



Hands Are Not for Hitting

By Martine Agassi
Illustrated by Marieka Heinlen

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Hands Are Not For Hitting Best Behavior

Elizabeth Verdick, Martine Agassi



Hands Are Not For Hitting Best Behavior:

Hands Are Not for Hitting Martine Agassi,2009-03-15 Children learn that violence is never okay that they can manage their anger and other strong feelings and that they re capable of positive loving actions like playing making music learning counting helping taking care and much more Includes a special section for adults with activities and discussion starters

Hands are Not for Hitting Martine Agassi,2000 Demonstrates that hands are not for hitting by suggesting many positive uses for them such as saying hello playing creating and helping

Hands Are Not for Hitting Read-along ebook Martine Agassi,2024-09-04 Children learn that violence is never okay that they can manage their anger and other strong feelings and that they re capable of positive loving actions like playing making music learning counting helping taking care and much more Includes a special section for adults with activities and discussion starters

Voices Are Not for Yelling Elizabeth Verdick,2015-05-01 As parents and teachers know yelling comes naturally to children This friendly encouraging book geared to preschool and primary children introduces and reinforces where and when to use an indoor voice or an outdoor voice In classic Best Behavior style the author tells young readers Your voice is a powerful tool How you use it is up to you Vivid illustrations show the times and places for an indoor voice the ways people ask us to quiet our voices and times when yelling might occur What happens if you re mad or frustrated or really really excited Your voice gets louder and LOUDER But yelling hurts people s ears and feelings Children learn that they can quiet their voice and use their words to talk about a problem Think before you yell and use your words well Includes a special section for parents and caregivers with activities and discussion starters The Best Behavior series uses simple words and delightful full color illustrations to guide children to choose peaceful positive behaviors Select titles are available in two versions a durable board book for ages baby preschool and a longer more in depth paperback for ages 4 7 Kids parents and teachers love these award winning books All include helpful tips and ideas for parents and caregivers

Screen Time Is Not Forever Elizabeth Verdick,2021-06-23 Children learn boundaries and safety when using screens and fun things to do when screens are off As important as screens are in our lives we all need to unplug especially children This reassuring picture book offers children and families a starting point for limiting screen time and making the most of the time you have with your screens and without While screens can be helpful and fun they are not intended for use all the time The American Academy of Pediatrics recommends consistent limits on screen time for children and adults should take steps to ensure online safety for kids With straightforward suggestions children will learn valuable information about online safety setting healthy screen time boundaries and the importance of screen free time With her trademark mix of empathy and encouragement author Elizabeth Verdick offers appealing and healthy alternatives to using screens as well as ways to stay safe and happy when online Illustrator Marieka Heinlen s active and vibrant illustrations of young children interacting with their caregivers and families bring the activities and suggestions for screen free fun to life A section for adults at the end of the book includes information on the effects of too much screen

time and suggestions for establishing screen time boundaries Best Behavior Series Simple words and lively full color illustrations guide children to choose positive behaviors Select titles are available in two versions a durable board book for ages 1 4 and an expanded paperback for ages 4 7 Bilingual board book and paperback editions of select titles also are available Kids parents and teachers love these award winning books All include helpful tips for teachers caregivers and parents

Primary Well-Being: Case Studies for the Growing Child Deborah Kramer,2017-07-11 This book offers solutions on how to enhance the normal development of the well child incorporating complementary medicine The primary care provider is the only healthcare professional to see every child 0 18 and their parent and can assess the child s health and advise parents on how to provide a healthy environment and important practices to nurture healthy children The book provides realistic scenarios encountered by new nurse practitioners in their clinical training It is structured in a question and answer framework to help practitioners critically think through the best practices to be implemented during the well child visit and develop a plan of action for the family This book provides assessment and diagnostic criteria and tools and presents common developmental and behavioral issues for each age group The book promotes the role of professional as advocate by making recommendations for broad social policies to help all children succeed

Tails Are Not for Pulling/La cola de las mascotas no es para jalarla Elizabeth Verdick,2023-05-02 Teach kids that teasing animals isn t nice they can choose to be kind to animals and it s important to ask before touching someone s pet Pets may not have words but they can communicate Paying attention to an animal s cues a joyful bark a scary growl a swishing tail can help a child understand what the animal is saying and what an appropriate response might be That s part of what this English Spanish bilingual picture book is about But mostly it s about showing children how to love pets gently because pets are for loving after all Kids learn that teasing isn t nice that they can choose to be kind to animals and that if you want to touch someone else s pet there s one important rule you should know Ask the owner first A special section for adults includes ideas for teaching children kindness to animals activities and discussion starters in both English and Spanish Best Behavior series Simple words and lively full color illustrations guide children to choose positive behaviors Select titles are available in two versions a durable board book for ages 1 4 and an expanded paperback for ages 4 7 Bilingual board book and paperback editions of all titles also are available Kids parents and teachers love these award winning books All include helpful tips for teachers caregivers and parents

