

# Gross Motor Function Measure (GMFM)

Child's Name: Jane Miranda

Assessment Date: May 10, 2023

Date of Birth: March 15, 2011

Age: 12

Evaluator's Name: Marissa Swanson, PT

Testing Condition: Indoor therapy room, child wearing comfortable clothing and sneakers

## Objectives:

Gross Motor Function Measure (GMFM) is a standardized observational instrument designed to assess gross motor function in children with cerebral palsy or other neurological impairments.

The GMFM is typically used to evaluate changes in gross motor function over time or in response to interventions, such as physical therapy or surgery. It comprises 68 items that assess a child's ability to perform various motor tasks, such as rolling, crawling, sitting, standing, and walking. The items are grouped into five dimensions:

1. **Lying and Rolling:** This dimension assesses the child's ability to control their body and move in a supine (lying on their back) and prone (lying on their stomach) position. It includes head control, moving limbs independently, rolling from supine to prone and vice versa, and transitioning between supine and sitting positions. These skills are foundational for more advanced motor tasks and are crucial for a child's ability to change positions independently.
2. **Sitting:** This dimension evaluates the child's ability to maintain various sitting positions, such as unsupported sitting, sitting with a posterior pelvic tilt, and sitting with legs crossed. It also examines the child's ability to perform tasks while sitting, like reaching for objects, weight shifting, and transitioning from sitting to kneeling. Sitting skills are essential for numerous daily activities, including self-care, social interactions, and play.
3. **Crawling and Kneeling:** This dimension assesses the child's ability to move on their hands and knees (crawling) and maintain a kneeling position, both half-kneeling and full-kneeling. These skills are essential for independent mobility, allowing the child to explore their environment and access various locations. Crawling and kneeling also serve as transitional movements bridging the gap between sitting and standing.
4. **Standing:** This dimension evaluates the child's ability to achieve and maintain an upright standing position, with and without support. It also examines the child's ability to perform standing tasks, such as reaching for objects, weight shifting, and transitioning from standing to other positions. Standing is a fundamental skill for functional mobility, a prerequisite for walking and other advanced motor tasks.
5. **Walking, Running, and Jumping:** This dimension assesses the child's ability to perform various locomotor skills, such as walking, running, jumping, and stair climbing. It includes tasks like walking with and without support, walking on different surfaces, navigating obstacles, and jumping on both feet or one foot. These skills are crucial for independent mobility and participation in various physical and social activities.
6. Each dimension consists of items scored on a four-point scale from 0 to 3, with higher scores indicating better performance. The scores for each dimension can be combined to create a total GMFM score, which can be used to track changes in a child's gross motor function over time or evaluate the effectiveness of interventions.

## Scoring:

0 - does not initiate

1 - initiates

2 - partially completes

3 - completes

NT- not tested

# **Gross Motor Function Measure Manual**

**Dianne J. Russell, Peter L.  
Rosenbaum, Marilyn Wright, Lisa M.  
Avery**



## **Gross Motor Function Measure Manual:**

### **Gross Motor Function Measure (GMFM-66 and GMFM-88) User's Manual** Dianne J. Russell, Peter L.

Rosenbaum, Marilyn Wright, Lisa M. Avery, 2014-05-14 The Gross Motor Function Measure GMFM is a clinical assessment tool developed to evaluate motor function and change in the function over time in children and youth with cerebral palsy CP

### **Gross Motor Function Measure (GMFM-66 & GMFM-88) User's Manual** Dianne J. Russell, Marilyn Wright, Peter L.

Rosenbaum, Lisa M. Avery, 2025-05-27 The third edition of the Gross Motor Function Measure GMFM 66 GMFM 88 User's Manual has retained the information contained in the original 2002 and 2013 publications which included the conceptual background to the development of the GMFM and the administration and scoring guidelines for people to be able to administer this clinical and research assessment tool appropriately This includes information on the development and validation of two abbreviated methods of estimating GMFM 66 scores using the GMFM 66 Item sets GMFM 66 IS and the GMFM 66 B C Basal Ceiling and a chapter providing a longitudinal case illustration of how the measure and the short forms of the GMFM can be applied and interpreted in clinical practice The new edition includes information and an Appendix on the updated version of the Gross Motor Ability Estimator scoring program GMAE 3 which is available through the GMFM App see the CanChild website at <https://www.canchild.ca/en/shop/38-the-gross-motor-function-measure-app> Changes from previous edition Includes information and an Appendix on the updated version of the Gross Motor Ability Estimator scoring program GMAE 3 which is available through the GMFM App see the CanChild website at [www.canchild.ca](http://www.canchild.ca) Chapter 8 which describes the ongoing work to continually update the GMFM tools has a section that addresses challenges that researchers and clinicians have had in using the tools and suggestions to use the measure appropriately Updates on the Challenge module and the Quality FM translations and the use of the GMFM in populations other than cerebral palsy and Down Syndrome have been included New Appendix introducing the Gross Motor Family Report GM FR Updates to chapter 8 including new content covering additional translations of GMFM and updates to development work of GMFM and applications in other childhood diseases

