

Esta proyección al suelo realiza este movimiento porque es útil contra una amenaza con cuchillo o arma similar y cuando el defensor debe desplazarse al lado muerto. No obstante, es igualmente útil contra amenazas con pistola o cuando el defensor se ve forzado a moverse hacia el lado muerto por su propia intención de controlar el arma.

Tiempos que son importantes de que esta técnica se realiza eficazmente al arma. Por tanto, es muy importante y solo debe realizarse cuando no se disponga de otras opciones.

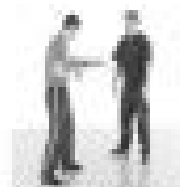


Diagrama 1: Posición de partida

Posición de partida: De frente al agresor armado; si ves forzado a desplazarte a su lado izquierdo.

1. Desde el subido como en línea Larga por Delante - Lado Muerto (seg. 138).

2. Pasa rápidamente de manera que quedes junto al agresor o ligeramente por detrás de él. Tu cuerpo debe estar cerca de él.

3. Si mano izquierda debe pasar, deslízate, por encima y por debajo del arma, atropellado hacia el cuerpo del agresor. Si mano derecha se atropella entre sus piernas lo más posible (imagina que tratas de escapar hacia atrás para escapar por la cabeza del atacante).

4. Usa tus piernas (si lo necesitas) para levantar los pies del suelo. Mantén te levantas, los pies juntos o de forma que quedes con los pies inclinados hacia arriba y la cabeza hacia abajo.

5. Proyéctate contra el suelo.

6. Cuando estás al, manténlo en línea. Si el arma se ha hecho a un lado, no dejes de controlarla.

Otras situaciones de partida que pueden utilizar esta defensa de proyección al suelo cuando no hay otra opción.

Amorcer la faja de la mano izquierda, con la mano derecha de control al hombre Derecho de la Verina.

Amorcer Delante en la Mano Atroada, con la Mano Adelantada (Impugnación) en el Centro o el Centro izquierdo de la Mano.



Manual Completo De Krav Maga

PT Brinkman

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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