Waiting Is Not Forever Elizabeth Verdick,2020-12-22 With the newest paperback addition to the Best Behavior series children develop strategies to make waiting less frustrating and learn that patience is a virtue Children are often waiting for the school bus their turn on the slide or their birthday and waiting can be frustrating But learning to be patient and developing self control will equip children with tools for success in school and in social settings With vivid illustrations and simple strategies this reassuring book helps children learn to delay gratification and make waiting more fun without relying on electronics With her trademark mix of empathy and encouragement author Elizabeth Verdick provides activities and ideas

for children like observing the world around them inventing new games and anticipating what's to come that can be adapted for any situation In this addition to the best selling Best Behavior series children will learn how to avoid boredom and replace whining words with waiting words This will be worth the wait A section for adults includes tips and activities to foster patience in children Best Behavior Series The Best Behavior series uses simple words and delightful full color illustrations to guide children to choose peaceful positive behaviors Select titles are available in two versions a durable board book for ages baby to preschool and a longer more in depth paperback for ages four to seven Bilingual board books and paperback editions are available for select titles Kids parents and teachers love these award winning books All include helpful tips and ideas for parents and caregivers

Worries Are Not Forever Elizabeth Verdick,2020-02-14 Give young children strategies to ease anxieties and worries and feel better again Everyone feels worried at times and young children are no exception Friendly and reassuring this book geared to preschool and primary children explains what worries are and how it feels to be worried The book assures children that lots of kids and grown ups feel worried and that they can learn to make their worries smaller and smaller and smaller Talking about worries moving around keeping hands busy breathing deeply getting a big hug and thinking good thoughts are all ways for children to cope with worries The book includes a special section for parents and caregivers with activities and discussion starters Best Behavior Series The Best Behavior series uses simple words and delightful full color illustrations to guide children to choose peaceful positive behaviors Select titles are available in two versions a durable board book for ages baby preschool and a longer more in depth paperback for ages 4 7 Kids parents and teachers love these award winning books All include helpful tips and ideas for parents and caregivers

Tears Are Not Forever: Read Along or Enhanced eBook Elizabeth Verdick,2024-02-13 In this picture book children learn how crying can help them and ways to cope with challenging feelings Everyone cries Sometimes the tears are happy ones often though they come from sadness or frustration If you're sad or upset the tears may come Crying has a purpose it lets your feelings out and shows others you might need help Sadness and disappointment are common recurring emotions that children can learn to understand handle and grow from With vivid illustrations and straightforward suggestions Tears Are Not Forever provides practical advice for coping with these challenging feelings Remember tears are not forever In time you will feel better A section for adults reinforces the book's message that crying is a natural normal response to strong feelings and includes tips and activities to help children express and handle their feelings The Best Behavior Series Simple words and lively full color illustrations guide children to choose positive behaviors Select titles are available in two versions a durable board book for ages 1 4 and an expanded paperback for ages 4 7 Bilingual board book and paperback editions of select titles also are available Kids parents and teachers love these award winning books All include helpful tips for teachers caregivers and parents

Tears Are Not Forever Elizabeth Verdick,2023-03-28 In this picture book children learn how crying can help them and ways to cope with challenging feelings Everyone cries Sometimes the tears are happy ones often though they come

from sadness or frustration If you're sad or upset the tears may come Crying has a purpose it lets your feelings out and shows others you might need help Sadness and disappointment are common recurring emotions that children can learn to understand handle and grow from In this picture book children learn how crying can help them and ways to cope with challenging feelings Everyone cries Sometimes the tears are happy ones often though they come from sadness or frustration If you're sad or upset the tears may come Crying has a purpose it lets your feelings out and shows others you might need help Sadness and disappointment are common recurring emotions that children can learn to understand handle and grow from With vivid illustrations and straightforward suggestions Tears Are Not Forever provides practical advice for coping with these challenging feelings Remember tears are not forever In time you will feel better A section for adults reinforces the book's message that crying is a natural normal response to strong feelings and includes tips and activities to help children express and handle their feelings The Best Behavior Series Simple words and lively full color illustrations guide children to choose positive behaviors Select titles are available in two versions a durable board book for ages 1-4 and an expanded paperback for ages 4-7 Bilingual board book and paperback editions of select titles also are available Kids parents and teachers love these award winning books All include helpful tips for teachers caregivers and parents With vivid illustrations and straightforward suggestions Tears Are Not Forever provides practical advice for coping with these challenging feelings Remember tears are not forever In time you will feel better A section for adults reinforces the book's message that crying is a natural normal response to strong feelings and includes tips and activities to help children express and handle their feelings The Best Behavior Series Simple words and lively full color illustrations guide children to choose positive behaviors Select titles are available in two versions a durable board book for ages 1 to 4 and an expanded paperback for ages 4 to 7 Bilingual board book and paperback editions of select titles also are available Kids parents and teachers love these award winning books All include helpful tips for teachers caregivers and parents

