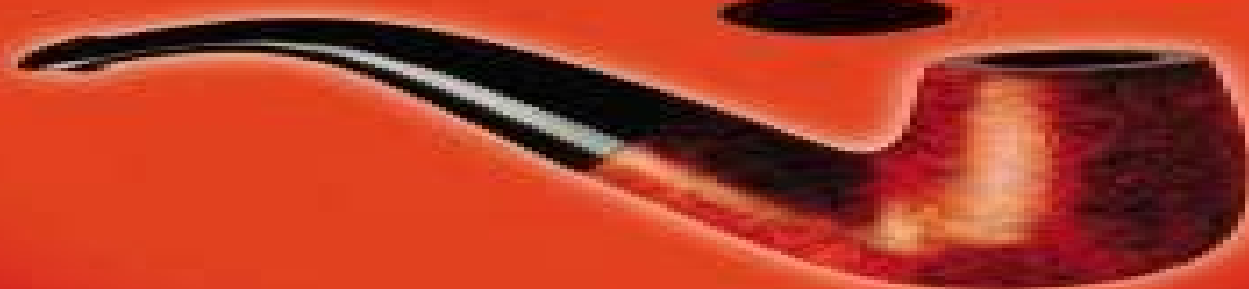


MARIA KONNIKOVA

MASTER- MIND

HOW TO THINK LIKE
SHERLOCK HOLMES



Mastermind How To Think Like Sherlock Holmes By Maria Konnikova

SA Adler



Mastermind How To Think Like Sherlock Holmes By Maria Konnikova:

Mastermind Maria Konnikova, 2013-01-03 The New York Times bestselling guide to thinking like literature's greatest detective Steven Pinker meets Sir Arthur Conan Doyle Boston Globe by the author of *The Confidence Game* No fictional character is more renowned for his powers of thought and observation than Sherlock Holmes But is his extraordinary intellect merely a gift of fiction or can we learn to cultivate these abilities ourselves to improve our lives at work and at home We can says psychologist and journalist Maria Konnikova and in *Mastermind* she shows us how Beginning with the brain attic Holmes's metaphor for how we store information and organize knowledge Konnikova unpacks the mental strategies that lead to clearer thinking and deeper insights Drawing on twenty-first century neuroscience and psychology *Mastermind* explores Holmes's unique methods of ever-present mindfulness astute observation and logical deduction In doing so it shows how each of us with some self-awareness and a little practice can employ these same methods to sharpen our perceptions solve difficult problems and enhance our creative powers For Holmes aficionados and casual readers alike Konnikova reveals how the world's most keen-eyed detective can serve as an unparalleled guide to upgrading the mind

The Confidence Game

Maria Konnikova, 2017-01-10 It's a startling and disconcerting read that should make you think twice every time a friend of a friend offers you the opportunity of a lifetime Erik Larson 1 New York Times bestselling author of *Dead Wake* and bestselling author of *Devil in the White City* Think you can't get conned Think again The New York Times bestselling author of *Mastermind* How to Think Like Sherlock Holmes explains how to spot the con before they spot you An excellent study of con Artists stories the human need to believe Neil Gaiman via Twitter A compelling investigation into the minds motives and methods of con artists and the people who fall for their cons over and over again While cheats and swindlers may be a dime a dozen true conmen the Bernie Madoffs the Jim Bakkers the Lance Armstrongs are elegant outsized personalities artists of persuasion and exploiters of trust How do they do it Why are they successful And what keeps us falling for it over and over again These are the questions that journalist and psychologist Maria Konnikova tackles in her mesmerizing new book From multimillion-dollar Ponzi schemes to small-time frauds Konnikova pulls together a selection of fascinating stories to demonstrate what all cons share in common drawing on scientific dramatic and psychological perspectives Insightful and gripping the book brings readers into the world of the con examining the relationship between artist and victim The *Confidence Game* asks not only why we believe con artists but also examines the very act of believing and how our sense of truth can be manipulated by those around us

Being a Dog Alexandra Horowitz, 2017-10-17 To a dog there is no such thing as fresh air In *Being a Dog* Alexandra Horowitz a leading researcher in dog cognition unpacks the mystery of a dog's nose view in order to more fully understand our irrepressibly charming canine companions She follows the dog's nose exploring not only its abilities but the incredible ways it is being put to use Adapted from dust jacket

