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Cathy Hopkins



Read by Nicky Talacko

Mates Dates Chocolate Cheats Hopkins

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Mates, Dates and Chocolate Cheats Cathy Hopkins, 2007-07-01 Izzie's always been curvy but since Christmas she has gained eight pounds and nothing seems to fit any more In her attempt to lose the extra weight Izzie tries everything one diet after another a punishing exercise programme and every bit of conflicting advice anyone can give her Her constant worrying about her weight causes Izzie to lose her confidence and she stops appreciating the things in her life that are special her supportive friends the fact that she has been selected for a TV teen panel and the cute boy at the studio who seems to appreciate her just the way she is The girls all rally around to help her but will Izzie see the light Cathy Hopkins, 2008-05-01 Should you really keep every promise you make Lia is thrilled when her parents organise a half term holiday for not only her but all her and Ollie's friends as well But Squidge has a minor accident and can t make it He insists that she go of course and in such a gorgeous setting Lia can t help but have a good time But when she runs into an old flame will she be able to be honest when she returns no matter how painful And will the good natured Squidge be able to control his frustration and feelings of jealousy Will their relationship be able to survive or will it go into meltdown The sixth book in the popular TRUTH DARE KISS PROMISE series Mates, Dates and Great Escapes Cathy Hopkins, 2007-06-01 A school trip to Florence seems like the perfect escape for Lucy She wants time away from Tony who is pressurising her to take their relationship further In Italy she meets an American boy who is also visiting Tuscany and she thinks he might be the ideal way to get over Tony He seems to be the perfect gentleman and Italy introduces Lucy to a world of culture and sophistication Will she be able to move on from Tony Or is it a case of out of the frying pan and into the fire Simply Fabulous Cathy Hopkins, 2006 Includes Mates Dates and Inflatable Bras Mates Dates and Cosmic Kisses Mates Dates and Sleepover Secrets Mates Dates and Designer Divas Mates, Dates, and Sizzling Summers Cathy Hopkins, 2006 TJ is torn between two boys until she must focus on more serious things when her father has a stroke Mates. Dates and Flirting Cathy Hopkins, 2008-06-24 Discover the secrets of flirting with the MATES DATES girls Lucy Izzie Nesta and TJ are here to show you how to be totally irresistible Prepare to find out how to get boys interested make the most of yourself send out the right signals read boys body language Using the girls experiences as examples the book is packed full of confidence boosting tips and must have advice on how to flirt successfully and safely With mini quizzes and fun features you ll soon learn how to bag the boy of your dreams or just have fun being fabulously flirty Mates, Dates and Saving the Planet Cathy Hopkins, 2008-05-01 Find out how to be a Queen of green with the MATES DATES girls Lucy Izzie Nesta and TJ stars of the brilliant MATES DATES series are here to help you be green and gorgeous The girls share their top tips on all the little things you can do to make a big difference including How to reduce your carbon footprinthow to be green at home How to make your wardrobe green How to be green in what you eat Recycling and cutting down on waste An essential guide for every MATES DATES fan who wants to be green and do her bit for the planet without giving up on all the things you love about

being a girl Mates, Dates and Inflatable Bras Cathy Hopkins, 2014-11-06 Lucy feels like everything is changing around her and suddenly she is required to make all sorts of decisions Everyone else knows who they are and what they want to be except for her Worse still her best friend has hooked up with the glamorous Nesta Can three girls be best friends But then the day Lucy sees the most wonderful boy crossing the street things do start to change in all areas of her life The first book in the highly successful MATES DATES series that s sold over 3 million copies worldwide Mates, Dates and The Secret **Story** Cathy Hopkins, 2009-04-05 At last the full story of Tony and Lucy's romance can be revealed Tony has no idea that he is about to fall for the lively elfin Lucy But the course of true love never did run smoothly and reading his side of the story as well as hers is an irresistible treat for all MATES DATES fans *Mates, Dates and Sole Survivors* Cathy Hopkins, 2007-06-01 Lucy seems to be out on a limb Everybody has a boyfriend except her and since she put Tony on the back burner he s found someone else Then on a spa weekend with Izzie Lucy meets someone who seems just right for her And he feels the same way about her But after a while she starts to feel smothered Maybe the life of a singleton isn t so bad after all and Pulling Power Cathy Hopkins, 2007-06-01 Nesta is devastated She has to wear a brace It feels like no boy will ever look at her again without thinking of the killer shark in Jaws And practising a smile that doesn t show her teeth isn t helping There s only one option to become a recluse Lucy Izzie and TJ try to help her understand that her looks haven t changed and anyway it s her bubbly personality that counts But Nesta s not convinced Things change however when she meets Luke who not only restores her confidence in her pulling power but also introduces her to a whole new side of her personality

