

Good Enough Endings

Breaks, Interruptions, and Terminations from
Contemporary Relational Perspectives

Edited by **Jill Salberg**



Good Enough Endings Breaks Interruptions And Terminations From Contemporary Relational Perspectives Relational

Amy Schaffer



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Relational:

Good Enough Endings Jill Salberg, 2011-01-19 In the relational literature the subject of termination the ending of an analysis has received scant attention and traditional Freudian or ego psychological criteria are not always enough to assess the readiness to terminate therapy in the coconstructed intersubjective analytic relationship *Good Enough Endings* seeks to remedy this gap bringing together contributions from contemporary relational thinkers while at the same time engaging with ideas from other psychoanalytic perspectives Topics given consideration include Can there be a relational criteria or paradigm for termination and what would it include How do treatment goals of the analyst and or that of the patient affect the decision to terminate How do recent developments in attachment theory and research influence the preparation to end analysis What occurs for the patient after termination and how do we assess the need for follow up Integrating elements of existing psychoanalytic theory with the fruits of the relational turn *Good Enough Endings* expands and expounds upon the relational considerations in ending analysis providing a resource for reflection and insight into the final and perhaps most difficult aspect of psychoanalytic treatment

Good Enough Endings Jill Salberg, 2010 First Published in 2010 Routledge is an imprint of Taylor Francis an informa company *Textbook of Psychoanalysis, Third Edition* Glen O. Gabbard, M.D., Bonnie E. Litowitz, Ph.D., Paul Williams, Ph.D., 2024-07-05 *Relational Psychoanalysis, Volume 5* Lewis Aron, Adrienne Harris, 2014-01-27 Building on the success and importance of three previous volumes *Relational Psychoanalysis* continues to expand and develop the relational turn Under the keen editorship of Lewis Aron and Adrienne Harris and comprised of the contributions of many of the leading voices in the relational world Volume 5 carries on the legacy of this rich and diversified psychoanalytic approach by taking a fresh look at the progress in therapeutic process Included here are chapters on transference and countertransference engagement dissociation and self states analytic impasses privacy and disclosure enactments improvisation development and more Thoughtful capacious and integrative this new volume places the leading edge of relational thought close at hand and pushes the boundaries of the relational turn that much closer to the horizon Contributors Lewis Aron Anthony Bass Beatrice Beebe Philip Bromberg Steven Cooper Jody Messler Davies Darlene Ehrenberg Dianne Elise Glen Gabbard Adrienne Harris Irwin Hoffman Steven Knoblauch Thomas Ogden Spyros Orfanos Stuart Pizer Philip Ringstrom Jill Salberg Stephen Seligman Joyce Slochower Donnel Stern Paul Wachtel *Myths of Termination* Judy Leopold Kantrowitz, 2014-07-25 Psychoanalysis can make a huge difference in the lives of patients their families and others they encounter Myths have developed however about how psychoanalysis should end what patients experience and what analysts do These expectations come primarily from accounts by analysts in the analytic literature which are often perpetuated in an oversimplified form in teaching Patients perspectives are rarely presented In her book Judy Leopold Kantrowitz seeks to address this omission Exploring the accounts of 82 former analysands she illustrates the rich

diversity of psychoanalytic endings and ways of maintaining analytic benefits after ending in presenting patients experiences Kantrowitz provides correctives for some myths about termination Myths of termination What patients can teach psychoanalysts about endings is not a book that seeks to refute or support any specific idea about a best way of ending analysis but rather to show that there are countless ways of having a satisfactory conclusion to the process Nor is the author espousing any particular analytic theory Kantrowitz sets out to show that an oversimplified view of psychoanalytic endings not only diminishes an appreciation of the diversity of psychoanalytic outcomes but may also interfere with the creativity of individual psychoanalysts In this book former analysands describe and illustrate how their analyses ended They reflect on the effect of non mutual endings due to external factors moving retirement illness or death or psychological factors wishing to avoid facing some issue the impact of post analytic contact and the ways in which they have held on to their analytic benefits after ending their analyses Myths of termination confronts and refutes the myths about the termination phase of psychoanalysis that are passed from generation to generation It is a refreshing and insightful study that will be welcomed by psychoanalysts psychodynamic therapists such as clinical psychologists social workers and others trained or in training to do clinical work

Toward Mutual Recognition Marie T. Hoffman, 2011-01-19 In *Toward Mutual Recognition* Marie T Hoffman coming from a Christian perspective suggests that the current relational turn in psychoanalysis has been influenced by numerous theorists analysts and philosophers alike who were themselves shaped by an embedded Christian narrative As a result the redemptive concepts of incarnation crucifixion and resurrection central to the tenets of Christianity can be traced to relational theories emerging analogously in the transformative process of mutual recognition in the concepts of identification surrender and gratitude a trilogy which she develops as forming the path of recognition Each movement on this path of recognition is given thought provoking in depth attention