Thinking in Bets

Annie Duke, 2019-05-07 NATIONAL BESTSELLER Poker champion turned business consultant Annie Duke teaches you how

to get comfortable with uncertainty and make better decisions as a result in the ultimate guide to thinking about risk Charles Duhigg author of *The Power of Habit* A big favorite among investors these days *The New York Times* Outstanding Jason Zweig *The Wall Street Journal* In Super Bowl XLIX Seahawks coach Pete Carroll made one of the most controversial calls in football history With 26 seconds remaining and trailing by four at the Patriots one yard line he called for a pass instead of a hand off to his star running back The pass was intercepted and the Seahawks lost Critics called it the dumbest play in history But was the call really that bad Or did Carroll actually make a great move that was ruined by bad luck Even the best decision doesn't yield the best outcome every time There's always an element of luck that you can't control and there is always information that is hidden from view So the key to long term success and avoiding worrying yourself to death is to think in bets How sure am I What are the possible ways things could turn out What decision has the highest odds of success Did I land in the unlucky 10% on the strategy that works 90% of the time Or is my success attributable to dumb luck rather than great decision making Annie Duke a former World Series of Poker champion turned business consultant draws on examples from business sports politics and of course poker to share tools anyone can use to embrace uncertainty and make better decisions For most people it's difficult to say I'm not sure in a world that values and even rewards the appearance of certainty But professional poker players are comfortable with the fact that great decisions don't always lead to great outcomes and bad decisions don't always lead to bad outcomes By shifting your thinking from a need for certainty to a goal of accurately assessing what you know and what you don't you'll be less vulnerable to reactive emotions knee jerk biases and destructive habits in your decision making You'll become more confident calm compassionate and successful in the long run

Off the Corporate Bus and Into the Creativity Boat Ashoo Khosla, 2018-01-09 Be Curious Be Innovative Be Different Too often being innovative and original is considered the forte of a select few But all of us are born creative We are born curious It is the fear of doing something different and failing at it that limits our potential Aditi Singh is a top notch product manager Many covet her job but she wants nothing more than to quit When she finally takes a much needed vacation from her seemingly perfect corporate life she meets Dr Shiv Prakash an odd little man who is a master storyteller Through his unusual imaginings he challenges Aditi to find her true passion As they spend more time together Aditi uncannily begins to relate to the characters of his stories Questions are raised and challenges are set This time Aditi has to decide what she really wants Running away is no more an option It's time to write her own story Through its charming characters *Off the Corporate Bus and Into the Creativity Boat* offers a glimpse of what you can truly be It invites you to pursue your passion and strive for true happiness all while being unique Ashoo Khosla is an alumnus of Indian School of Business Hyderabad and a gold medalist from Indira Gandhi Medical College Shimla She is an entrepreneur and lives currently in Abu Dhabi with her husband and two daughters She also teaches a course on creativity at Shoolini University India Her insights on creativity not only come from her experience in medicine and management but also from the training in Hindustani music that she has been receiving

for the last few years **How Sherlock Pulled the Trick** Brian McCuskey,2021-06-01 A masterful combination of literary study and author biography How Sherlock Pulled the Trick guides us through the parallel careers of two inseparable men Sherlock Holmes and his creator Sir Arthur Conan Doyle Reconsidering Holmes in light of Doyle s well known belief in Victorian spiritualism Brian McCuskey argues that the so called scientific detective follows the same circular logic along the same trail of questionable evidence that led Doyle to the s ance room Holmes s first case A Study in Scarlet was published in 1887 when natural scientists and religious apologists were hotly debating their differences in the London press In this environment Doyle became convinced that spiritualism as a universal faith based on material evidence resolved the conflict between science and religion The character of Holmes with his infallible logic was Doyle s good faith solution to the cultural conflicts of his day Yet this solution has evolved into a new problem Sherlock Holmes now authorizes the pseudoscience that corrupts our public sphere defying logic revising history and promoting conspiracy theories As this book demonstrates wearing a deerstalker does not make you a mastermind more likely it marks you as a crackpot Fascinating and highly readable How Sherlock Pulled the Trick returns the iconic Holmes to his mystical origins **Experiencing Stanislavsky Today** Stephanie Daventry French,Philip G. Bennett,2016-02-11 This pioneering introduction to Stanislavsky s methods and modes of actor training covers all of the essential elements of his System Recreating truthful behaviour in the artificial environment awareness and observation psychophysical work given circumstances visualization and imagination and active analysis are all introduced and explored Each section of the book is accompanied by individual and group exercises forming a full course of study in the foundations of modern acting A glossary explains the key terms and concepts that are central to Stanislavsky s thinking at a glance The book s companion website is full of downloadable worksheets and resources for teachers and students Experiencing Stanislavsky Today is enhanced by contemporary findings in psychology neuroscience anatomy and physiology that illuminate the human processes important to actors such as voice and speech creativity mind body connection the process and the production of emotions on cue It is the definitive first step for anyone encountering Stanislavsky s work from acting students exploring his methods for the first time to directors looking for effective rehearsal tools and teachers mapping out degree classes **The Biological Mind** Alan Jasanoff,2018-03-13 A pioneering neuroscientist argues that we are more than our brains To many the brain is the seat of personal identity and autonomy But the way we talk about the brain is often rooted more in mystical conceptions of the soul than in scientific fact This blinds us to the physical realities of mental function We ignore bodily influences on our psychology from chemicals in the blood to bacteria in the gut and overlook the ways that the environment affects our behavior via factors varying from subconscious sights and sounds to the weather As a result we alternately overestimate our capacity for free will or equate brains to inorganic machines like computers But a brain is neither a soul nor an electrical network it is a bodily organ and it cannot be separated from its surroundings Our selves aren t just inside our heads they re spread throughout our bodies and beyond