### **Gross Motor Function Measure (GMFM-66 and GMFM-88) User's Manual** Dianne J. Russell, Peter L.

Rosenbaum, Marilyn Wright, Lisa M. Avery, 2013-12-16 The Gross Motor Function Measure GMFM has become the best evaluative measure of motor function designed for quantifying change in the gross motor abilities of children with cerebral palsy The new version of the scoring programme has now been released and includes two abbreviated methods of estimating GMFM 66 scores using the GMFM 66 Item sets and the GMFM 66 Basal Ceiling The measure is very widely used internationally and is now the standard outcome assessment tool This new edition builds on the wide success of the first edition and is now based on an updated version of the GMFM scoring program GMAE 2 Includes an update on the psychometric properties of the GMFM 88 and GMFM 66 Covers development and validation of two abbreviated methods of estimating GMFM 66 scores using the GMFM 66 Item sets GMFM 66 IS and the GMFM 66 B C Basal and Ceiling Includes a

new longitudinal case illustration of the development application and interpretation of the measure Presents a forward look to an upward extension of the GMFM to assess skill development in highly functional young people with cerebral palsy Presents a forward look to Quality Function Measure to quantify changes in quality of gross motor function Readership Physical Therapists and other health professionals working with children youth and adults with cerebral palsy Clinical and health services researchers as an outcome measure to assess the impact of numerous interventions that are proposed as methods of enhancing gross motor function in this population Any clinician who is assessing and describing current gross motor function and evaluating its change over time It serves the needs of clinical and health services researchers as an outcome measure to assess the impact of any of a host of interventions that are proposed as methods of enhancing gross motor function in this population

GMFM (GMFM-66 & GMFM-88) User's Manual, 2nd Edition Dianne Russell, 2013 The Gross Motor Function Measure GMFM is a clinical assessment tool developed to evaluate motor function and change in the function over time in children and youth with cerebral palsy CP

*Gross motor function measure (GMFM-66 and GMFM-88)* Dianne J. Russel, 2002

**Gross Motor Function Measure Manual**, 1993

Gross Motor Function Measure Dianne J. Russell, Marilyn Wright, Peter L. Rosenbaum, Lisa M. Avery, 2025-09-24 Die Gross Motor Function Measure GMFM ist das Evaluationsinstrument für Motorik schlechthin Ursprünglich entwickelt zur Erfassung kinematischer Fähigkeiten von Kindern mit Cerebralparese wird die GMFM mittlerweile ganz allgemein für die Beurteilung von klinischen Interventionen und Verläufen eingesetzt Die deutschsprachige Neuausgabe versteht sich als Praxishandbuch das die Anwendung der GMFM 88 GMFM 66 und der Kurzversionen beschreibt Das Gross Motor Function Classification System GMFCS erlaubt ergänzend die rasche Bestimmung des Schweregrades einer Beeinträchtigung Neben Hintergrund zur Entwicklung des GMFM Instruments bietet das Werk detaillierte Hilfestellungen und Richtlinien zur Anwendung Auswertung und Interpretation sowie ausführliche Fallbeispiele Im umfangreichen Anhang wird noch tiefer auf einzelne Punkte eingegangen so werden unter anderem die Bewertungsbogen in voller Länge Perzentilenkurven aus der Ontario Motor Growth Studie sowie eine umfassende Anleitung für die GMFM App mitgeliefert

**Handbook of Medical Neuropsychology** Carol L. Armstrong, Lisa A. Morrow, 2019-09-03 This ambitious and important second edition of the Handbook of Medical Neuropsychology takes an in depth approach to the medical conditions and methods of neurorehabilitation Comprehensive in scope and highly detailed in its coverage the second edition like the first characterizes the effects of disease and the impact of interventions in the current state of advanced medicine at a level appropriate both for researchers and for clinicians Featuring the most up to date information and quantitative research on cognitive neuroscience of autism HIV AIDS cancer head injury respiratory diseases endocrine diseases early birth injury dementia and other disorders the book handles theory historical background practical considerations and controversial areas with evidence based disease indicators clinical expertise and real world insight It seeks to critique diagnostic and assessment tools specific to disorders The new chapters in this inclusive second

