,2025-08-05 Stop your top talent from walking out the door Employees have a sea of options when it comes to where and how they work and if they re not getting what they want they ll move on If the threat of having your top performers working for the competition isn t bad enough high turnover can inflict serious financial and emotional costs on your company The HBR Guide to Retaining Your Best People offers concrete advice and tactics to keep valuable employees engaged and loyal to your organization You ll discover how to meet their intrinsic needs create opportunities for career development and build a workplace where they want to excel You ll learn how to Uncover the real reasons employees quit Discover the elements of work your people value most Ensure your team feels seen heard and appreciated Keep your employees learning and growing Adjust how your people work in order to offer flexibility and avoid burnout Identify where

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