Only once we come to terms with this can we grasp the true nature of our humanity

Rethinking Communication in Social Business Craig E. Mattson, 2018-08-31 Social entrepreneurship increasingly assumes a position of strength in the dynamic milieu of late modern democratic societies A plethora of companies have now arisen everything from mighty social enterprises like Warby Parker and TOMS to tiny outfits like Clean Slate and Bright Endeavors whose business focused approach to social problems is not merely additive but integral to their missions These companies respond not only to a felt proliferation of humanitarian and environmental predicaments but also to enormous shifts in public feelings and technological sensibilities These predicaments make social entrepreneurs urgently needed and remarkably complicated But if social entrepreneurs deal with that complexity with a business as usual approach to making the world better imitating for example corporate social responsibility initiatives by transnational companies they will lose their vital distinctiveness and efficacy Drawing on a transdisciplinary perspective close rhetorical analysis and qualitative interviews with social entrepreneurs this book argues that one good way to keep social business disruptive is to rethink how organizations model their communication Instead of assuming a conventional theory of communication neatly organized around the relations of senders and receivers social entrepreneurship should enact a performative model of communication in which messaging and action are affectively woven This book offers suggestions for making this performative model sustainably disruptive in relation to questions that pester social entrepreneurs how to tell the company story how to raise awareness how to address complex audiences and how to solve problems

Evolving Dharma Jay Michaelson, 2013-10-15 A no nonsense guide to the evolution of meditation mindfulness and enlightenment in modern day society from their religious origins in the East to their more secular incarnations in the West Evolving Dharma is the definitive guide to the meditation revolution Fearless unorthodox and irreverent scholar and activist Jay Michaelson shows how meditation and mindfulness have moved from ashrams and self help groups to classrooms and hospitals and offers unusually straight talk about the Big E enlightenment Michaelson introduces us to maverick brain hackers postmodern Buddhist monks and cutting edge neuroscientists and shares his own stories of months long silent retreats powerful mystical experiences and many pitfalls along the way Evolving Dharma is a must read for the next generation meditator the spiritually cynical and the curious adventurer in all of us

A Mind for Business Andy Gibson, 2015-02-19 Using the most effective insights from psychology and neuroscience you can be more effective more resourceful and develop the sharpest of business brains The full text downloaded to your computer With eBooks you can search for key concepts words and phrases make highlights and notes as you study share your notes with friends eBooks are downloaded to your computer and accessible either offline through the Bookshelf available as a free download available online and also via the iPad and Android apps Upon purchase you ll gain instant access to this eBook Time limit The eBooks products do not have an expiry date You will continue to access your digital ebook products whilst you have your Bookshelf installed

Genius on Television Ashley Lynn Carlson, 2015-07-11

Whether it's Sherlock Holmes solving crimes or Sheldon and Leonard geeking out over sci-fi geniuses are central figures on many of television's most popular series. They are often enigmatic, displaying superhuman intellect while struggling with mundane aspects of daily life. This collection of new essays explores why TV geniuses fascinate us and how they shape our perceptions of what it means to be highly intelligent. Examining series like *Criminal Minds*, *The Big Bang Theory*, *Bones*, *Elementary*, *Fringe*, *House*, *The Mentalist*, *Monk*, *Sherlock*, *Leverage*, and others, scholars from a variety of disciplines discuss how television both reflects and informs our cultural understanding of genius.

