

A close-up photograph of a black cast-iron skillet filled with a breakfast dish. Several sunny-side-up eggs are nestled in a thick, vibrant red tomato sauce. The dish is garnished with finely chopped green herbs, likely cilantro. The skillet is placed on a light-colored surface, and a slice of toasted bread is visible in the upper left corner.

10 HIGH-PROTEIN LOW-CARB RECIPES

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Low Carb Recipes Diet Recipes

Sabine Zange



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