

- A. **Main Idea:** After rival Greek city-states united to defeat the Persians, they were free to

Guided Reading Activity

networks

The Ancient Greeks

Lesson 3 *Classical Greece*

Review Questions

develop their own empire.

- 1. Detail:** In the mid-sixth century B.C., the Persian Empire controlled the _____ **IONIAN** _____ Greek cities in western _____ **ASIA MINOR** _____, and in 490 B.C., they made an unsuccessful attempt to capture _____ **MARATHON** _____.
 - 2. Detail:** After an extended war against _____ **PERSIA** _____, _____ **the Greeks, Spartans, and Athenians united to defeat the Persians** at _____ **SALAMIS** _____ and again at _____ **PLATAEA** _____.
- B. **Main Idea:** The Classical period of Athenian and Greek history lasted from and 461 B.C. to 429 B.C. Historians have called this period the Age of Pericles, in which Athens reached the height of its power and brilliance.
- 1. Detail:** Under Athenian leadership, the _____ **DELIAN** _____ League liberated virtually all of the Greek states in the _____ **AEGEAN** _____ from Persian control.
 - 2. Detail:** Pericles created a direct _____ **DEMOCRACY** _____ that included every male citizen and used _____ **OSTRACISM** _____ to protect against ambitious politicians.
 - 3. Detail:** Most people in the ancient world owned _____ **SLAVES** _____, who worked in the _____ **FIELDS** _____, in the home, or on government **PUBLIC CONSTRUCTION** _____ projects.
 - 4. Detail:** Athenian women were _____ **CITIZENS** _____, but they were excluded from _____ **PUBLIC (political)** _____ life and expected to work chiefly at _____ **home** _____.
- C. **Main Idea:** After they defeated Persia, the Greek city-states returned to rivalry and war among themselves.
- 1. Detail:** After they defeated the Persians, Athens and the Delian League formed the _____ **ATHENIAN** _____ Empire, while Sparta and its supporters formed a rival **PELOPONNESIAN** _____ League.
 - 2. Detail:** The Great _____ **PELOPONNESIAN WAR** _____ between Sparta and _____ **ATHENS** _____ weakened the major Greek states and allowed them to fall prey to the growing _____ **MACEDONIAN** _____ empire.

Guided Reading Activity 8 3 Answers

**Joyce Oldham Appleby, Alan
Brinkley, James M. McPherson**



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sound blending consonant vowel consonant words beginning and ending blends silent e rule three letter clusters cursive handwriting 115 activity sheets and 6 stories [A Guide for Using The Cricket in Times Square in the Classroom](#) Susan Onion,1993 Includes sample lesson plans pre and post reading activities a biographical sketch of the author book summary vocabulary list and suggested vocabulary activities book report ideas research ideas a culminating activity options for unit tests bibliography and answer key [A Guide for Using A Wrinkle in Time in the Classroom, Based on the Book Written by Madeleine L'Engle](#) John Carratello,Patty Carratello,1991-09 Teaching literature unit based on the popular children s story A wrinkle in time [Voyage](#) Amanda Rainger,Paul Rogers,2003-06 With the objectives of the KS3 Framework this title is a four stage multimedia French course designed to meet the requirements of the National Curriculum and the demands of the GCSE examination for a wide ability range of students It is also suitable for students studying other UK curricula **The ADHD Toolkit** Linda Wheeler,2010-03-22 Are you struggling with students who have ADHD Attention Deficit Hyperactivity Disorder There is likely to be at least one student in any mainstream class with ADHD an evolving concept that affects pupils learning concentration behaviour and social relationships In order to offer effective support and maximize the learning potential of all students in your classroom you will need to understand the different needs of all children but perhaps especially those with ADHD With sections covering the background to ADHD the school setting and the wider context of home life this complete resource ensures excellent practice for working with students with ADHD It provides examples of successful tried and tested strategies activities to use with children checklists information on referral pathways advice on working with parents case studies to facilitate discussion A substantial bank of electronic resource materials is available from the SAGE website to use with the book including PowerPoint presentations and a range of photocopiable sheets Packed with the most up to date information and rooted in real life examples from the author s own experiences and research this is the complete resource you need to help you work successfully with students who have ADHD Every class teacher SENCO and teaching assistant in a primary or secondary school will find this an invaluable and supportive guide Linda Wheeler is an independent education consultant and researcher having been for many years a teacher in both mainstream and special schools She is currently a part time Lecturer at the University of Worcester [The American Journey](#) Joyce Oldham Appleby,Alan Brinkley,James M. McPherson,2003 [A Guide for Using Where the Red Fern Grows in the Classroom](#) John Carratello,Patty Carratello,1991-09 Pages perforated for removal and reproduction [A Guide for Using Crash in the Classroom](#) Teacher Created Resources,2004-06-28 Each book in this series is a guide for using a well known piece of literature in the classroom Included are sample plans author information vocabulary building ideas and cross curricular activities At the Intermediate and Challenging levels sectional activities and quizzes unit tests and ideas for culminating and extending the novel are also included [New Horizons in Learning English Iv Tm \(decs\)](#) , **The Giver: An Instructional Guide for Literature** Kristin Kemp,2014-05-01 Young readers will be captivated as they discover the dark secrets of a