Mates, Dates and Tempting Trouble Cathy Hopkins, 2007-06-01 When Luke the boy that Nesta has been dating declares passionate love for TJ she doesn't know what has hit her She does her best to avoid him but when the local school are asked to work together on a project Luke is chosen as the overall co ordinator and TJ has no choice but to report back to him on a regular basis Misunderstandings and miscommunications threaten the girls friendships and split them into two camps Lucy and Nesta Izzie and TJ Will their friendships survive And what will TJ s steady boyfriend Steve make of it all **Dates and Sleepover Secrets** Cathy Hopkins, 2014-06-05 TJ short for Theresa Joanne is having a difficult year Her best friend has left and the boy she likes treats her like a mate Then she meets Lucy and slowly but happily she becomes part of Lucy s circle and enters a world of sleepovers laughter advice and above all friendship The fourth book in the highly successful MATES DATES series that s sold over 3 million copies worldwide Mates, Dates and Diamond Destiny Cathy Hopkins, 2007-07-01 Nesta's life is thrown into upheaval when she gets involved in charity work thinking that it might be a cool way to meet people ie boys But as her eyes are opened to the plight of the world Nesta begins to genuinely want to help others On top of this Nesta meets William who questions her motives She's convinced he hates her and the feeling is mutual But Izzie Lucy and TJ think it is something more like love Mates, Dates Guide to Life Cathy Hopkins, 2009-04-05 An inspiring survival guide for all MATES DATES fans Mates dates school parents life Arghh How do you survive and stay sane

Lucy Nesta Izzie and TJ have put their heads together and come up with a whole range of top tips and advice for riding the roller coaster of life as a teen Boys for a start what are they about What do they want and where do you meet them How do you become a great snogger Not only do you have all the girls thoughts but also some fab ideas from Tony and other familiar characters from the MATES DATES series Moreover they give you the low down on health beauty and fashion as well as inspirational ideas from making over your bedroom to throwing a great party **All Mates Together** Cathy Hopkins, 2008-05-01 A promise to reveal a deep secret can Cat keep it Everything's about to change for Cat She's moving house so she ll have a room of her own at last and her dad s about to marry Jen which means a shopping trip to London and a chance to meet up with her new mates Nesta Lucy Izzie and TJ as well as see Jamie But nothing goes as expected Cat s dream room looks like a non starter Jamie does a disappearing act and wedding plans fall apart How will Cat cope and will she keep her promise to reveal a hidden secret to her friends The final book in the popular TRUTH DARE KISS PROMISE series The Princess of Pop Cathy Hopkins, 2010-05-11 I have un grando dare for Becca and Cat said Squidge You know this competition for Pop Princess Well I dare you both to enter He looked pointedly at me And I mean both of you Auditions are next Saturday Becca missed the fun of the school production of Grease and she has a reputation of being fickle and a dreamer But the Pop Princess challenge makes her determined to try harder than she has ever tried before She has the voice but has she got the staying power **Double Dare** Cathy Hopkins, 2005 Mac has three secret wishes for his life but soon learns that great ambitions have great costs attached Expecting to Fly Cathy Hopkins, 2009-09-21 India Jane's under pressure from all corners It's decision time for India Jane what subjects she needs to take what career paths are open to her and what boy she wants as her boyfriend On the one hand she feels that she s standing on the threshold of her future with hopes and dreams to fly with On the other hand the harsh realities of life mean that her dreams and the boys in her life never go according to plan The fourth book in the CINNAMON GIRL series This Way to Paradise Cathy Hopkins, 2007-02-15 The hotly anticipated series from the bestselling Cathy Hopkins Meet India Jane Copper hair amber eyes Known to her friends and big chaotic family as Cinnamon Girl Born in India she s lived all over the world But all she really wants is to stop travelling and have a real home Just when it looks as though shell get her wish her father gets a job which means the family are on the move again India Jane is sent away to Greece to spend the summer at her aunt's new age holiday centre It could be paradise but India Jane feels alone and confused Should she party with her rebellious cousin Kate Or search for inner peace with the meditation crowd And will mystery boy Joe help India Jane discover where her true happiness lies The first book in the CINNAMON GIRL series

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