

"Must reading for all male couples."

—David M. Allen, Editor, The New York Times, 12 January 1991, "The New York Times Book Review"

LOVE BETWEEN MEN

Enhancing intimacy
and keeping your
relationship alive
RIK ISENSEE

Love Between Men Enhancing Intimacy And Keeping Your Relationship Alive

Léo Pomar



Love Between Men Enhancing Intimacy And Keeping Your Relationship Alive:

Love Between Men Rik Isensee, 1992-11

Growth and Intimacy for Gay Men Christopher J Alexander, 2014-04-04

Growth and Intimacy for Gay Men A Workbook is an educational workbook for gay men that covers a variety of topics including family of origin addiction self image dating and relationships AIDS and multiple loss and spirituality Each chapter provides an overview of the mental health concerns of gay men as well as exercises the reader can do to facilitate his personal understanding of the issues covered While the book is written in nontechnical language making it useful to the general public its wide selection of workbook exercises makes it useful for psychotherapists and counselors working with gay men Growth and Intimacy for Gay Men is written to the reader with brief examples from the author's work as a clinical psychologist helping gay men A central goal of the book is to normalize the feelings and experiences the reader has as many gay men feel like they're the only ones with their feelings or experiences The book's problem solving approach addresses family of origin provides exercises to identify and examine gay men's role in the family examine their childhood perceptions of being different and help them map out family patterns and dynamics self image includes self image assessment questionnaires and written exercises that challenge the reader to look at how they're affected by societal perceptions addiction explores why gay men are vulnerable to addictive behavior and offers strategies for change and self assessment exercises dating and relationships covers the unique challenges faced by gay men with exercises for single as well as coupled men AIDS and mental health provides exercises to help the reader examine the impact of AIDS on his own life and to assess the impact of multiple loss and prolonged grief Readers can do the workbook exercises on their own or therapists can assign chapters and exercises as homework with clients bringing the completed assignment to therapy for more in depth exploration and discussion By providing informative chapters and useful exercises Growth and Intimacy for Gay Men becomes an avenue through which gay men can understand their identity experiences and goals Now that You Know Betty Fairchild, Nancy Hayward, 1998 Addresses the questions and doubts that trouble parents as they learn to acknowledge and accept their child's homosexuality **Social Work Practice with Lesbian, Gay, Bisexual, and Transgender People** Gerald P.

Mallon, 2009-06-02 A new more comprehensive edition of the classic Social Work text Although the vast majority of LGBT persons are healthy resilient and hardy individuals who do not seek social work intervention some have been or will be clients in social work agencies Social Work Practice with Lesbian Gay Bisexual and Transgender People is the updated classic text that has expanded its scope to include new content on practice with bisexual and transgender populations and incorporated this content throughout This informative book provides a knowledge base of practice that will better prepare students and practitioners for working sensitively competently and effectively with LGBT individuals The text now covers content on LGBT populations as articulated by the National Association of Social Workers NASW and the Council on Social Work Education CSWE Comprehensive and practical this unique text discusses the pragmatic aspects of social work with

lesbian gay bisexual and transgender people It will improve and reinforce competent practice with LGBT persons and their families in multiple settings Chapters focus on important topics such as the profession's core values and ethical principles identifying analyzing and resolving ethically challenging practice problems LGBT persons of color heterosexism racism and sexism applying the life model and the stress coping process the root of conflicts in allegiances and pressures for unity via homogeneity practice with bisexual transgender and gender non conforming persons sexual conversion therapy traditional psychoanalytic notions of lesbian couples the impact of sexual abuse on lesbian couples internalized homophobia heterocentrism and gay identity group work practice with the LGBTQ community clinical assessment for families where sexual orientation is an issue LGBT parenting the role of health care and many more Complete with a highly detailed appendix of symbols definitions and terms Social Work Practice with Lesbian Gay Bisexual and Transgender People is an invaluable resource for social workers and mental health professionals as well as for students and educators at all levels of experience

Finding True Love in a Man-Eat-Man World Craig Nelson, 1996-01-01 Nelson draws both on his interviews with other men and on his own experiences in the gay dating scene to present this revealing and often humorous guide From breaking down psychological blocks to surviving a breakup Nelson explores the key issues in gay male relationships and the baggage left over from adolescence