Curious Ian Leslie, 2014-08-26 A fun yet provocative look at the importance of staying curious in an increasingly indifferent world. Everyone is born curious. But only some retain the habits of exploring, learning, and discovering as they grow older. Those who do so tend to be smarter, more creative, and more successful. But at the very moment when the rewards of curiosity have never been higher, it is misunderstood and undervalued and increasingly monopolized by the cognitive elite. A curiosity divide is opening up. In *Curious*, Ian Leslie makes a passionate case for the cultivation of our desire to know. Drawing on fascinating research from psychology, economics, education, and business, Leslie looks at what feeds curiosity and what starves it and finds surprising answers. Curiosity is a mental muscle that atrophies without regular exercise and a habit that parents, schools, and workplaces need to nurture. Filled with inspiring stories, case studies, and practical advice, *Curious* will change the way you think about your own mental life and that of those around you.

The Philosopher's Toolkit Peter S. Fosl, Julian Baggini, 2020-04-14 A new edition of the bestselling guide to the study of philosophy, the ideal intellectual toolkit for sharpening analytical skills and building philosophical acuity. Whether used as a guide to basic principles or a resource for key concepts and methods, *The Philosopher's Toolkit* equips readers with all the intellectual tools necessary for engaging closely with philosophical argument and developing fluency in the methods and language of philosophical inquiry. Featuring accessible explanations, practical examples, and expert guidance, this text empowers readers to understand traditional philosophical thinking and to engage with new ideas. Focuses on the practical methods and concepts necessary for philosophical inquiry. Presents a versatile resource for both novice and advanced students in areas of philosophy, critical theory, and rhetoric. Adopts a pluralistic approach to teaching philosophy, making this a suitable resource for many courses. Delivers extensive cross-referenced entries, recommended readings, and updated online resources. Covers an array of topics from basic tools of argumentation to sophisticated philosophical principles. Fully revised and updated to include new topics and entries, as well as expanded recommended reading lists to encourage further study.

Great Myths of the Brain Christian Jarrett, 2014-09-02 *Great Myths of the Brain* introduces readers to the field of neuroscience by examining popular myths about the human brain. Explores commonly held myths of the brain through the lens of scientific research, backing up claims with studies and other evidence from the literature. Looks at enduring myths such as "Do we only use 10% of our brain?" "Pregnant women lose their mind." "Right-brained people are more creative," and many more. Delves into myths relating to

specific brain disorders including epilepsy autism dementia and others Written engagingly and accessibly for students and lay readers alike providing a unique introduction to the study of the brain Teaches readers how to spot neuro hype and neuro nonsense claims in the media

The Mind Manual Andy Gibson,2017-12-28 From the people who brought you the Mindapples 5 a day for your mind campaign The Mind Manual is an accessible guide to what s going on in your head From understanding how your own mind works to making sense of the behaviour of others this is a practical guide to managing your mind and using it to get the life you want The book uses proven insights from neuroscience and psychology filtered through the wisdom and experience of thousands of people in Mindapples global community to give you a crash course in understanding your own mind It will improve your well being your ability to cope with stress and your understanding of yourself and others and give you the tools you need to be your best self with chapters including How to Be Yourself How to Keep Calm How to Be Happy How to Have a Healthy Mind How to Be Wise How to Be Productive How to Be Resilient How to Be Kind How to Fall in Love

The Art of Belonging Hugh Mackay,2014-10-01 The eternal question Who am I must be weighed against an even deeper question Who are we We are writing each other s stories as much as we are writing our own In his bestselling book The Good Life Hugh Mackay argued that kindness and respect for others are the hallmarks of a life well lived Now in The Art of Belonging Mackay shows how strong communities develop our moral sense and build our emotional security He says that as social creatures we can only reach our potential when we engage with our communities in the local neighbourhood at work and even online Drawing on his lifelong work as a social researcher Mackay creates a fictional suburb Southwood and populates it with characters who like most of us struggle to reconcile their need to belong with their desire to live life on their own terms Through a series of stories illuminated by Mackay s social analysis we witness the conflicts that arise when individuals assert their needs at the expense of others but we also glimpse the satisfactions that flow from contributing to the common good Written with wisdom compassion and wit The Art of Belonging is for those who yearn for a society that sustains and nurtures the many not just the fortunate few