Relational Psychoanalysis and Psychotherapy Integration Jill Bresler, Karen E. Starr, 2015-03-24 *Relational Psychoanalysis and Psychotherapy Integration* traces the history of efforts to integrate psychoanalysis with other psychotherapeutic modalities beginning with the early analysts including Ferenczi and Rank and continuing on to the present day It explores the potential for integration made possible by contemporary developments in theory and technique that are fundamental to a relational psychoanalytic approach Editors Jill Bresler and Karen Starr bring together an array of valuable theoretical and clinical contributions by relationally oriented psychoanalysts who identify their work as integrative The book is organized in four segments theoretical frameworks of psychotherapy integration integrating multiple models of psychotherapy into a psychoanalytically informed treatment working with specific populations the future of integration exploring the issues involved in educating clinicians in integrative practice The contributions in this volume demonstrate that integrating techniques from a variety of psychotherapies outside of psychoanalysis can enrich and enhance psychoanalytic practice It will be an invaluable resource for all practicing psychoanalysts psychotherapists and psychoanalysts and psychotherapists in training particularly those with an interest in

relational psychoanalysis and psychotherapy integration

A Disturbance in the Field Steven H. Cooper, 2011-01-19

This outstanding volume of essays presents an extraordinary synthesis of classical and contemporary concepts and methods of psychoanalysis with immediate relevance to clinical practice. The author's encyclopedic knowledge of the psychoanalytic literature brings the reader into the exciting center of current clinical psychoanalysis. The extensive clinical illustrations with detailed evaluation of his participation in the analytic work and particular attention to its imperfections form the heart of this book. These clinical discussions more than anything else highlight the power of the modern focus on countertransference and the analyst's contributions to the psychoanalytic dialogue.

Anton O. Kris, M.D., Clinical Professor of Psychiatry, Harvard Medical School.
Book Jacket *First Do No Harm* Adrienne Harris, Steven Botticelli, 2011-01-19
At the outset of World War I the Great War Freud supported the Austro-Hungarian Empire for which his sons fought. But the cruel truths of that bloody conflict wrought on the psyches as much as the bodies of the soldiers returning from the battlefield caused him to rethink his stance and subsequently affected his theory. Psychoanalysis, a healing science, could tell us much about both the drive for war and the ways to undo the trauma that war inherently breeds, but its principles could just as easily serve the enemy's desires to inculcate its own brand of truth. Even a century later, psychoanalysis can still be used as much for the justifications of warfare and propaganda as it is for the defiance of and resistance to those same things. But it is in the investigation of the motives and methods behind these uses that psychoanalysis proves its greatest strength. To wit, this edited collection presents published and unpublished material by analysts, writers, and activists who have worked at the front lines of psychic life and war from various stances. Set at a point of tension and contradiction, they illustrate the paradoxical relation of psychoanalysis as both a site of resistance and healing and a necessary aspect of war-making, propaganda, and militarism. In doing so, we venture from the home front from the trauma of returning veterans to the APA's own complicity in CIA black sites across international borders, from the treatment of women in Latin American dictatorships to the resistance to occupation in Palestine, from mind control to an ethics of responsibility. Throughout, a psychoanalytic sensibility deconstructs the very opposition that it inhabits and seeks to reestablish psychoanalysis as the healing discipline it was conceived to be.

Uprooted Minds Nancy Caro Hollander, 2014-04-08
In our post-9/11 environment, our sense of relative security and stability as privileged subjects living in the heart of Empire has been profoundly shaken. Hollander explores the forces that have brought us to this critical juncture, analyzing the role played by the neoliberal economic paradigm and conservative political agenda that emerged in the West over the past four decades with devastating consequences for the hemisphere's citizens. Narrative testimonies of progressive U.S. and Latin American psychoanalysts illuminate the psychological meanings of living under authoritarian political conditions and show how a psychoanalysis beyond the couch contributes to social struggles on behalf of human rights and redistributive justice. By interrogating themes related to the mutual effects of social power and ideology, large group dynamics, and unconscious fantasies, affects, and defenses, Hollander encourages reflections

about our experience as social psychological subjects

Ignite the flame of optimism with is motivational masterpiece, Find Positivity in **Good Enough Endings Breaks Interruptions And Terminations From Contemporary Relational Perspectives Relational** . In a downloadable PDF format (*), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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