Supercharge Professional Development for Early Childhood Educators Susan McDonald, Nancy Toso, 2024-04-23 101 Ways to Supercharge Professional Development empowers early childhood program leaders to transform their current professional development practices offering innovative and concrete ideas for supporting educators The timely and inspiring resources in this handbook will increase engagement build collaboration and enhance all aspects of any professional development program The wealth of information and guidance in this handbook includes 101 specific strategies tools and activities featuring well researched techniques for engaging all adult learners with respect for the unique needs of individuals from diverse cultures backgrounds and experiences Inspirational tips and strategies from highly regarded speakers authors and researchers including interviews and video clips available via QR codes Suggested resources for designing and implementing professional learning experiences Planning tools and templates for designing a variety of professional development experiences Examples of workshop activities with adaptations for group size diverse adult learning styles and live or virtual events

The First-Time Mom's Handbook for

Raising Toddlers Kristin Pleines, 2025-06-17 Questions about raising toddlers You've come to the right place Congratulations Your baby is now a toddler This is an incredibly exciting time where kids learn and grow by leaps and bounds But it also comes with a whole new list of questions and challenges especially if it's your first child Are they eating right Are these tantrums normal Should they be talking more This supportive guide is full of clear advice for tackling development behavior communication and more so you can raise a happy healthy toddler What sets this toddler parenting book apart A friendly Q A format Feel like you're talking to a knowledgeable friend with topics presented as conversational questions and answers Easy organization Each chapter covers a different aspect of toddler wellness from potty training to self esteem so you can easily flip through the pages to find what you need Tips for tykes on any timeline Keep using this book as your little one grows It's designed for the widest possible range of toddlers from about 18 months to 5 years old Find pro tips for parenting toddlers with this ultimate book of frequently asked questions *The Tantrum Survival Guide* Rebecca Schrag Hershberg, 2018-10-12 Most parents of toddlers and preschoolers know a thing or two about tantrums those epic meltdowns that seem to come out of nowhere Even though tantrums can be part of normal toddler behavior they are maddening stressful and exhausting What can parents do to help everyone step back and calm down With candor and wit Rebecca Schrag Hershberg psychologist and mom of two explains the science behind why tantrums occur and what parents might unintentionally be doing to encourage them She offers a customizable plan for nipping blowups in the bud while fostering healthy development and deeper parent child connections Imagine family life with equal measures of love and limits and less drama **Waiting Is Not Forever / La espera no dura para siempre** Elizabeth Verdick, 2023-09-15 English Spanish edition helps young children develop strategies to make waiting less frustrating and learn that patience is important Children are often waiting for the school bus their turn on the slide or their birthday and waiting can be frustrating But learning to be patient and developing self control will equip children with tools for success in school and in social settings With vivid illustrations and simple strategies this reassuring English Spanish bilingual book helps children learn to delay gratification and make waiting more fun without relying on electronics With her trademark mix of empathy and encouragement author Elizabeth Verdick provides activities and ideas for children like observing the world around them inventing new games and anticipating what's to come that can be adapted for any situation In this addition to the best selling Best Behavior series children will learn how to avoid boredom and replace whining words with waiting words This will be worth the wait Best Behavior Series Simple words and lively full color illustrations guide children to choose positive behaviors Select titles are available in two versions a durable board book for ages 1 4 and an expanded paperback for ages 4 7 Bilingual board book and paperback editions of select titles also are available Kids parents and teachers love these award winning books All include helpful tips for teachers caregivers and parents *Germs Are Not for Sharing* Elizabeth Verdick, 2006-01-15 Sneezes coughs runny noses spills and messes are facts of everyday life with children And that's why it's

never too soon to teach little ones about germs and ways to stay clean and healthy This book is a short course for kids on what germs are what they do and why it s so important to cover them up block them from spreading and wash them down the drain Simple words complement warm inviting full color illustrations that show real life situations kids can relate to A special section for adults includes ideas for discussion and activities