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itself or when the scale is proprietary or too long for inclusion a description and key references special considerations including unusual measures needed to obtain a valid score or problems in administering the test in specific patients advantages or what makes the scale good or useful Disadvantages or what makes the scale difficult to use or impairs its reliability key references including the original publication of the scale and its validation Downloadable PDFs of the scales contained in the Handbook of Neurologic Rating Scales are included with the purchase of this book The password to download the files can be found in the book itself

**Principles of Assessment and Outcome Measurement for Occupational Therapists and Physiotherapists** Alison Laver Fawcett, 2013-03-15 This textbook on assessment and outcome measurement is written for both occupational therapy and physiotherapy students and qualified therapists It begins by defining what is meant by assessment outcome evaluation and measurement and discussing the complexity of therapy assessment and measurement including the challenge of measuring human behaviour and the impact of factors such as task demand and context including the environment Methods of data collection e g observation interview standardised testing and sources e g self report proxy for collecting information about clients are then reviewed and the main purposes of assessment e g descriptive evaluative predictive discriminative presented The book then addresses the topics of standardisation levels of measurement reliability validity and clinical utility There is a chapter describing and applying models for categorizing levels of function to aid assessment and measurement The concept of clinical reasoning and reflective practice is then explored Application of principles is supported through detailed case studies and worksheets and the criteria for test critique and guidelines for choosing a particular assessment approach are discussed

**Handbook of Childhood Psychopathology and Developmental Disabilities Assessment** Johnny L. Matson, 2018-09-13 This handbook describes evidence based methods of assessing psychological educational behavioral and developmental problems in children and adolescents It provides state of the art analyses of leading assessment tools and methods Chapters provide an overview of childhood assessment issues diagnostic classification systems interviewing and report writing traditional assessment tools and methods such as Applied Behavioral Analysis ABA In addition chapters address daily living academic and social skills commonly encountered psychological conditions and developmental disorders reviewing definitions and etiology history of assessment and diagnosis possible comorbid conditions and current measures and procedures The handbook also covers specific childhood disorders that often present assessment challenges in children such as posttraumatic stress disorder mood disorders pain and feeding and eating disorders Topics featured in this handbook include Adaptive and developmental behavior scales Diagnostic classification systems and how to apply them to childhood problems and disorders Intelligence testing and its use in childhood psychological assessment Assessment of Attention Deficit Hyperactivity Disorder ADHD in persons with developmental disabilities Self Injurious behavior in children Prevalence and assessment of common sleep problems in children The Handbook of Childhood Psychopathology and Developmental Disabilities Assessment is an essential

resource for researchers graduate students clinicians and related therapists and professionals in clinical child and school psychology pediatrics social work developmental psychology behavioral therapy rehabilitation child and adolescent psychiatry and special education

**Handbook of Pediatric Physical Therapy** Toby Long, 2018-05-17 This updated reference provides a contemporary perspective on pediatric Physical Therapy in a convenient outline format ideal for daily consultation Consistent with APTA's Guide to Physical Therapist Practice 3.0 Handbook of Pediatric Physical Therapy 3rd Edition helps both students and professionals quickly locate essential information necessary to effectively assess diagnose and plan interventions This edition reflects the latest advances in the field as it presents each condition's etiology assessment considerations treatment and all other information related to contemporary pediatric physical therapy practice

**The Rehabilitation Specialist's Handbook** Serge H Roy, Steven L Wolf, David A Scalzitti, 2012-12-21 The 4th Edition of the gold standard of rehabilitation resources is now in full color and thoroughly revised and updated to reflect the art and science of practice today A compendium of frequently used but rarely memorized information organized for easy reference it covers an extraordinary breadth of topics from the full range of basic scientific information neuroanatomy and clinical neurology osteology and clinical orthopedics general anatomy cardiac and pulmonary anatomy to the treatments and methods used in modern rehabilitation practice

