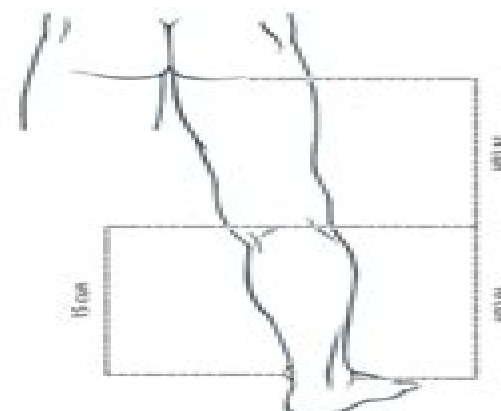


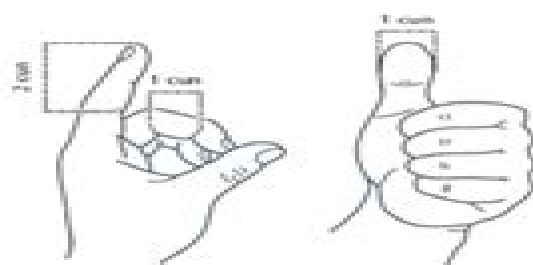
- The distance between the umbilicus and the pubic symphysis is 5 cun.
- The distance between the lateral prominence of the greater trochanter (approximately level with the inferior border of the pubic symphysis) and the popliteal crease is 19 cun.
- The height of the patella is 2 cun.
- The distance between the gluteal fold and the knee is 14 cun.
- The distance between the popliteal crease and the lateral malleolus is 16 cun.
- The distance between the popliteal crease and the medial malleolus is 15 cun.



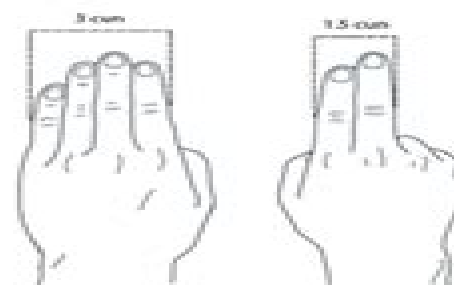
#### QUICK MEASUREMENTS

Generally speaking it is most accurate to locate points by using the above system of measurements. In practice, however, experienced practitioners often use hand

measurements as follows. It is important to remember that it is the dimensions of the subject's hand, rather than the practitioner's, that should be used.



- The distance between the ends of the creases of the middle finger at their widest point is 1 cun.
- The distance between the proximal interphalangeal joint and the tip of the index finger is 2 cun.
- The width of the interphalangeal joint of the thumb is 1 cun.



- The width of the four fingers held close together at the level of the dorsal skin crease of the proximal interphalangeal joint of the middle finger is 3 cun.
- The width of the index and middle fingers held close together at the level of the dorsal skin crease of the proximal interphalangeal joint of the middle finger is 1.5 cun.

# Manual Of Acupuncture

**Stephen B. Shrewsbury**



## **Manual Of Acupuncture:**

**A Manual of Acupuncture** Peter Deadman, Mazin Al-Khafaji, Kevin Baker, 2007 Established as the most complete work on the channels collaterals and points in English A Manual of Acupuncture has become the gold standard text for students and practioners of acupuncture Introductory chapters on the channels and collaterals point categories point selection models point location and needling Illustrations and text descriptions of all primary extraordinary divergent luo connecting and sinew channels The points of the fourteen channels and the extra points with their English name Chinese name and Chinese character the most exacting and accurate anatomical point locations yet published in any English text with practical point location notes to assist in easy location Nearly 500 illustrations with a single dedicated illustration for every point Point actions to aid the understanding and memorization of each point s prinicpal qualities Extensive lists of point indications taken from numerous classical and modern source texts and grouped for ease of reference Substantial commentaries explaining in detail the principal historical and modern applications of the point and drawing on classical and modern texts and the extensive clinical experience of the authors Numerous classical prescriptions showing how the points have been used and combined through nearly two millenia of practice Area illustrations showing the locations of the major points in each region of the body Extensive idexes including an index of every point indication *Pictorial Atlas of Acupuncture* Yu-Lin

