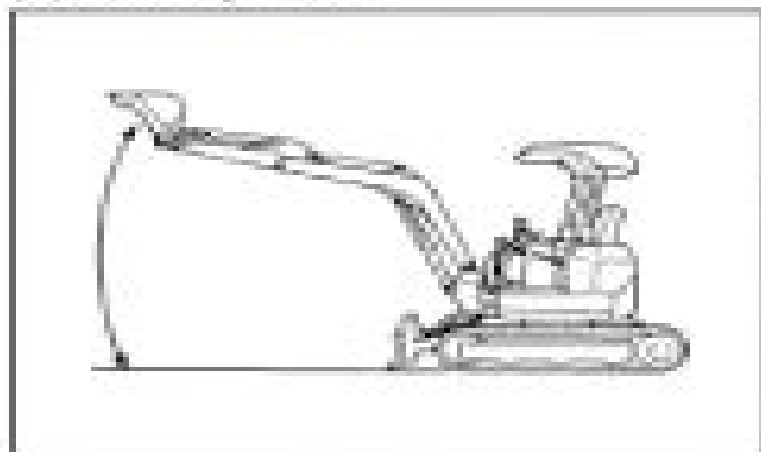


1. Measure the stroke, including the time it takes at the cylinder action.
2. Make several measurement and use average time or judgement.
3. Two different measurements are expected for the forward and backward movements as well as the right and left swivelings.
Obtain their respective measurements. Do not calculate for their average.
4. Before operation, make sure nobody is around the machine.

[Measurement conditions]

1. Engine rpm is max..
2. Hydraulic temperature is $50 \pm 5^{\circ}\text{C}$, $122 \pm 5^{\circ}\text{F}$.
3. Ground is flat.
4. Measure time after several pre-operation.

(2) Boom cylinder



1. Arm and bucket cylinder should be most retracted position.
2. Measure the time from the bucket is on the ground to the boom highest position, and from the boom highest position to the ground.

Note: The cushioning time is not included.

Reference Value	UG5 UG5-3(KTA)	Up	2.1 ~ 2.7sec
		Down	2.7 ~ 3.3sec
	UG5-3 UG5-3(PU)	Up	2.2 ~ 2.8sec
		Down	2.8 ~ 3.4sec

(3) Arm cylinder



1. Position the boom and arm as shown at left.
2. Measure the arm cylinder full stroke operating time.

Reference Value	UG5 UG5-3(KTA)	Crowd	2.8 ~ 3.4sec
		Dump	2.4 ~ 3.0sec
	UG5-3 UG5-3(PU)	Crowd	3.0 ~ 3.6sec
		Dump	2.6 ~ 3.2sec

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web ms und sport sport und bewegung sind gut für körper und seele das gilt auch für menschen mit multiple sklerose wer regelmäßig in bewegung ist bringt sein herz kreislauf system in schwingung reduziert überflüssiges körperfett senkt den cholesterinspiegel und beugt depressionen vor

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symptome wie fatigue spastik schwächen oder auch koordinationsprobleme gelindert werden

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web erfahren sie wie sie mit multipler sklerose ms aktiv bleiben und ihre bewegungsfreiheit erhalten können entdecken sie die vielfältigen möglichkeiten von msundichbewegt auf msundich de und lassen sie sich von inspirierenden geschichten

Übungen und tipps für ein aktives leben mit ms begeistern

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web lange zeit hieß es ms und sport würden sich nicht vertragen diese sichtweise gilt mittlerweile als widerlegt heute ist die gesundheitsfördernde wirkung von sport auch bei multipler sklerose unumstritten bewegungsübungen können bei der behandlung von ms sogar wichtige therapiebausteine sein