**Advanced Analysis of Motor Development** Kathleen M. Haywood, Mary Ann Roberton, Nancy Getchell, 2011-12-30 Advanced Analysis of Motor Development explores how research is conducted in testing major issues and questions in motor development It also looks at the evolution of research in the field its current status and possible future directions This text is one of the few to examine motor development models and theories analytically while providing a context for advanced students in motor development so they can understand current and classic research in the field Traditionally graduate study in motor development has been approached through a compilation of readings from various sources This text meets the need for in depth study in a more cohesive manner by presenting parallels and highlighting relationships among research studies that independent readings might not provide In addition Advanced Analysis of Motor Development builds a foundation in the theories and approaches in the field and demonstrates how they drive contemporary research in motor development A valuable text for graduate students beginning their own research projects or making the transition from student to researcher this text focuses on examining and interpreting research in the field Respected researchers Haywood Roberton and Getchell explain the history and evolution of the field and articulate key research issues As they examine each of the main models and theories that have influenced the field they share how motor development research can be applied to the fields of physical education special education physical therapy and rehabilitation sciences With its emphasis on critical inquiry Advanced Analysis of Motor Development will help students examine important topics and questions in the field in a more sophisticated manner They will learn to analyze research methods and results as they deepen their understanding of developmental phenomena For each category of movement skills covered posture and balance

foot locomotion ballistic skills and manipulative skills the authors first offer a survey of the pertinent research and then present an in depth discussion of the landmark studies In analyzing these studies students will come to appreciate the detail of research and begin to explore possibilities for their own future research Throughout the text special elements help students focus on analysis Tips for Novice Researchers sidebars highlight issues and questions raised by research and offer suggestions for further exploration and study Comparative tables detail the differences in the purpose methods and results of key studies to help students understand not only what the studies found but also the relevance of those findings With Advanced Analysis of Motor Development readers will discover how research focusing on the major issues and central questions in motor development is produced and begin to conceptualize their own research Readers will encounter the most important models and theories dissect some of the seminal and recent articles that test these models and theories and examine issues such as nature and nurture discontinuity and continuity and progression and regression Advanced Analysis of Motor Development will guide students to a deeper understanding of research in life span motor development and enable them to examine how the complexities of motor development can be addressed in their respective professions

Umphred's Neurorehabilitation for the Physical Therapist Assistant Rolando Lazaro,Darcy Umphred,2024-06-01 A comprehensive guide to neurological rehabilitation for physical therapist assistants PTAs Umphred s Neurorehabilitation for the Physical Therapist Assistant Third Edition presents contemporary evidence based principles and techniques for examination and intervention for individuals with neurological conditions Umphred s Neurorehabilitation for the Physical Therapist Assistant Third Edition addresses a wide variety of pediatric and adult neurological disorders including spinal cord injury brain injury stroke Parkinson s disease multiple sclerosis amyotrophic lateral sclerosis Guillain Barr syndrome and more Drs Lazaro and Umphred have updated this classic text to reflect current and emerging trends in physical therapy including The role of the PTA in neurocritical care The role of the PTA in management of clients with lifelong impairments and activity limitations Technology in neurorehabilitation Also included is a new chapter on functional neuroanatomy which provides the foundational background for understanding the relationship between the structure and function of the nervous system The Third Edition also features helpful instructor and student resources Included with the text are online supplemental materials for faculty use in the classroom Umphred s Neurorehabilitation for the Physical Therapist Assistant Third Edition is the definitive resource for any PTA faculty student or clinician interested in the physical therapy management of individuals with neurological conditions

*Evidence for Child Welfare Practice* Michael J. Austin,2013-09-13 This book provides a work in progress that seeks to capture the micro direct service and macro managerial perspectives related to identifying evidence for practice within the practice domain of public child welfare It is divided into two categories namely evidence for direct practice and evidence for management practice In Part I the articles are categorized in the areas of child welfare assessment and child welfare outcomes Expanded versions of the chapters can be accessed at [www.bassc.net](http://www.bassc.net) In Part II the focus is on



organizational issues that relate to evidence for management practice This section includes an overview of evidence based practice from an organizational perspective along with evidence related to the experiences of others in implementing evidence based practice This book pushes the discussion of evidence based practice in several new directions regarding 1 the use of structured reviews to complement the systematic reviews of the Cochrane and Campbell Collaboratives 2 the process of viewing the call for evidence based practice as a goal or future vision of practice and evidence for practice provides a more immediate approach to promote evidence informed practice and 3 a recognition that evidence informed practice is part of building agency based knowledge sharing systems that involve the tacit and explicit knowledge needed to improve the outcomes of social services This book was published as a special issue of the Journal Of Evidence Based Social Work

