
Abnormal Psychology Exam 3 Study Guide

Chapter 11:

- What are the primary characteristics of anorexia nervosa?
 - ☑ The individual purposely takes in too little nourishment, resulting in body weight that is very low and below that of other people of similar age/gender
 - ☑ Intense fears of becoming overweight (or persistent behavior that interferes with weight gain despite being underweight)
 - ☑ Key goal is becoming thin and driving motivation is fear
 - ☑ Distorted view of weight and shape
 - ☑ Duration: at least 3 months ○ **Be familiar with the two main subtypes of anorexia**
 - ☑ Restricting: lose weight by cutting out sweets and fattening snacks, eventually eliminating nearly all foods
 - ☑ Binge eating/purging type (must be underweight for this subtype) ○ **Are there gender differences in the prevalence of anorexia nervosa or bulimia nervosa?** Majority of cases occur in females
- **Be familiar with the semi-starvation study discussed in class and in the textbook** ○ **Be familiar with the adjustable lens technique discussed in lecture and the textbook** ○ **Be familiar with amenorrhea: absence of menstrual cycles** ☑ **What are the primary characteristics of bulimia nervosa?**
 - ☑ "binge-purge syndrome"
 - ☑ Repeated bouts of uncontrollable overeating during a limited time period
 - ☑ Forced vomiting, misusing laxatives, diuretics, or enemas
 - ☑ Fasting
 - ☑ Exercising excessively ○ **What are compensatory behaviors?** Trying to compensate for and "undo" the caloric effects
- **What does research suggest tends to happen to individuals (and animals) after they have been on a very strict diet?** Bingeing often occurs after strict dieting
- What are the similarities and differences between anorexia nervosa and bulimia nervosa?
 - Begin after a period of dieting ○ Fear of becoming obese ○ Drive to become thin
 - Preoccupation with food, weight, appearance
 - Feelings of anxiety, depression, obsessiveness, perfectionism ○ Heightened risk of suicide attempts ○ Substance abuse can accompany either

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Peterson's Annual Guides to Graduate Study Peterson's Guides, Inc,1983 **Insider's Guide to Graduate Programs in Clinical and Counseling Psychology** Michael A. Sayette,John C. Norcross,2018-02-16 This trusted bestselling guide now updated for 2018 2019 is the resource you can rely on for profiles of more than 300 graduate clinical and counseling psychology programs plus expert advice for choosing and getting into the right one Based on intensive research the Insider s Guide offers information and guidance not available from any other source It provides details on each program s specializations or tracks admission requirements acceptance rates financial aid research areas and clinical opportunities You get invaluable tips for completing prerequisite coursework accumulating clinical and research experience and developing polished application materials and personal statements Special features include a handy time line and planning and decision making worksheets The 2018 2019 Edition incorporates profiles of eight additional programs as well as the latest information on GRE preparation student loans and more **Study Guide to DSM-5-TR®** Laura Weiss Roberts,Alan K. Louie,Matthew L. Edwards,2024-12-12 The ultimate companion volume to DSM 5 TR the Study Guide is designed to help clinical learners teachers and practitioners in psychiatry psychology and social work understand and apply diagnostic criteria Medical students residents and fellows and trainees throughout the clinical neurosciences will find this text to be invaluable in developing their diagnostic abilities Readers learn key clinical content through concise chapters and can assess their knowledge with more than 100 multiple choice questions The book is organized into three sections Part I delves into foundational concepts of psychiatric diagnoses and explores how diagnostic assessment fits into the process of working therapeutically with patients In this new edition Part I includes a new chapter examining structural and cultural considerations in arriving at a diagnosis Part II focuses on the diagnostic classes within DSM 5 TR and features clinical case vignettes with real life complexity relevant to psychiatric diagnoses diagnostic pearls that can be applied to daily clinical practice and a self assessment section with key concepts questions for further discussion patient cases and Q As Part III includes more than 100 multiple choice questions with an answer key These questions cover a range of diagnoses and patient presentations from across DSM 5 TR helping readers review their learning and assess their skills Taking a patient centered approach that complements the more disorder centered organization of DSM 5 TR this Study Guide provides context for DSM 5 TR s diagnoses while offering an array of interesting and memorable cases Rich in thought provoking detail and designed for repeated use this is an indispensable guide for learners educators and clinicians **Study Guide to DSM-5®** Laura Weiss Roberts,Alan K. Louie,2014-12-04 The Study Guide to DSM 5 is an indispensable instructional supplement to DSM 5 to help teachers and students of psychiatry psychology social work medical schools and residency programs understand and apply diagnostic criteria and key clinical concepts through a variety of learning tools The Study Guide can stand alone as a training supplement to DSM 5 or be paired with DSM 5 Clinical Cases as comprehensive instruction for understanding and applying

DSM 5 The Study Guide possesses a multitude of features that will benefit both learner and instructor Foundational concepts of diagnosis are amplified with case vignettes discussion questions and recommended reading to enrich knowledge and practice Content and features are consistent across the chapters for diagnostic classes These chapters include an introduction diagnostic pearls summary discussion and self assessment questions and answers In depth discussions of key diagnoses within each class cover approach to the diagnosis getting the history diagnostic tips clinical vignettes and differential diagnosis Key clinical vignettes exemplify diagnostic criteria while reflecting the complexity of real life scenarios In addition examples are offered to help readers appreciate diagnostic variations and ambiguities Discussion points and questions for self assessment are provided for each diagnostic class throughout the guide allowing readers to test their understanding of DSM 5 and helping teachers to focus on the most critical issues A special section dedicated to an overview of diagnostic questions that cover material across the Study Guide and DSM 5 provides additional testing of knowledge along with an answer key Engagingly written the Study Guide to DSM 5 introduces learners to DSM 5 and provides them with the tools they need to fully understand and deftly apply DSM 5 concepts and criteria

Guide to American Graduate Schools
Harold R. Doughty, 2009-02-24 For students planning further study after college the Guide to American Graduate Schools puts the necessary information at their fingertips Completely revised and updated this long trusted and indispensable tool features comprehensive information on every aspect of graduate and professional study including Alphabetically arranged profiles of more than 1 200 accredited institutions including enrollment locations libraries and other facilities and housing situations Fields of study offered by each institution and types of degrees conferred Admissions standards and requirements recruitment practices and degree requirements Tuition costs and opportunities for financial aid Details on scholarships fellowships assistantships and internships Organized in a clear straightforward easy to use format this is the essential source with which to begin planning for the future

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