Narrative in Culture Astrid Erll,Roy Sommer,2019-07-08 The collection showcases new research in the field of cultural and historical narratology Starting from the premise of the semantisation of narrative forms A N nning it explores the cultural situatedness and historical transformations of narrative with contributors developing new perspectives on key concepts of cultural and historical narratology such as unreliable narration and multiperspectivity The volume introduces original approaches to the study of narrative in culture highlighting its pivotal role for attention memory and resilience studies and for the imagination of crises the Anthropocene and the Post Apocalypse Addressing both fictional and non fictional narratives individual essays analyze the narrative making and unmaking of Europe Brexit and the Postcolonial Finally the collection features new research on narrative in media culture looking at the narrative logic of graphic novels picture books and newsmedia

The Village Effect Susan Pinker,2014-08-26 In her surprising entertaining and persuasive new book award winning author and

psychologist Susan Pinker shows how face to face contact is crucial for learning happiness resilience and longevity From birth to death human beings are hardwired to connect to other human beings Face to face contact matters tight bonds of friendship and love heal us help children learn extend our lives and make us happy Looser in person bonds matter too combining with our close relationships to form a personal village around us one that exerts unique effects Not just any social networks will do we need the real in the flesh encounters that tie human families groups of friends and communities together Marrying the findings of the new field of social neuroscience with gripping human stories Susan Pinker explores the impact of face to face contact from cradle to grave from city to Sardinian mountain village from classroom to workplace from love to marriage to divorce Her results are enlightening and enlivening and they challenge many of our assumptions Most of us have left the literal village behind and don t want to give up our new technologies to go back there But as Pinker writes so compellingly we need close social bonds and uninterrupted face time with our friends and families in order to thrive even to survive Creating our own village effect makes us happier It can also save our lives Praise for *The Village Effect* The benefits of the digital age have been oversold Or to put it another way there is plenty of life left in face to face human interaction That is the message emerging from this entertaining book by Susan Pinker a Canadian psychologist Citing a wealth of research and reinforced with her own arguments Pinker suggests we should make an effort at work and in our private lives to promote greater levels of personal intimacy Financial Times Drawing on scores of psychological and sociological studies Pinker suggests that living as our ancestors did steeped in face to face contact and physical proximity is the key to health while loneliness is less an exalted existential state than a public health risk That her point is fairly obvious doesn t diminish its importance smart readers will take the book out to a park to enjoy in the company of others The Boston Globe A hopeful warm guide to living more intimately in an disconnected era Publishers Weekly A terrific book Pinker makes a hardheaded case for a softhearted virtue Read this book Then talk about it in person with a friend Daniel H Pink New York Times bestselling author of *Drive* and *To Sell Is Human* What do Sardinian men Trader Joe s employees and nuns have in common Real social networks though not the kind you ll find on Facebook or Twitter Susan Pinker s delightful book shows why face to face interaction at home school and work makes us healthier smarter and more successful Charles Duhigg New York Times bestselling author of *The Power of Habit* Why We Do What We Do in Life and Business Provocative and engaging Pinker is a great storyteller and a thoughtful scholar This is an important book one that will shape how we think about the increasingly virtual world we all live in Paul Bloom author of *Just Babies* The Origins of Good and Evil From the Hardcover edition

Misrecognitions Ben Parker, 2024-03-15 *Misrecognitions* mounts a vigorous defense of the labyrinthine plotting of Victorian novels notorious for their implausible concluding revelations and coincidences Critics have long decried Victorian recognition scenes the reunions and retroactive discoveries of identity that too conveniently bring the story to a close as regrettable contrivances Ben Parker counters this view by showing how these recognition scenes offer a critique of the social

and economic misrecognitions at work in nineteenth century capitalism Through a meticulous analysis of novels by Charles Dickens Anthony Trollope and Henry James as well as Arthur Conan Doyle s Sherlock Holmes stories *Misrecognitions* tracks how the Victorian novel translates the financialized abstractions of capital into dramas of buried secrets and disguised relations Drawing on Karl Marx s account of commodity fetishism and reification Parker contends that by configuring capital as an enigma to be unveiled Victorian recognition scenes dramatize the inversions of agency and temporality that are repressed in capitalist production In plotting capital as an agent of opacity and misdirection Victorian novels and their characteristic dialectic of illusion and illumination reveal the plot hole in capitalism itself

Decoding **Mastermind How To Think Like Sherlock Holmes By Maria Konnikova**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its ability to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Mastermind How To Think Like Sherlock Holmes By Maria Konnikova**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers set about an enlightening odyssey, unraveling the intricate significance of language and its enduring impact on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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