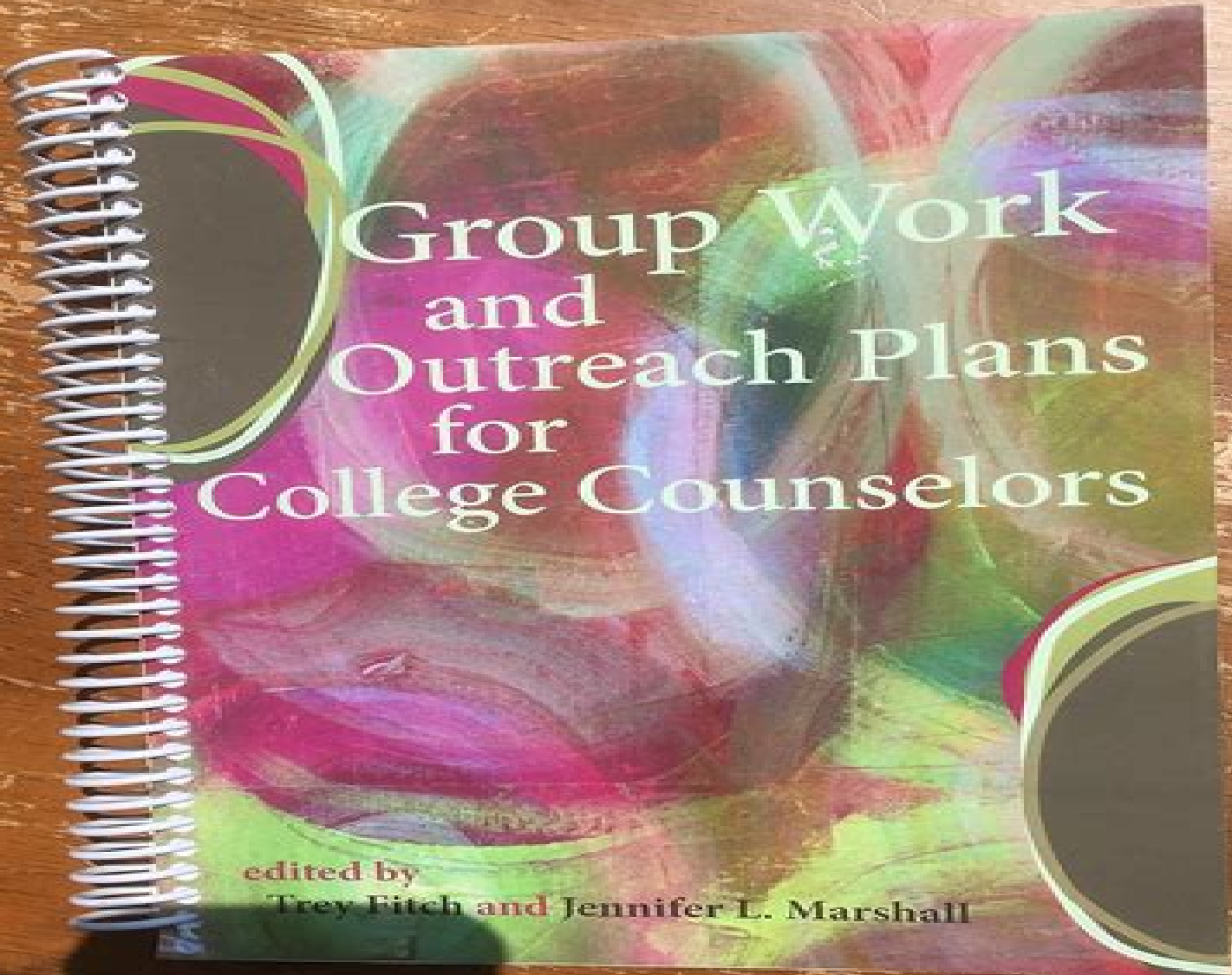


The book cover features a vibrant, abstract painting in shades of purple, pink, green, and blue. Two stylized, overlapping circular shapes in dark grey and light green are positioned on the left and right sides of the cover. The title is centered in a white serif font.

