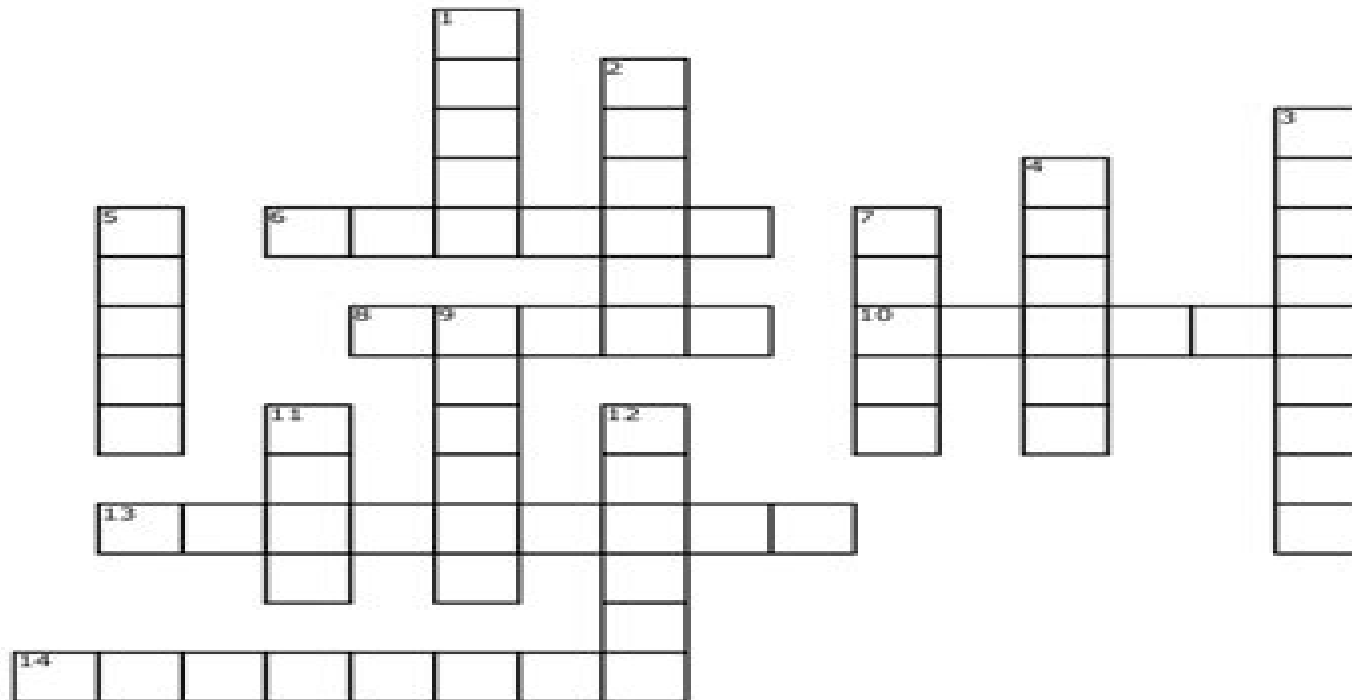


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Date: \_\_\_\_\_

# Lipids



## **Across**

**6.** The main function of lipids is heat and .....

**8.** Mono-unsaturated and polyunsaturated fatty acids are mainly found in .... sources.

**10.** Saturated fatty acids are mainly found in ..... sources.

**13.** The spoilage of lipids is referred to as....

**14.** The chemical structure of a lipid is made of three fatty acids and.....

## **Down**

**1.** How many groups are lipids classed into?

**2.** The elements found in lipids are carbon, oxygen and...

**3.** Lipids are ..... in water.

**4.** Salmon, trout, sardines and mackerel are .... sources of lipids

**5.** Fats are.....at room temperature.

**7.** Nuts, nut oils, avocado are all .... sources of lipids.

**9.** Oils are.....at room temperature.

**11.** The energy value of lipids are ..... calories

**12.** Meat, cheese, milk and eggs are ..... sources of lipids.

# Lipids Crossword On Food Science Lab Manual

**SJ Ball**



## **Lipids Crossword On Food Science Lab Manual:**

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Heather Hedrick Fink,Alan E. Mikesky,2015      **Catalog. Supplement - Food and Nutrition Information and**

**Educational Materials Center** Food and Nutrition Information and Educational Materials Center (U.S.),1976

**Forthcoming Books** Rose Army,2002-02      **The Bookseller** ,1972      *Whitaker's Book List* ,1989      **American Book Publishing Record** ,1973      Books Out-of-print ,1986      *Bibliography of Agriculture* ,1977 Vols for 1975 have data

provided by National Agricultural Library U S Department of Agriculture      Books in Print ,1991      **British Books in Print** ,1985      *Journal of the American Chemical Society* American Chemical Society,1974 Proceedings of the Society are

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**Bibliography** Arthur James Wells,1970      *Who's Who in Medicine and Healthcare* Marquis Who's Who, Inc,1998

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Lipids in Foods Frank D Gunstone, Frank A. Norris, 2013-10-22 Lipids in Foods Chemistry Biochemistry and Technology provides basic information on the biochemistry and technology of the fatty acids or lipids This book notes that natural and processed fats and oils whether of animal or vegetable origin play a significant role in the economy of several countries including both oil producers and oil users These materials are used extensively but not exclusively in the food industry The first 10 chapters cover the basic chemistry and biochemistry of the fatty acids and their natural derivatives These topics include an account of the chemical structure separation analysis biochemistry physical properties chemical properties and synthesis of these compounds The remaining chapters include the recovery of fats and oils from their sources and the processes of refining bleaching hydrogenation deodorization fractionating and interesterification A segment is devoted to margarines and shortenings and to the problems of flavor stability and antioxidants This text will be valuable to students wishing to know more about lipids and to those involved in this field of study *Modifying lipids for use in food* F. D. Gunstone, 2006

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Prana is taken in through the air we breathe and since the pranayama exercises increase the amount of air we take in they also increase our intake of prana for all pranayama except kapalabhati the breath is slow and steady breathed in and out of the nose and down into the belly