The Psychology of Sexual Orientation, Behavior, and Identity Louis Diamant, Richard McAnulty, 1995-10-18 This comprehensive overview of research issues and theories relating to sexual orientation behavior and identity by experts in various disciplines is unique in providing both historical perspectives and a synthesis of the recent advances in understanding homosexuality and heterosexuality Drawing from biological and psychological research this handbook critically reviews the major theories about sexual orientation and examines each theory on the basis of empirical support One section summarizes recent developments in genetic and neuroanatomic research Another section discusses problems with sexual performance among heterosexual homosexual and bisexual persons A third section provides overviews of clinical disorders or sexual deviations Various chapters clarify the distinction between sexual disorders such as pedophilia and sexual variations such as homosexuality Chapters also examine important social issues relevant to sexual orientation such as disability prejudice aging and gender roles Experts address the continuing controversy over the feasibility of altering sexual orientation new developments in treating different types of problems and changing perspectives today This handbook is designed for the use of educators students and researchers in the social and behavioral sciences

Intimate Partner Violence in LGBTQ Lives Janice L. Ristock, 2011-04-26 Queer lives remain at the margins of most academic inquiry into domestic violence When same sex violence is considered it is most commonly as an added on without close attention to the specificity and meaning of violence within the lives of lesbian gay bisexual transgender Two Spirit and queer people LGBTQ This edited volume seeks to change this discourse by bringing together the most innovative research about intimate partner violence that is specific to the lives of LGBTQ people Including contributions based on

research conducted in the United States the United Kingdom Canada and Australia the volume is framed around central themes conceptualizing violence exploring differing spaces and lived experiences of violence and the ethical challenges of responding to violence The contributors also consider issues of race class gender sexuality and other social differences moving beyond a simple gender lens to one involving a framework of intersectionality

Counseling Multicultural and Diverse Populations Nicholas A. Vacc, Susan B. DeVaney, Johnston M. Brendel, 2003-02-04 Professionals in helping occupations hold the key to reducing social economic and emotional barriers that often prevent members of America's subgroups from becoming secure citizens

Reclaiming Your Life Rik Isensee, 2005-02-14 Growing up gay in a homophobic culture can resemble growing up in a dysfunctional family Reclaiming Your Life offers a soothing approach to healing from homophobic abuse addictions and self defeating behavior If you are a gay man who grew up in a dysfunctional family or were abused be kind to yourself and read this book It's full of validation understanding common sense and wise guidance like a good friend Ellen Bass coauthor of The Courage to Heal a wealth of information it should be required reading for all gay men and their loved ones Lambda Book Report

The Advocate, 1996-06-25 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States

Pink Therapy Dominic Davies, 1996-05-16 A comprehensive British volume on lesbian and gay affirmative psychotherapy has been a while coming Pink Therapy however has arrived amply fills this gap and is well worth the wait The literature reviews are masterful for scholars and the book offers a comprehensive thoughtful approach for clinicians A deft editorial hand is evident in the unusual consistency across chapters the uniformly crisp helpful chapter summaries and the practical appendices generous resources lists and well organized bibliographies I particularly like the contributors' subtle appreciation of theoretical nuance genuine open mindedness to diversity of ideas and willingness to synthesize in a pragmatic and client oriented manner John C Gonsiorek PhD Minneapolis MN USA Diplomate in Clinical Psychology American Board of Professional Psychology Past President Society for the Psychological Study of Lesbian and Gay Issues Division 44 of the American Psychological Association Pink Therapy is the first British guide for counsellors and therapists working with people who are lesbian gay or bisexual It provides a much needed overview of lesbian gay and bisexual psychology and examines some of the differences between lesbians gays and bisexuals and heterosexuals Pink Therapy proposes a model of gay affirmative therapy which challenges the prevailing pathologizing models It will help to provide answers to pressing questions such as what is different about lesbian gay and bisexual psychologies how can I improve my work with lesbian gay and bisexual clients what are the key clinical issues that this work raises The contributors draw on their wide range of practical experience to provide in an accessible style information about the contemporary experience of living as a lesbian gay or bisexual person and to explore some of the common difficulties Pink Therapy will be important reading for students and practitioners of counselling and psychotherapy and will also be of value to anyone involved in