Group Work and Outreach Plans for College Counselors

edited by
Trey Fitch and Jennifer L. Marshall

Group Work And Outreach Plans For College Counselors

RS Peters



Group Work And Outreach Plans For College Counselors:

Group Work and Outreach Plans for College Counselors Trey Fitch, Jennifer L. Marshall, 2011 In this book group work and college counseling leaders offer step by step instruction in the effective use and processing of structured group activities on topics such as test anxiety stress and anxiety management adhd career development substance abuse eating disorders and the unique concerns faced by glbt students first generation students ethnic minority populations student athletes and combat veterans The descriptions of each activity include tips for successful implementation as well as an overview of relevant theory and research on the topic Handouts throughout the text enhance the book s usefulness in the classroom and with faculty and parents The book is divided into three parts Part I Introduction and Ethical Considerations contains the following 1 Introduction Trey Fitch and Jennifer L Marshall 2 Ethics and Legal Issues for Group Work Burt Bertram Part ii Group Activities for College Settings contains 3 Transitions Connecting and Succeeding on Campus Amy Nitza Martyn Whittingham and Leslie Markowitz 4 The Test Anxiety Reduction Program Charles R Crews Janet Froeschle and Richard Driscoll 5 Gaining Perspective Series a Career Group for College Students Kevin Gaw and Stacy Smyk 6 Career Development Through Career Construction Counseling a Group Method Susan R Barclay Kevin B Stoltz and Lori A Wolff 7 a Group Intervention for First Generation College Students Sherri L Rings and Mara Washburn 8 Chapter 8 Supporting College Students With Attention Deficit Hyperactivity Disorder Miranda Hellenbrand and Kari Much 9 Psychodrama and Family Relationships Trey Fitch and Stephen Giunta 10 Creative Counseling to Raise Self Awareness in College Students Allison Smith 11 Interpersonal Process Groups in College and University Settings Mary Kate Reese 12 a Spiritual Development Group for College Students Gayle L Reed 13 Relationships in Black Shamika Y L Hall Kelly A McDonnell and Donald E Knight 14 Supporting Students of Color on Campus Sam Steen Dana Griffin and Qi Shi 15 Support Group for Gay and Lesbian Students M Carolyn Thomas and Paul F Hard 16 Group Work for College Students With Eating Issues Amanda M Thomas Evans John L Klem Jamie S Carney and Mary A Belknap 17 The Media Body Dissatisfaction and the Thin Ideal a Group Model for College Women Juleen K Buser 18 Self Care and Eating Issues Catherine Cook Cottone 19 a Collegiate Children of Alcoholics Addicts Psychoeducational Group Mark Woodford Juleen K Buser Linda Riccobono and Rebecca Bartuska 20 Substance Abuse Counseling With College Students Edil Torres Rivera Whitney A Hendricks and Perry Peace 21 Group Programs for College Students Combat Veterans Eric Manley 22 a Psychoeducational Group for Student Athletes With Performance Anxiety Jason Braun 23 a Psychoeducational Group Intervention for Childhood Emotional Abuse Trevor J Buser and 24 Group Work for Self Injuring Clients Trevor J Buser Part iii Outreach Activities for College Settings includes the following chapters 25 Freshman Orientation The Counseling Center S Lenoir Gillam and Dan Rose 26 Chapter 26 Academic Self Confidence An Outreach Presentation Sherri L Rings and Ana L Zevallos 27 Planning Your Career Path Chester Robinson 28 Teaching Mediation for Student Affairs and Residential Advisors Jennifer L Marshall 29 Life Gets Overwhelming Tips for Overcoming Carolyn W Kern

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Group Counseling with LGBTQI Persons Across the Life Span Kristopher Goodrich, Melissa Luke, 2015-04-08 This unique resource provides strengths based group counseling strategies designed to meet the needs of LGBTQI clients in a variety of settings Drs Goodrich and Luke capture the developmental concerns of LGBTQI individuals throughout the life cycle as they establish and maintain intimate relationships create families encounter career concerns and navigate other milestones and transitions Illustrative case examples and interventions throughout the text as well as warnings and recommendations make this an ideal resource for practice and group work courses After a discussion of the history of group work with the LGBTQI community the planning and process issues that group leaders should consider in their work and relevant ethical and legal concerns the authors explore a range of group types and pertinent issues Individual chapters focus on the following types of counseling child and adolescent same gender adult intersex and transgender coming out disclosure school community outpatient and residential couples and family substance abuse grief and loss and advocacy Chapters on group work supervision and the importance of allies round out the book Requests for digital versions from ACA can be found on www.wiley.com To purchase print copies please visit the ACA website Reproduction requests for material from books published by ACA should be directed to publications.counseling.org

