

MANUEL DE **CONDUITE EXTRÊME**

Cet ouvrage propose une méthode dérivée des techniques de pilotes professionnels et de rallye, adaptée aux besoins des chauffeurs de hautes personnalités, d'élus, de maîtres, et à la conduite rapide des policiers et des services de secours. Il permet de rendre la conduite de tous les jours plus sûre en toutes circonstances.

Le risque de survenance d'un accident est d'autant plus important qu'il n'a pas été anticipé. La plupart du temps, l'application de manœuvres correctrices permet de reprendre le contrôle du véhicule. Encore faut-il les connaître et s'y être préparé mentalement et techniquement.

Les lecteurs découvriront tout ce qui fait l'art du chauffeur de sûreté et de sécurité : conduite rapide, préparation à un déplacement, choix de l'itinéraire, entretien du véhicule, conduite sportive, évasive, défensive, ou encore manœuvres d'urgence. Autant de techniques et d'astuces qui s'adressent à tout conducteur désireux de mieux maîtriser son véhicule et son environnement.

Après avoir dirigé un centre d'instruction de gardes du corps et de chauffeurs de sûreté, **Gérard Desmaretz** a été directeur technique pour le bimestriel *l'Officiel de la Sécurité*, consultant auprès de l'Agence africaine des relations économiques et diplomatiques, avant de se consacrer à la rédaction d'ouvrages pratiques sur des sujets en relation avec la sûreté des personnes, des entreprises ou de la Nation.

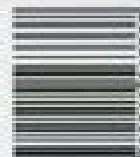
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