
COMPREHENSIVE REVIEW OF NCLEX PN MATERNITY EXAM QUESTIONS 2023-2024 EXPERT ANSWERS WITH RATIONALES INCLUDED

20 minutes after a continuous epidural anesthetic is administered, a laboring clients blood pressure drops from 120/80 to 90/60 mmHG. What action should the practical nurse take immediately?

- A) notify the registered nurse or anesthesiologist
 - B) continue to assess the blood-pressure q5 minutes
 - C) place the client in a lateral position
 - D) turn off the continuous epidural
- C) place the client in a lateral position

Rationale: placing a client in the lateral position and placing a pillow or wedge under one hip will deflect the uterus.

The total bilirubin level of a 36 hour, breast-feeding newborn is 14 mg/dL. Based on this finding, which intervention should the practical nurse implement?

- A) provide phototherapy for 30 minutes q8h
 - B) Feed the newborn with sterile water hourly
 - C) encourage the mother to breast-feed frequently
 - D) assess the newborns blood glucose level
- C) encourage the mother to breast feed frequently

Rationale: breast milk provides calories and enhances G.I. motility, which will assist the bowel in eliminating bilirubin. The total bilirubin level is 6 to 12 mg/dL after day one of life. The infants bilirubin level is beginning to climb, and the infant should be monitored to prevent further complications.

A new mother is having trouble breast-feeding her newborn son. He's making frantic rooting motions and will not grasp the nipple. Which intervention should the practical nurse implement?

- A) encourage frequent use of a pacifier so that the infant becomes accustomed to sucking
 - B) hold the infants head firmly against the breast until he latches onto the nipple
 - C) encourage the mother to stop feeding for a few minutes and comfort the infant
 - D) provide formula for the infant until he becomes calm and then offer the breast again
- C) encourage the mother to stop feeding for a few minutes and comfort the infant

Rationale: the infant is becoming frustrated and so is the mother; both need a timeout. The

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Table of Contents Maternity Nclex Pn Questions

1. Understanding the eBook Maternity Nclex Pn Questions
 - The Rise of Digital Reading Maternity Nclex Pn Questions
 - Advantages of eBooks Over Traditional Books
2. Identifying Maternity Nclex Pn Questions
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Maternity Nclex Pn Questions
 - User-Friendly Interface
4. Exploring eBook Recommendations from Maternity Nclex Pn Questions
 - Personalized Recommendations
 - Maternity Nclex Pn Questions User Reviews and Ratings
 - Maternity Nclex Pn Questions and Bestseller Lists
5. Accessing Maternity Nclex Pn Questions Free and Paid eBooks
 - Maternity Nclex Pn Questions Public Domain eBooks
 - Maternity Nclex Pn Questions eBook Subscription Services
 - Maternity Nclex Pn Questions Budget-Friendly Options

6. Navigating Maternity Nclex Pn Questions eBook Formats
 - ePub, PDF, MOBI, and More
 - Maternity Nclex Pn Questions Compatibility with Devices
 - Maternity Nclex Pn Questions Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Maternity Nclex Pn Questions
 - Highlighting and Note-Taking Maternity Nclex Pn Questions
 - Interactive Elements Maternity Nclex Pn Questions
8. Staying Engaged with Maternity Nclex Pn Questions
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Maternity Nclex Pn Questions
9. Balancing eBooks and Physical Books Maternity Nclex Pn Questions
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Maternity Nclex Pn Questions
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Maternity Nclex Pn Questions
 - Setting Reading Goals Maternity Nclex Pn Questions
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Maternity Nclex Pn Questions
 - Fact-Checking eBook Content of Maternity Nclex Pn Questions
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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