

Slicing

- Start with the knife at a sharp angle and with the tip of the knife on the cutting board.
- Move the knife forward and down to slice through the product.
- Finish the cut with the knife against the cutting board. For the second slice, raise the knife and pull backward. The tip of the knife should always be on the cutting board.

Dicing

- Cut the product into even slices of the desired thickness.
- Stack the slices and slice across the stack in even pieces.
- Stack the slices again and slice again.
- Chopping with a Chef's Knife
- Start by holding the tip of the knife against the cutting board with the guiding hand.

Knives are necessary tool to be used safely! To learn safety tips and techniques, watch :

Safe Knife Handling Practices

Training Video at RO.com. See your manager for details.

- Rock the knife rapidly up and down at the same time, while gradually moving the knife sideways
 across the product on the cutting board. The cuts should pass through all parts of the product.
- After several cuts, redistribute the product and start again.
- Continue until all the product is chopped to the desired fineness.



Kitchen Hand Training Manual

WJ Hussar

Kitchen Hand Training Manual:

Whispering the Secrets of Language: An Mental Journey through Kitchen Hand Training Manual

In a digitally-driven world wherever displays reign supreme and immediate communication drowns out the subtleties of language, the profound techniques and mental subtleties hidden within words usually get unheard. However, nestled within the pages of **Kitchen Hand Training Manual** a captivating fictional value pulsing with organic feelings, lies an extraordinary quest waiting to be undertaken. Penned by an experienced wordsmith, that marvelous opus invites readers on an introspective trip, gently unraveling the veiled truths and profound impact resonating within the fabric of each and every word. Within the psychological depths of the touching review, we will embark upon a heartfelt exploration of the book is primary styles, dissect its captivating publishing fashion, and yield to the powerful resonance it evokes serious within the recesses of readers hearts.

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