Lian, Chun-Yan Chen, Michael G. Hammes, Bernard C. Kolster, Thomas Ots, 2012 The illustrated manual of acupuncture points  
**A Manual of Acupuncture** Peter Deadman, 1998 *Manual of Acupuncture for Small Animals* David Gilchrist, 1981  
Interactive Medical Acupuncture Anatomy Narda G. Robinson, 2016-02-22 This presentation uses anatomically precise computer generated reconstructed images of the human body for three dimensional presentation of acupuncture points and channels The CD component is fully interactive and allows the user to see through tissue layers remove tissue layers and rotate structures so that specific acupuncture points can be v A Work Manual of Acupuncture Lilia Marquinez-Palanca, 1974 A Manual of Acupuncture Multimedia DVD-ROM Peter Deadman, 2008 This multimedia DVD ROM includes the complete contents of A manual of acupuncture published in 1998 in fully linked digital form

**Neurobiological Mechanism of Acupuncture for Pain and Itch** Man Li, Yong Tang, David Baxter, 2022-04-22  
Acupuncture for pain management Zheng-jie Li, Jian Kong, 2023-07-05 **Acupuncture and Moxibustion as an Evidence-Based Therapy for Cancer** William C.S. Cho, 2012-10-13 Required reading for professionals needing a contemporary overview of the wealth of research on acupuncture and moxibustion in cancer care this survey includes opinions from key experts and is the first to examine in depth the latest scientific evidence **Migraine Pain Management** Stephen B. Shrewsbury, 2024-10-24 Migraine Management Current Pharmacological and Non pharmacological Options is a comprehensive guide to established recent and ongoing pharmaceuticals and device development projects The book provides detailed information on the historical developments of migraine pain management druggable targets drugs action

mechanisms drugs for acute treatment and preventive care of patients administration routes and alternative treatments This is the ideal reference for academic researchers interested in anti migraine pharmacology It will also be a perfect reference for physicians and care professionals involved in the well being of migraine patients Offers a comprehensive overview of pharmacological and alternative migraine pain treatment options Covers the historical developments and current targets for drug development and delivery routes Provides insights into comorbidities and their impact in patient compliance to treatment

*The Substance Abuse Handbook* Pedro Ruiz, Eric C. Strain, 2014-03-17 The second edition of The Substance Abuse Handbook follows the general organization of the big book Lowinson and Ruiz s Substance Abuse This title distills content from the larger text into a concise portable guide for healthcare professionals who need to diagnose and treat addictive disorders and related medical conditions

*Departments of Labor, and Health and Human Services, Education, and Related Agencies Appropriations* United States. Congress. Senate. Committee on Appropriations, 2007

*Evidence-Based Chronic Pain Management* Cathy Stannard, Eija Kalso, Jane Ballantyne, 2011-08-26 A genuine evidence based text for optimum pain relief in various chronic conditions Contributes an important advance in the practice of pain management providing the information on which to build more coherent and standardised strategies for relief of patient suffering Answers questions about which are the most effective methods AND those which are not effective yet continue to be used Includes discussion of the positive and the negative evidence and addresses the grey areas where evidence is ambivalent Written by the world s leading experts in evidence based pain management this is a seminal text in the field of pain

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*A Comprehensive Guide to Sports Physiology and Injury Management* Stuart Porter, Johnny Wilson, 2020-11-13 Divided into two parts physiology and sports injury management this is an innovative clinical and evidence based guide which engages with the latest developments in athletic performance both long and short term It also considers lower level exercise combined with the pertinent physiological processes It focuses on the rationale behind diagnostic work up treatment bias and rehabilitation philosophy challenging convention within the literature to what really makes sense when applied to sports settings Drawing upon experts in the field from across the world and various sports settings it implements critical appraisal throughout with an emphasis on providing practical solutions within sports

