

Manifesting Positive Change

Living the EnerQi Connection



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Living The Enerqi Connection Demystifying Acupuncture

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MS**



Living The Enerqi Connection Demystifying Acupuncture:

Living the EnerQi Connection Sheri Laine, 2014-12-30 Everyone wants to feel healthy strong and alive Sheri Laine a 28 year practitioner of Oriental medicine shows readers how to do just that through a unique concept using the L A I N E method Learn Align Inform Natural Energy In Living the EnerQi Connection acupuncturist Laine explains how Qi the vital energy that circulates round the body in currents works and how readers can benefit by cultivating and nurturing it

Success Stories from the Heart Gary Seidler, Peter Vegso, 2019-02-05 To commemorate HCI's 40th anniversary many of its most loved and revered authors have contributed personal stories of lifechanging events in Success Stories from the Heart Poignant and inspiring from cover to cover these authors generously share their personal journeys to find truth the unexpected discoveries they made along the way and the spiritual renewals they experienced as a result A brave and mighty volume Success Stories from the Heart bares their souls and tells the stories of not only their own lives but of the many lives they've touched Each contributing author in this extraordinary book has played a pivotal role in the advancement of mental health services and personal transformation They coined the phrases they made the discoveries they are the vanguards who brought us a deeper understanding of the issues that affect us our families our communities and every one of our relationships They are the true indispensable guides and mentors who rescue us from ourselves and each other that teach us better more fulfilling ways to live These stories chronicle experiences that go beyond the educational realm past office visits and therapy sessions and brought them deep into the tender realm of the heart They are the encounters that blurred the lines and made their work personal the hopes and tears of their careers the indelible scars that belie their commitment to do whatever it takes to make a difference It is this blending of personal and professional life that births wisdom that connects people and heals a hurting world Let Success Stories from the Heart inspire you it's a celebration of 40 momentous years and a thrilling celebration of life

Demystifying Acupuncture Dr Sina Leslie Smith, Sina Leslie Smith MS, 2024-02-13 Perhaps you've heard about the healing powers of acupuncture but have been a bit wary to give it a try You have friends and colleagues who have had great experiences but they can't explain how it helped them It just works they say In Demystifying Acupuncture Dr Sina Smith uses her vast knowledge her tender heart and her sincere desire to teach to explain the secrets of acupuncture to a curious but skeptical modern audience This book is your go to guide for understanding the science and art behind this time tested practice in a book that simplifies the concepts making it easy to grasp the way acupuncture works and how it can help you live your best life Demystifying Acupuncture was fantastic Simple straightforward and engaging but most importantly incredibly informative This book is a must read for anyone curious about this ancient medicine unraveling the evidence based principles that make acupuncture a transformative journey to wellness

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