

Goal Setting Part 3: Set Some Goals!

When I'm older, I really want to be a:

Doctor

This is a long-term goal because it is far far into the future.

Why do I want to achieve this goal? Why is it important to me?	Why do I want to achieve this goal? because I want to help other people and it is kind this job is important to me because I want to be a successful person
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If I want to achieve this long-term goal, I have to achieve smaller short-term goals that come first.

Learn about bones and all about medicine	Go to college	not to get easily distracted
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To achieve these goals, I need to make a plan. These are the steps I need to take for each goal.

1. Watch TV about bones 2. Ask people that know about all about medicine 3. Ask teachers and if possible books and medicine and figure out my bones	1. Improve my grades 2. Study hard about every subject 3. Go to middle school and high school and go to the best college	1. When my brother gets hurt try to help him 2. Watch good doctor shows on T.V. with my mom 3. Try to help people when they get hurt
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Visualize yourself taking these steps (visualize means to imagine a picture of it in your head). Pick 4 of the steps you're going to take and draw them here.

Achieving your goals might be hard. There might be obstacles (things that get in my way), but you won't let them stop you.

Obstacle	How You Can Tackle It
1. My parents not have in enough money to let me go to college	Help them get money
2.	

Goal Setting For First Graders

A Gutmann



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