

# Head To Toe Assessment



05 Different color

## Head To Toe Assessment

Name: \_\_\_\_\_ Admit Date: \_\_\_\_\_ Time: \_\_\_\_\_  
Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Room: \_\_\_\_\_  
Assessment Conducted By: \_\_\_\_\_

### LEVEL OF CONSCIOUSNESS

- ☐ Alert, awake and responsive.
- ☐ Somnolent/sleepy.
- ☐ Lethargic: very drowsy, falls asleep in between care.
- ☐ Confused: note that confusion can occur anywhere along the spectrum and is not always present prior to the patient becoming comatose, lethargic, etc.
- ☐ Stunned/difficult to arouse.

### ORIENTATION

- ☐ Do you know where you are?
  - ☐ Do you know what month it is?
  - ☐ Who is the current U.S. president?
  - ☐ What are you doing here?
- A&O x4 = Oriented to Person, Place, Time and Situation.

### RESPONSIVENESS

- ☐ Calm
- ☐ Cooperative
- ☐ Anxious

### UPPER EXTREMITIES

- ☐ Shoulder Thrug: Strong / Weak / Unable
- ☐ Grip strength: \_\_\_\_\_
- ☐ Range of motion: \_\_\_\_\_
- ☐ Capillary refill: \_\_\_\_\_
- ☐ Radial pulse: \_\_\_\_\_

### HAIR

- ☐ Evenly distributed
- ☐ Unevenly distributed
- ☐ Neatly Groomed
- ☐ Dirty
- ☐ Clean
- ☐ Thick/ Full volume
- ☐ Sparse / hair loss
- ☐ Others: \_\_\_\_\_

### HAIR

- ☐ No ☐ Yes
- ☐ Location: \_\_\_\_\_
- ☐ Intensity: \_\_\_\_\_ /10
- ☐ Quality: \_\_\_\_\_
- ☐ Aggravating Factors: \_\_\_\_\_
- ☐ Alleviating Factors: \_\_\_\_\_
- ☐ Duration/frequency: \_\_\_\_\_

### LEG

- ☐ Skin (even, flat, dry)
- ☐ Auscultate (4 quadrants)
- ☐ Ask about BM & Urine
- ☐ Palpate

## Head To Toe Assessment

### LUNGS

- ☐ Unilateral
- ☐ Regular
- ☐ Rales
- ☐ Rhonchi
- ☐ Wheezing
- ☐ Coarse
- ☐ Crackles
- ☐ Shortness of breath
- ☐ At rest ☐ With exertion

### HEART

- ☐ IRR
- ☐ Edema
- ☐ JVD
- ☐ Abnormal ECG
- ☐ Pulse Assessment
- ☐ Chest Pain
- ☐ Abnormal Heart Sounds

### HEAD AND FACE

- ☐ Inspect for size, shape, and contour
- ☐ Inspect for color
- ☐ Skull is generally round with no anterior or posterior prominences.
- ☐ Facial features are less pronounced facial features.
- ☐ Facial features which may alter facial features: Bell's palsy, Down syndrome, Marfan's disease, Myxedema, Cushing's disease, Cushing's syndrome

### GENERAL AND HEALTH

- ☐ History
- ☐ Presenting complaint
- ☐ Chief complaint
- ☐ Sensation = Mood
- ☐ Appetite/Weight
- ☐ Hydration/Dehydration Level
- ☐ Level of consciousness

### LOWER EXTREMITIES

- ☐ Inspect
- ☐ Inspect plantar and inner ear

### NOSE

- ☐ Assess Patency
- ☐ Ensure Sense of Smell
- ☐ Inspect septum + turbinates

### MOUTH

- ☐ Inspect lips / Mucosa
- ☐ Assess Teeth + Gums
- ☐ Check Hard + Soft Palate

### THROAT

- ☐ Inspect uvula
- ☐ Test CN XI move tongue side to side
- ☐ Test CN XI "say ahah"

### EYES

- ☐ PERRLA - pupils, equal, round, reactive
- ☐ Check for tracking
- ☐ Pupillary response with pain

### NECK

- ☐ Ask about any pain / tenderness
- ☐ Palpate throat
- ☐ ROM - "no" "yes" motion

### ABDOMEN

- ☐ Observe (even, flat distended)
- ☐ Auscultate (4 quadrants)
- ☐ Ask about BM & Urinary
- ☐ Complaints, Nausea, Vomiting

### VITAL SIGNS

- ☐ Temperature: \_\_\_\_\_
- ☐ Pulse: \_\_\_\_\_
- ☐ Respirations: \_\_\_\_\_
- ☐ Blood Pressure: \_\_\_\_\_



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# Head To Toes Assessment Guide

**M Lipman**

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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important part of preparation for your appointment with your urologist it will provide your urologist with information that may relate to your symptoms the chart will also help your urologist make a diagnosis and provide treatment

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web fluid intake is routinely documented with meal intake some clients with certain health conditions also have their output measured and documented every shift intake and output are then calculated over a 24 hour period and monitored by the nurse

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they recommend to put b axle soft axle so in two opposite conditions they say to install soft axle

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web base high grip low grip rain carreggiata tot anteriore front wheel track 122 122 123 122 125 126 mozzo anteriore front hub standard standard standard lungo long altezza telaio anteriore front

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web most setup changes will be in the front to remove rear grip stiffen the front of the kart with a stiffer bar to add rear grip soften the front of the kart with a softer bar typically you will set the rear width between 50 51 smaller drivers will be around 50 larger or heavier drivers will be around 51

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