#lightwebdarkweb

There is a critical need to reform social media, especially for young users. Most people have little sense of InfoTech's dark side—they are at risk for privacy loss and tech addiction. Lightweb Darkweb argues that society can optimize the benefits of the Internet only by acting to reduce its shadow of social, ecological and health hazards. Raffi highlights children's developmental needs as a key consideration in the digital age.

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Lightweb Darkweb is a smart, highly readable and nuanced critique of society's unquestioning embrace of social media. An important book!

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Raffi Cavoukian @Raffi_RC

Millions know him as Raffi—a renowned singer, author, children's champion, ecology advocate and entrepreneur, recipient of three honorary degrees and the Order of Canada.

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Raffi, Raffi Cavoukian

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Lightweb Darkweb Raffi, Raffi Cavoukian, 2013 There is a critical need to reform social media especially for young users Most people have little sense of InfoTech's dark side they are at risk for privacy loss and tech addiction Lightweb Darkweb argues that society can optimize the benefits of the Internet only by acting to reduce its shadow of social ecological and health hazards Raffi highlights children's developmental needs as a key consideration in the digital age Book jacket The Joy of Missing Out Christina Crook, 2014-11-01 After giving up the Internet for a month a writer shares how we can all learn from her experience and rethink our relationship with the digital world. There s no doubt that technology has overrun our lives Over the past few decades the world has embraced progress and we re living with the resultant clicking beeping anxiety inducing frenzy But a creative backlash is gathering steam helping us cope with the avalanche of data that threatens to overwhelm us daily through our computers tablets and smartphones The Joy of Missing Out considers the technologically focused life with its impacts on our children relationships communities health work and more and suggests opportunities for those of us longing to cultivate a richer on and off line existence By examining the connected world through the lens of her own Internet fast author Christina Crook creates a convincing case for increasing intentionality in our day to day lives Using historical data typewritten letters chapter challenges and personal accounts she invites us to explore a new way of living beyond our steady state of distracted connectedness Most of us can t throw away our smartphone or cut ourselves off from the Internet But we can all rethink our relationship with the digital world discovering new ways of introducing balance and discipline to the role of technology in our lives This book is a must read for anyone wishing to rediscover quietness of mind and seeking a sense of peace amidst the cacophony of the modern world Praise for The Joy of Missing Out Crook s book does a marvelous job of examining where we ve gone awry and how we might begin to take ourselves and our lives back while acknowledging the reality and importance of our wired world Dr Susan Biali MD Psychology Today Offers thoughtful consideration of how online communications have evolved as well as the value we place on being ever present in a digital world often to the determinant of personal space and quiet time Through practical examples and directions Crook champions developing healthier habits for a more mindful online experience Lori A May Portland Book Review The Joy of Missing Out Christina Crook, 2015 Stepping back from technology for a people focused future

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