medicine pedagogy Dovetails foundational sports physiology with clinical skills and procedures to effectively manage sports injuries across a variety of settings Takes an interdisciplinary approach and draws upon both clinical and evidence based practice Contributed by leading international experts including academics researchers and in the field clinicians from a range of sports teams including the Royal Ballet and Chelsea FC Pedagogical features include learning objectives clinical tip boxes summaries case studies and Editor s commentary to critique of concepts and techniques across chapters      *Neural Substrates of Acupuncture: from Peripheral to Central Nervous System Mechanisms* Younbyoung Chae,Vitaly Napadow,Florian Beissner,Yi-Wen Lin,Richard E. Harris,2020-02-20 This eBook is a collection of articles from a Frontiers Research Topic Frontiers Research Topics are very popular trademarks of the Frontiers Journals Series they are collections of at least ten articles all centered on a particular subject With their unique mix of varied contributions from Original Research to Review Articles Frontiers Research Topics unify the most influential researchers the latest key findings and historical advances in a hot research area Find out more on how to host your own Frontiers Research Topic or contribute to one as an author by contacting the Frontiers Editorial Office frontiersin.org about contact      **Power Tools for Health** William Pawluk, MD, MSc,Caitlin Layne,2017-11-21 Power tools revolutionized the building of your family home Now they will revolutionize your health Power Tools for Health will teach you to how to apply PEMFs to your life Including How to treat new or chronic health conditions like pain anxiety insomnia and diabetes How you can avoid annoying or potentially harmful side effects from pharmaceuticals or other treatments What PEMFs do to enhance and accelerate recovery from surgery Research shows PEMFs accelerate the healing of almost any cell tissue organ or condition Unlike much of modern medicine which mostly focuses on symptom management PEMF therapy improves your body s basic functions allowing it to both prevent and treat a wide range of health problems With dozens of easily accessible and effective PEMF systems on the market this is the next major leap forward in improving health to help you live long and live well Power Tools for Health is the most comprehensive objective and authoritative book on PEMF therapy Here you will learn how the technology works including an overview of common terminology what it does in the body from circulation to stem cell stimulation and everything in between what it can do to treat more than 50 specific health problems each with clinical study results FDA approved to treat conditions from bone healing to depression PEMF therapy has been available to the medical community for years though few doctors are familiar with the technology outside of MRI Power Tools for Health fills this gap in knowledge by dissecting hundreds of double blind studies and real life case studies Power Tools for Health has no focus or emphasis on any specific commercial device Instead Dr Pawluk brings his extensive experience to report on many of the leading PEMF systems available today including how to use them effectively what to look for when you consider getting a system for yourself and how to combine PEMF therapy with other health care tools      **Application and Evaluation of Acupuncture in the Treatment of Neurological Diseases** Liming Lu,Nenggui Xu,Myeong Soo Lee,Chunzhi Tang,Yong Tang,Bing

Zhu,2023-06-21 Neurological disorders such as Alzheimer s disease and Parkinson s disease are an important cause of disability and death worldwide and pose a serious burden on the global health system over the past 30 years Acupuncture as the most widely used traditional Chinese medicine therapy in the world has been widely used in 183 countries and regions Acupuncture can treat more than 300 kinds of diseases especially for neurological diseases Due to the unique advantages of acupuncture such as good therapeutic effect and low side effects many researchers have conducted extensive clinical studies on the effectiveness and safety of acupuncture in the treatment of neurological diseases laying a foundation for the practicability and scientific vigor of this complementary and alternative therapeutic approach There are still many problems unanswered in the current clinical research on acupuncture for the treatment of neurological diseases First of all clinical research is lagging behind due to the lack of emphasis on modern advanced methods and analytical techniques e g artificial intelligence omics analysis bioinformatics analysis data mining and multidisciplinary integration process Secondly the quality of reports on most clinical studies of acupuncture treatment for neurological diseases is extremely low Most clinical studies have not adopted standardized methodological evaluations authoritative disease diagnosis standards and efficacy evaluation standards The lack of compliance regulations and strict study design reduces the accuracy and authenticity of the research Thirdly there is a lack of integrated assessment of the distribution of evidence for acupuncture treatment of neurological diseases Therefore strictly designed clinical research and in depth and systematic analysis method are currently needed to provide high quality evidence for acupuncture treatment of neurological diseases In this Research Topic we hope to further understand the role of acupuncture in the treatment of neurological diseases through clinical research and secondary research The range of acupuncture includes manual acupuncture electro acupuncture body needling auricular acupuncture scalp acupuncture laser acupuncture and acupressure etc Neurological diseases include stroke meningitis encephalitis tetanus Alzheimer s disease and other dementias Parkinson s disease epilepsy multiple sclerosis motor neurone disease migraine tense type headaches headaches from drug overuse and others

*Neural Mechanism and Effect of Acupuncture for Central Nervous System Diseases* Guanhu Yang,Cunzhi Liu ,Xiang-Hong Jing,Weixing Pan ,Qinhong Zhang,2024-05-07

Central nervous system CNS diseases such as stroke Parkinson s disease vascular dementia Alzheimer s disease multiple sclerosis bulbar palsy spinal cord injury traumatic brain injury brain tumor cerebral palsy headache migraine epilepsy depression anxiety etc involve complex neural mechanism and seriously affect quality of life and threaten life safety in patients with these disorders Multiple neural techniques such as functional magnetic resonance imaging positron emission tomography electroencephalography etc provide powerful tools for uncovering complex networks of neural mechanism and exploring key potential biomarkers to reveal the underlying neural feature of those disorders

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