supposedly utopian society in this classic Newbery Award winning novel *The Giver* An Instructional Guide for Literature provides challenging activities and lessons that work in conjunction with the text to teach students how to analyze and comprehend story elements Students can practice close reading improve text based vocabulary and determine meaning through text dependent questions This guide is the perfect resource to add rigor to your students exploration of rich complex literature

A Guide for Using *The Sign of the Beaver* in the Classroom John Carratello, Patty Carratello, Patty CARRATELLO, 1991-09 This literature unit is used with *The Sign of the Beaver* by Elizabeth George Speare Included are sample lesson plans biographical sketch of the author book summary book report ideas and more

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Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph.

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Discover the Magic : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting.

These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered.

The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts.

The Secret History is a exceptional and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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web jan 11 2023 it s also common for athletes to want to gain weight as muscle it is best to see your health care provider if you lost weight unexpectedly your provider or a dietitian can help you gain weight in a healthy way together you can create a plan based on your needs in general your plan may include eating more frequently

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web apr 19 2022 generally speaking carbohydrate intake ranges from 5 7 g kg of body weight day for general training needs and 7 10 g kg of body weight day for the increased needs of endurance athletes interestingly studies have found that many athletes fail to consume enough carbohydrates to fully replenish muscle glycogen stores

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smashed baked potato bowl from liz shaw ms rd of simple swaps jackfruit black bean quinoa tacos from sharon palmer rd the

plant powered dietitian pesto pasta salad from rebecca clyde rd of nourish nutrition co

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web nov 7 2022 experts recommend increasing calories 10 20 above the calories you need to for the target weight gain 1 6 to 2 2 grams of protein per kilogram of weight should be consumed throughout the day with 0 4 to 0 55 grams per kilogram of weight per meal depending on your desired weight you would need to consume 3 to 6 meals per day

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web mar 25 2019 weight gain meal plan 7 30 or 8 a m 3 4 eggs 2 slices of whole wheat toast with nut butter bowl of fruit glass of milk 11 a m grilled chicken breast or thigh broccoli a cup or more of brown rice with olive oil and nuts 3 p m

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web although the goal is to gain maintain weight with a high calorie meal plan try to eat quality nutrients the majority of the time and limit foods such as fried food processed foods sugary packaged pastries alcohol etc examples of low calorie foods to limit include the following thin bread tortillas wraps

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web feb 23 2021 but what about the trend for athletes to eat high fat low carb diets evidence suggests these diets don t boost athletic performance and actually hinder it at higher intensities during a workout carbohydrates fuel your brain and muscles

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web healthy weight gain strategies if you are wondering how to gain weight the healthy way and gain lean mass it is necessary to consume more calories than you expend while participating in an appropriate exercise program increasing your portions and intake of high calorie foods can be an appropriate strategy for weight gain

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web apr 4 2023 1 focus on healthy balanced meals for healthy weight gain a balanced healthy meal plan is essential for helping underweight athletes gain weight make sure to include a variety of all the food groups so that nutrients are present consistently throughout the day include the following protein foods eggs lean meats fish beans etc

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