

L'évaluation de l'écriture et des praxies

C. GALBIATI, M.E. BARALE, J.M. ALBARET

Cette évaluation doit toujours être précédée d'une consultation médicale au cours de laquelle le médecin donne des indications pour l'orienter. Le dossier médical apporte des informations indispensables sur l'enfant. En préambule de l'évaluation clinique, l'entretien avec les parents renseigne sur les centres d'intérêts de l'enfant et sur ses difficultés à la maison et à l'école. L'écriture étant une des praxies constructives les plus complexes, le bilan du graphisme et de l'écriture est indissociable du bilan praxique. A ces observations s'ajoute l'évaluation de la motricité des membres supérieurs incluant la motricité fine et l'habileté gestuelle. Ce bilan permet de faire la part des choses entre le trouble neuromoteur (lésion, trouble de la régulation, de la commande volontaire) et le trouble praxique. Tout en sachant, qu'à l'observation clinique, la frontière entre ces deux types de troubles est ténue.

Cécilia
Galbiati,
Marie-Edith
Barale,
ergothérapeutes,
Jean-Michel
Albaret,
psychomotricien

Bilan neuromoteur

L'ergothérapeute effectue systématiquement un bilan neuromoteur afin d'éliminer ou de mettre en évidence, d'éventuels troubles moteurs. On s'attache surtout à observer les membres supérieurs. Mais on ne doit pas négliger les capacités de l'ensemble du corps, à observer au repos et sur le tapis (motricité automatique, motricité volontaire). Le bilan neuromoteur peut parfois être complété par l'examen du psychomotricien et du kinésithérapeute.

L'examen des mobilisations passives des membres supérieurs permet de déterminer les longueurs musculaires, les amplitudes articulaires, et la recherche de la spasticité.

On procède ensuite aux épreuves actives.

Le bilan du maintien postural [26] se compose de six épreuves et permet d'évaluer la commande volontaire. Ces épreuves permettent de déterminer les variables posturales, la sélectivité et les mouvements anormaux.

Pour l'examen des préhensions [26], l'enfant doit prendre successivement différents objets : cube, pastille, pièce, épingle. Les différences prises, des plus grossières aux plus fines sont testées. On observe le transport du bras et la préforme de la main.

La sélectivité et les synkinésies sont observées lors des épreuves de lever digital simple

[26] et d'opposition du pouce avec les autres doigts. Lors du lever digital simple, le sujet pose ses mains à plat sur la table et doit lever successivement les doigts désignés par l'examineur. Il existe une progression dans l'évolution de la sélectivité, pouce, index, majeur, annulaire et annulaire qui s'étale entre six et quatorze ans. Lors de l'opposition du pouce avec les autres doigts, il s'agit de faire toucher le pouce avec la pulpe de chacun des autres doigts, successivement, en allant le plus vite possible.

L'épreuve des marionnettes permet d'observer les diadococinésies et l'intensité des synkinésies. Lors de ces épreuves, on note l'existence de synkinésies pathologiques, leur intensité, et l'acquisition de la sélectivité.

Le bilan sensitif et tactile, pour terminer, comprend les gnosies tactiles : reconnaissance d'objets dans la main sans la vue (stéréognosie) ; la sensibilité superficielle : chaud-froid, pique-touche ; la sensibilité profonde : kinesthésique et barosthésique.

Bilan graphique et d'écriture

Quelques questions aux parents permettent de recueillir des informations utiles. L'enfant prend-il plaisir à dessiner, à écrire ? Comment est-il décrit à l'école ? Est-ce un enfant soigneux ou brouillon ? Fait-il des dessins figuratifs ?

Les cahiers d'école sont d'un grand intérêt.

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