

## Exam 4 Mental Health Study Guide

### Heavy on eating disorders!!!

#### Chapter 11 – Childhood and Neurodevelopment Disorders

- General interventions with children
  - Least restrictive interventions **FIRST** – apply with all patients but especially with children.
  - #1 **Play therapy**: processing trauma or negative emotions/events through this.
    - This is how children process adverse events.
  - **Behavioral management strategies**:
    - Used if patient is having any disruptive behaviors in the milieu.
  - **Family therapy**:
    - Very important with children.
    - When caring for a child, we aren't just caring for that child, we care about the whole family dynamics and interactions.
  - **Early intervention programs**:
    - Designed to identify any type of neurodevelopmental disorder as early as possible (ideally in the first 3 years of life).
    - Programs are highly correlated with better patient outcomes.
  - Last resort – **Seclusion and restraints**.
- **Autism Spectrum Disorder (ASD)**:
  - Clinical Picture:
    - Impairment in **social** and **language** ability
    - Appears within the first **3 years** of life.
    - Difficulty with **interpersonal (peer) relationships** and **bonding** d/t having a hard time making a connection with other people.
    - **Repetitive speech**.
    - **Obsessive focus** on certain objects
    - **Over adherence to routines or rituals** – if this is disrupted, it can cause emotional distress.
    - **Hyperreactivity** or **hypo-reactivity** to sensory input
    - Resistance to **change**.
  - Treatment
    - **Autism-associated agitation**: 2<sup>nd</sup> gen antipsychotics (**risperidone/Risperdal** or **aripiprazole/Abilify**). Temper tantrums, aggression, compulsive behavior. S.E: NMS, EPS, TD, weight gain, OHOTN, Teach: slow to move, call HCP: uncontrolled mm movement.
    - **Off label**: SSRIs improve mood, reduce anxiety giving tolerance for new situations and social interactions.

#### **SSRI**: Serotonin reuptake inhibitors

Fluoxetine:	
	• Prozac
	• Sarafem
Sertraline:	
	• Zoloft
Paroxetine:	
	• Paxil
	• Pexeva
	• Brisdelle
Fluvoxamine:	
	• Luvox
	• Faverin
Escitalopram:	
	• Lexapro

• **SE**: Headache, insomnia, drowsiness, suicidal ideations.

**Teach**: Report suicidal ideations immediately. No alcohol, do not abruptly stop. Do not

# Health Answers Study Guide

**Janice L. Hinkle, Kerry H. Cheever**



## **Health Answers Study Guide:**

Healthcare Compliance Officer Study Guide Ochola Sabrina McKnight, **Study Guide for Adult Health Nursing - E-Book** Kim Cooper, Kelly Gosnell, 2015-04-23 Get more out of your textbook with this helpful study tool Corresponding to the chapters in Cooper and Gosnell's Adult Health Nursing 7th Edition this study guide helps you learn understand and apply the fundamentals of LPN LVN nursing Hundreds of labeling matching and fill in the blank questions are included each with textbook page references It also includes critical thinking questions based on clinical scenarios and multiple choice and alternate format questions to help you review for the NCLEX PN examination Learning activities help you meet content objectives and include crossword puzzles labeling matching completion identification NCLEX exam style multiple choice review questions and critical thinking questions Page references are included for all activities except for the critical thinking questions to facilitate your review NEW An increased emphasis on NCLEX review prepares you more effectively for the NCLEX PN examination with more NCLEX style alternate format type questions and more critical thinking activities

**Study Guide for The Human Body in Health & Disease - E-Book** Kevin T. Patton, Frank B. Bell, Terry Thompson, Pegg L. Williamson, Eric L. Sun, 2023-03-02 Reinforce your understanding of the concepts in Patton's The Human Body in Health Disease Corresponding to the chapters in the text this study guide reviews essential medical terminology concepts and processes related to anatomy and physiology and explains how body systems function in health and disease Each chapter begins with a quick synopsis of the key points in the textbook chapter A variety of exercises make it easier to review and apply key concepts and labeling of anatomy drawings helps in learning anatomical terms and structures Know your Medical Terms feature helps familiarize you with the various word parts used in medical terminology and pairs nicely with the Language of Medicine word lists in the main text to reinforce medical terminology concepts that are key to understanding A P Brief synopsis of core textbook concepts provides a comprehensive review of essential content Crossword Puzzles and Word Finds help you master new vocabulary terms Application Questions ask you to make judgments based on the information in the chapter Diagrams and labeling exercises help reinforce where the structures of the body are located Matching and fill in the blank exercises aid in understanding chapter content Answers to exercises are provided in the back of the guide along with references to the appropriate textbook page and the textbook objective so that you can easily find where the material is presented Study tips in the Preface provide an overview of the most effective methods for learning and retaining information

**CPHQ Exam Practice Questions and Study Guide 2024-2025** Doris Henley Fort, CPHQ Exam Practice Questions and Study Guide 2024 2025 stands out as the definitive resource for anyone preparing for the Certified Professional in Healthcare Quality CPHQ exam This comprehensive guide combines thorough exam preparation with innovative study techniques to maximize retention and understanding Key features of this guide include Adaptive Learning Technology Access to an online platform that personalizes your study plan based on your progress and performance

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**A Case Manager's Study Guide** Skinner, Stefany H Almaden, 2018-03-20 Preceded by A case manager's study guide Denise Fattorusso Campion Quin 4th ed c2013 Study Guide for Canadian Fundamentals of Nursing - E-Book Patricia A. Potter, Anne G. Perry, Kyla C. Janzen, 2016-08-05 Get the most out of your textbook with this helpful study tool Corresponding to the chapters in Potter and Perry's Canadian Fundamentals of Nursing 5th Edition this study guide helps you understand key nursing concepts with review questions exercises and learning activities Skills performance checklists on an Evolve companion website help you learn and master important nursing procedures Multiple choice review questions include matching short answer multiple choice and true false questions to evaluate your understanding and provide test taking practice Case studies show how key concepts from the text apply to real world clinical scenarios Critical Thinking Model exercises help you apply what you have learned in the case studies Skills performance checklists help you measure your mastery of important nursing procedures Comprehensive Understanding sections help you master the key topics and main ideas in each chapter Perforated pages are easy to tear out and hand in as homework assignments UPDATED skills performance checklists are now available on the Evolve companion website and are both interactive and printable

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**A Case Manager's Study Guide** Denise Fattorusso, Denise Maldonado, Campion Quinn, 2003 A Case Manager's Study Guide Preparing for Certification is the most comprehensive print allows you to simulate the real test by taking timed tests instantly provides the answers allows you to take as many practice exams as you want with questions selected randomly by the software

**NCLEX-RN Study Guide 2024-2025** Rebecca Sarah Grant, Hilda Julian Brock, Emma Jane Johnston, 2024-08-04 NCLEX RN Study Guide 2024 2025 1750 Practice Test Questions with Detailed Answer

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