Postmodern Career Counseling Louis A. Busacca, Mark C. Rehfuss, 2016-06-10 This practiced based handbook describes postmodern career counseling models and methods designed to meet clients diverse needs in today s challenging work environment Readers will gain a solid understanding of the theoretical underpinnings of postmodern career counseling and learn practical approaches to counseling clients of various ages and backgrounds on occupational choice and other issues such as coping with developmental tasks career transitions and work traumas Drawing directly from their experiences with clients career counseling experts link theory to practice in 17 application chapters that demonstrate the process of postmodern career assessment and intervention embedded in culture and context Multicultural case vignettes and a Practical Application Guide in each of these chapters facilitate classroom learning and discussion Requests for digital versions from the ACA can be found on wiley.com To request print copies please visit the ACA website here <https://imis.counseling.org/store/detail.aspx?id=78124> Reproduction requests for material from books published by ACA should be directed to publications.counseling.org

Great Groups David R. Hutchinson, 2016-01-25 Hutchinson s Great

Groups is a great text Any student considering leading groups should first read this book The author s warmth empathy and group leadership experience comes across in very engaging and practical ways This book puts the reader right beside the author as he discusses leading groups John Q Hodges University of North Alabama Great Groups is a practical and inspirational guide that serves as a foundational text to creating and leading groups Designed primarily for the beginning group worker from any of the helping professions the book also acts as a valuable resource for those with more group experience Grounded in theory but with a strong focus on practice and skill development David R Hutchinson strives to connect directly with the reader with his personal and engaging writing style and learn by doing approach Following a hypothetical group from start to finish with a plethora of examples and reflection exercises in each chapter the book has a threefold purpose to provide the reader with specific tools for creating understanding and leading effective groups to help the reader consider the application of theory to practice and to spur the reader to seriously consider making group work a cornerstone of his or her professional practice Social Work Practice with Lesbian, Gay, Bisexual, and Transgender People Gerald P. Mallon, 2017-08-16 Although the vast majority of LGBT persons are healthy resilient and hardy individuals who do not seek social work intervention some have been or will be clients in social work agencies The third edition of Social Work Practice with Lesbian Gay Bisexual and Transgender People updates this classic text and expands its scope to include new content on social work with older and younger LGBT people Written by a team of highly experienced experts this book provides a knowledge base for practice that will better prepare students and practitioners for working sensitively competently and effectively with LGBT individuals and groups Comprehensive and practical this unique text discusses the pragmatic aspects of social work with lesbian gay bisexual and transgender people It will improve and reinforce competent practice with LGBT persons and their families in multiple settings Chapters focus on important topics such as the profession s core values and ethical principles social work and queer theory LGBT and race heterosexism racism and sexism applying the life model and the stress coping process practice with bisexual transgender and gender non conforming persons relationship building between lesbian partners the impact of creating family for lesbian couples internalized homophobia heterocentrism and gay identity group work practice with the LGBTQ community clinical assessment for families where sexual orientation is an issue and LGBT parenting There are also new chapters on social work with LGBT young people and LGBT older people Complete with a highly detailed appendix of symbols definitions and terms Social Work Practice with Lesbian Gay Bisexual and Transgender People third edition is an invaluable resource for social workers and mental health professionals as well as for students and educators at all levels of experience Awareness in Action Phylis J. Philipson, Juneau Mahan Gary, 2015-07-30 Awareness in Action is a user friendly text workbook designed for undergraduate and graduate students pursuing mental health degrees e g counseling psychology and social work and other human relations professions e g medicine nursing public administration and business It has been used successfully by trainers for professional