helping people with a lesbian gay or bisexual orientation **Handbook of Affirmative Psychotherapy with Lesbians and Gay Men** Kathleen Ritter,Anthony I. Terndrup,2002-01-16 Grounded in current research this comprehensive volume lays the foundations for effective affirmative therapeutic practice with lesbian gay and bisexual clients Addressed are family of origin issues couple problems including sex therapy with same sex partners vocational and workplace issues and more The extensive appendix lists a broad array of publications advocacy groups and Web based resources for both professionals and consumers 12 01 **Rainbow Cattle Co.** Nicholas Villanueva,2024-11 Rainbow Cattle Co tells the story of gay rodeo as an overlooked and important part of the LGBTQ liberation movement Nicholas Villanueva Jr argues that the history of gay liberation has been oversimplified as a fight for sexual freedom in the major cities of the 1970s But as Villanueva reveals the gay liberation movement thrived in rodeo in the U S West and in rural communities throughout America LGBTQ rodeo athletes liberated themselves from the heteronormative social world of sport and upended stereotypes of sport and queer identity Organizers athletes and spectators fought to protect their rights to openly participate in sports and their activism was pivotal in the fight against AIDS Rainbow Cattle Co reveals a history of gay liberation through rodeo which from the mid 1970s provided a safe space where LGBTQ athletes could focus on their sport and evolved into a highly successful philanthropic organization by the end of the twentieth century This intersectional study of LGBTQ athletes heteronormativity Western history and sport builds on scholarship from ethnic studies critical sports studies sociology and history **The Advocate** ,1996-10-29 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States **The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients** Joy S. Whitman,Cynthia J. Boyd,2013-12-19 Most therapy is set up in a heterosexist context Explore the issues facing your gay lesbian and bisexual clients and how to deal with them The Therapist s Notebook for Lesbian Gay and Bisexual Clients offers therapists treating lesbian gay and bisexual clients innovative practical interventions plus homework and hands on activities tailored to these populations Use the notebook to explore the issues surrounding coming out homophobia in the workplace spirituality identity formation and issues that require a non heterosexist approach such as domestic violence and relationship concerns Grounded in current theory each chapter explains the rationale for the activity it proposes includes contraindications and provides a list of helpful resources for therapists and clients Here are just a few of the issues this extraordinary book explores in its four thoughtfully planned sections Section I Homework Handouts and Activities for Coming Out and Managing Homophobia and Heterosexism addresses conflicts in self perceptions obstacles to the growth of a healthy GLB identity dealing with the trauma and anxiety that result from discrimination using semi hypnotic visualization to treat internalized homophobia helping bisexuals decide whether to come out or to pass coping with internalized homophobic messages dealing with heterosexism in the workplace or at school Section II Homework Handouts and Activities for Relationship Issues will help you and your clients understand and work on issues involving choosing the

right partner intimacy and gender roles financial stability assimilation queer pride and everything in between how ethnicity and coupling impact sexual identity negotiating a healthy open relationship sexual concerns sexual dysfunction and pleasuring sexual role values for bisexual and lesbian women Section III Homework Handouts and Activities for Gender Ethnic and Sexual Identity Issues addresses who am I issues sexual orientation and gender identity the intersection of sexual and ethnic identity oppression on multiple fronts gender exploration for lesbians Section IV Homework Handouts and Activities for Specific Issues tackles concepts including enhancing resilience through spirituality reconciling with religion spiritual wellness and the spiritual autobiography body image disturbances unwanted sexual behavior creating a safety plan in case of same sex domestic violence alienation and finding a caring community medication adherence for HIV clients the difficulties faced by coupled lesbians with children family care planning addiction and recovery healing from the wounds of homophobia relationships with ex partners managing workplace stress If you re new to treating lesbian gay and bisexual clients you ll find rich material based in current literature to guide your work If you ve already worked extensively with LGBT clients the activities and fresh innovative strategies in The Therapist s Notebook for Lesbian Gay and Bisexual Clients will expand and invigorate your skills

Sexual Identity and Intimacy Development Among Two Cohorts of Gay and Bisexual Men Eric Michael Dubé,1997

AIDS Care at Home Judith Greif,1994-04-01 An indispensable guide to every aspect of at home care This thoroughly practical guide details the daily routines and unique concerns that are essential to quality at home care of people with AIDS From setting up a safe and comfortable environment to making medical and legal choices and solving emotional problems each vital issue is covered in depth Every caregiver and person with AIDS will benefit from this supportive comprehensive resource Detailed information on protecting against infection Concise instructions for both ambulatory and bedridden patients How to administer intravenous feedings and medication Appendices covering lab tests alternative therapies and the latest experimental drugs The differences between caring for men and women with AIDS Tips for caregivers on maintaining their own health and well being This information packed reference is invaluable for caregivers and people with AIDS who must care for themselves

The Advocate ,1997-03-04 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States

Core Concepts in Human Sexuality Bryan Strong,Christine DeVault,1996

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