

4 TIPS FOR PROPERLY CURING MEAT

Prevent botulism by
using nitrates



If using pink salt,
make sure you're using
the proper variety
for the type of
meat you're curing



Curing meat requires
specific skills, so it's
best to consult an expert



Keep food at temperatures
below 38 F to help prevent
bacteria growth



Guide To Home Meat Curing

Daniela Niemeyer



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