development seminars in human relations Awareness in Action uses group based experiential exercises to enhance self awareness in professional and personal relationships in order to improve the quality of both types of relationships It is grounded in the research of cognitive behavior therapy CBT solution focused therapy SFT group work theory and wellness theory widely used and accepted by mental health clinicians The Counselor and the Law Anne Marie Wheeler,Burt Bertram,2015-01-29 Each chapter in The Counselor and the Law has been updated to reflect changes in the 2014 ACA Code of Ethics findings of recent court cases and new federal and state legislation Attorney Nancy Wheeler and Burt Bertram a private practitioner and counselor educator provide a comprehensive overview of the law as it pertains to counseling practice an in depth look at counselors legal and ethical responsibilities and an array of risk management strategies This edition contains a thoroughly updated chapter on distance counseling technology and social media regulatory updates to the HIPAA and the HITECH Act and recent case law developments regarding legal risks for counselor educators The issues surrounding civil malpractice liability licensure board complaints confidentiality duty to warn suicide and threats of harm to self professional boundaries records and documentation and managing a counseling practice are also addressed in detail Requests for digital versions from the ACA can be found on wiley com To request print copies please visit the ACA website here Reproduction requests for material from books published by ACA should be directed to permissions counseling org

Positive Psychology Shane J. Lopez,Jennifer Teramoto Pedrotti,C. R. Snyder,2018-08-21 Positive Psychology The Scientific and Practical Explorations of Human Strengths comprehensively covers the science and application of positive psychology The book brings positive psychology to life by illustrating issues such as how psychological strength can help increase positive outcomes in school and the workplace and promote cooperative relationships among people Furthermore the book encourages readers to engage with concepts in order to understand positive emotions and strengths such as empathy altruism gratitude attachment and love Over 50 case studies grounded in practice research and the authors teaching experience reveal how positive psychological phenomena operate in the lives of real people The Fourth Edition continues to integrate cultural context in every chapter to reflect the diversity in today s world **Positive Psychology**

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This CACREP aligned text outlines core concepts of the counseling profession alongside hundreds of practical study questions and case studies for students and professors Designed for use not just in class but also as a guide for students studying for national licensing exams and the CPCE chapters cover areas including ethical and legal issues theories of counseling career development multicultural and group counseling special topics and more Hundreds of PowerPoint slides are included to assist professors with class preparation and professors will also find study questions for each chapter and a sample final exam that easily be applied in online learning platforms Written in a readable concise format designed for adult learners Introduction to Counseling is an essential resource that counseling students will want to keep long after graduation **Advanced Strategies and Models for Integrating RTI in Secondary Schools** Epler, Pam L.,2019-01-18

To better identify and assist struggling students and avoid unnecessary placement into special education services the service delivery model response to intervention RTI is used with the general education population Even though RTI has been studied in elementary schools for many years further research on its use at the secondary academic level is scarce Advanced Strategies and Models for Integrating RTI in Secondary Schools provides emerging research exploring the advanced theoretical and practical aspects of the use of RTI to assist teachers in providing research based instructional strategies to students who are failing their academic subjects Featuring coverage on a broad range of topics such as behavioral response progress monitoring and career readiness this book is ideally designed for educators researchers and academic professionals seeking current research on the most effective models in place to promote positive student academic achievement **Resources in Education** ,1999 Research in Education ,1974 Women's Dependency on Prescription Drugs United States. Congress. House. Select Committee on Narcotics Abuse and Control,1979 *Group Development and Group Leadership in Student Affairs* Wendy Killam,Adam Carter,Suzanne Degges-White,2020-10-02 Group Development and Group Leadership in Student Affairs provides readers with an overview of basic group dynamics and techniques that are

effective in higher education and student affairs settings Student affairs professionals frequently use group work and team projects that require them to engage undergraduate students in ways that are unlike the classroom or less formal social setting To help these individuals navigate their new roles this book will provide an overview of basic group dynamics and leadership skills that facilitate productive group functioning The book will be both a textbook that provides content regarding group dynamics group theory and group leadership and a workbook guidebook that provides information and scenarios that encourage readers to consider how the basic group principals can be applied in various areas of student affairs SRS

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