Campbell's Physical Therapy for Children Expert Consult - E-Book Robert Palisano, Margo Orlin, Joseph Schreiber, 2022-08-20 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Physical Therapy Gain a solid foundation in physical therapy for infants children and adolescents Campbell's Physical Therapy for Children 6th Edition provides essential information on pediatric physical therapy practice management of children with musculoskeletal neurological and cardiopulmonary conditions and special practice settings Following the APTA's Guide to Physical Therapist Practice this text describes how to examine and evaluate children select evidence based interventions and measure outcomes to help children improve their body functions activities and participation What also sets this book apart is its emphasis on clinical reasoning decision making and family centered care Written by a team of PT experts led by Robert J Palisano this book is ideal for use by students and by clinicians in daily practice Comprehensive coverage provides a thorough understanding of foundational knowledge for pediatric physical therapy including social determinants of health development motor control and motor learning as well as physical therapy management of pediatric disorders including examination evaluation goal setting the plan of care and outcomes evaluation Focus on the elements of patient client management in the APTA's Guide to Physical Therapist Practice provides a framework for clinical decision making Focus on the International Classification of Functioning Disability and Health ICF of the World Health Organization WHO provides a standard language and framework for the description of health and health related states including levels of a person's capacity and performance Experienced expert contributors help you prepare to become a Board Certified Pediatric Clinical Specialist and to succeed on the job NEW New chapter on social determinants of health and pediatric healthcare is added to this edition NEW New chapter on Down syndrome is added NEW 45 case scenarios in the ebook offer practice with clinical reasoning and decision making and 123 video clips depict children's movements examination procedures and physical therapy interventions NEW An ebook version is included with print purchase providing access to all the text figures and references plus the ability to search customize content make notes and highlights and have content read aloud **Handbook of Pediatric Physical Therapy** Toby M. Long, Kathy Toscano, 2002 This updated quick reference provides a contemporary perspective on pediatric physical

therapy for both students and professionals Following the Guide to Physical Therapist Practice this invaluable tool addresses growth and development pediatric disorders measurements interventions assistive technologies and administrative issues all in a rapid access format for daily consultation For easier use this edition features a larger trim size with new boxes figures charts and conditions Separate chapters cover Intervention Measurement Disorders and Assistive Technology Expanded coverage of growth and development includes outcomes that occur when development is disrupted Insurance coding information is also included

**Cerebral Palsy** Mintaze Kerem Gunel, 2016-09-21 Nowadays cerebral palsy CP rehabilitation along with medical and surgical interventions in children with CP leads to better motor and postural control and can ensure ambulation and functional independence In achieving these improvements many modern practices may be used such as comprehensive multidisciplinary assessment clinical decision making multilevel surgery botulinum toxin applications robotic ambulation applications treadmill and other walking aids to increase the quality and endurance of walking Trainings are based on neurodevelopmental therapy muscle training and strength applications adaptive equipment and orthotics communication technological solves and many others beyond the scope of this book In the years of clinical and academic experiences children with cerebral palsy have shown us that the world needs a book to give clinical knowledge to health professionals regarding these important issue This book is an attempt to fulfill and to give current steps about CP The book is intended for use by physicians therapists and allied health professionals who treat rehabilitate children with CP We focus on the recent concepts in the treatment of body and structure problems and describe the associated disability providing suggestions for further reading All authors presented the most frequently used and accepted treatment methods with scientifically proven efficacy and included references at the end of each chapter

*Braddom's Rehabilitation Care: A Clinical Handbook E-Book* David X. Cifu, Henry L. Lew, 2017-06-08 Concise and portable Braddom's Clinical Handbook of Physical Medicine and Rehabilitation by Drs David X Cifu and Henry L Lew gives you dependable up to date content in a handbook format ideally suited for use at the bedside or in outpatient clinics This quick reference covers the everyday topics you need assistive devices and orthoses spasticity pediatric adult and geriatric care pain management outcome measures and much more all derived from the most trusted name in the field of PM R Reader friendly format with succinct templated chapters for ease of use Authoritative content derived from the 1 comprehensive reference in the field Braddom's Physical Medicine and Rehabilitation An ideal resource for the entire rehabilitation team as a quick reference or study guide Highlights key concepts spanning the full spectrum of rehabilitation medicine to help optimize outcomes for patients with a range of chronic diseases impairments and disabilities Includes eSlides compiled by internationally renowned experts to summarize key teaching points and clinical pearls

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