Just Because I Am / Solo porque soy yo Lauren Murphy Payne,2020-02-13 Help little ones build self esteem and self confidence in both English and Spanish This English Spanish bilingual book of sweet simple affirmations for children helps them respect their bodies acknowledge their needs name their feelings and build their self esteem Just Because I Am Solo porque soy yo invites little ones to love accept and feel good about themselves exactly as they are A section for adults includes activities and discussion questions in both languages *Best Behavior® 6-Book Box Set (Hands Are Not for Hitting, Feet Are Not for Kicking, Voices Are Not for Yelling, Waiting Is Not Forever, Words Are Not for Hurting, and Noses Are Not for Picking)* Elizabeth Verdick,Martine Agassi,2024-10-31 Nurture Positive Behaviors with the Best Behavior Series The toddler years are full of growth smiles and sweetness but also hitting kicking tantrums yelling and nose picking This six book board book set is thoughtfully crafted for children aged 1 4 helping them navigate their actions and emotions with simple words lively full color illustrations and positive messages Perfect for parents grandparents caregivers and educators every book includes helpful tips and ideas in the back to make learning about good behavior fun and engaging Books included in the boxed set Hands Are Not for Hitting It s never too early to learn about the many good things hands can do Simple words and charming pictures invite even the youngest children to use their hands for fun and caring actions and to understand that hitting is never okay Feet Are Not for Kicking Help your little ones understand that feet are meant for fun activities like walking running and kicking balls or leaves not people In simple words and colorful pictures this book helps children learn to use their feet for fun not hurt others Noses Are Not for Picking A gentle humorous guide to help toddlers break the nose picking habit and develop healthier hygiene practices Kids learn the importance of using tissues and washing hands in a fun and memorable way Voices Are Not for Yelling Toddlers are still learning to express their feelings This book teaches them why it s better to use their indoor voice and how to calm down and ask for help so they can get what they need Waiting Is Not Forever Toddlers can learn patience with simple strategies to make waiting easier This book offers creative ideas to keep little ones engaged while they wait promoting self control and delayed gratification Words Are Not for Hurting Children are known for speaking their minds With gentle guidance this book helps them choose helpful words and say two very important words I m sorry when hurtful words come out before they can stop them The Best Behavior Series is an invaluable addition to any child s library helping to foster a lifetime of positive behavior and emotional growth Why Parents Educators and Caregivers Love the Best Behavior Series These books are a trusted resource for teaching children about empathy kindness and healthy habits With their engaging stories and vibrant illustrations they make learning about good behavior a positive and enjoyable experience for both children and adults

Features Durable Board Book Format Perfect for little hands and built to withstand the rigors of toddler life Bilingual Editions Available English Spanish editions offer accessible learning for bilingual families Parent and Caregiver Tips Each book includes helpful tips and ideas to support your child's learning and growth

Worries Are Not Forever / Las preocupaciones no duran para siempre Elizabeth Verdick, 2023-09-15 New English Spanish bilingual edition gives young children strategies to ease anxieties and worries and feel better again Everyone feels worried or anxious at times and young children are no exception Friendly and supportive this bilingual English Spanish book explains what worries are and how it feels to be worried assuring children that lots of kids and grown ups too feel worried Children learn that there are many ways to help their worries go away Guess what You are bigger than your worries You can learn to make your worries smaller and smaller and smaller Talking about worries moving around keeping hands busy breathing deeply getting a big hug and thinking good thoughts are all ways for children to cope with worries A special section for adults in both languages offers activities and discussion starters for home school and child care Best Behavior Bilingual Series The Best Behavior bilingual series uses simple words in English and Spanish and delightful full color illustrations to guide children to choose peaceful positive behaviors Select titles are available in two versions a durable board book for ages baby to preschool and a longer more in depth paperback for ages four to seven Kids parents and teachers love these award winning books All include helpful tips and ideas for parents and caregivers

City Mouse Stacey Lender, 2017-06-06 City Mouse is an irresistible debut that examines what it means to find your place revealing unspoken truths about motherhood friendship and the thorny pursuit to have it all A hilarious book about the city vs suburbs divide New York Post City Mouse is a sharp and sophisticated novel of suburban life with a narrative voice that is equal parts witty observant and vulnerable A wonderful debut Susan Isaacs New York Times best selling author Priced out of their Manhattan neighborhood Jessica and Aaron move with their young daughters to the one place Jessica swore she'd never go the suburbs But to Jessica's surprise life in the commuter belt makes a great first impression She quickly falls in with a clique of helpful mom friends who welcome her with pitchers of margaritas neighborhood secrets and a pair of hot jeans that actually fit Still it's hard to keep up in a crowd where everyone competes for the most perfectly manicured home and latest backyard gadgets And what's worse as the only working mom in her circle Jessica sometimes feels disconnected and alone So she's thrilled when she's invited to a mom's only weekend at the beach which she assumes will mean new opportunities for real talk and bonding Instead the trip turns into a series of eye opening lessons and Jessica must decide if she's strong enough to be honest with herself about the sort of life she really wants

Eventually, you will completely discover a additional experience and attainment by spending more cash. nevertheless when? get you take that you require to get those every needs taking into account having significantly cash? Why dont you try to get something basic in the beginning? Thats something that will lead you to comprehend even more on the subject of the globe, experience, some places, as soon as history, amusement, and a lot more?

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