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UPDATED Cultural chapters reflect the shifting experiences of cultural groups in our society NEW Jamaican Americans chapter addresses the unique cultural and healthcare needs of this population UNIQUE Individual chapters on the six key aspects of cultural assessment allow you to also apply the Transcultural Assessment Model to cultures not covered in the text Twenty four chapters on specific cultural groups apply this assessment model to the clients most commonly encountered in United States healthcare settings Case studies and critical decision making questions in each chapter help you apply the assessment framework in practice Client care plans in culture specific chapters demonstrate how to apply principles to specific client needs Coverage includes information on biological differences among individuals of different racial groups differences in drug interaction and metabolism specific to various ethnic groups and clustering of certain pathologies in specific racial groups Discussions of spirituality throughout the text present a holistic approach to culture and beliefs that provides a more integrated approach to assessment Review questions in each chapter with answers found in the back of the text help reinforce knowledge Black Crown Paul Clammer, 2023-01-19 How did a man born enslaved on a plantation triumph over Napoleon s invading troops and become king of the first free black nation in the Americas This is the forgotten remarkable story of Henry Christophe Christophe fought as a child soldier in the American War of Independence before serving in the Haitian Revolution as one of Toussaint Louverture s top generals Following Haitian independence Christophe crowned himself King Henry I His attempts to build a modern black state won the support of leading British abolitionists but his ambition helped to plunge his country into civil war Christophe saw himself as an Enlightenment ruler and his kingdom produced great literary works epic fortresses and opulent palaces He was a proud anti imperialist and fought off French plots against him Yet the Haitian people chafed under his authoritarian rule Today all that remains is Christophe s mountaintop Citadelle Haiti s sole World Heritage site a monument to a revolutionary black monarchy in a world of empire and slavery

Nova Scotia David Orkin,2017-03-05 This new thoroughly updated edition of Bradt's Nova Scotia remains the most comprehensive guide available to this increasingly popular region of eastern Canada New direct flights from the UK make visiting easier than ever before helping to fuel the growth of tourist numbers to the many new distilleries and wineries all of which are covered in this new edition Virtually surrounded by the sea the region boasts 4 600 miles of coastline superb seafood a rich folklore quiet roads and a wealth of outdoor pursuits Travelling here feels like going back to a time when life's pleasures were simpler shopping at a Farmers Market or a roadside fruit stall buying lobster fresh off the boat at the wharf or photographing the lighthouse by the old fishing village What's more it's not hard to get off the beaten track here **How** to Be A Travel Writer Don George, 2017-07-01 Bursting with invaluable advice this inspiring and practical guide fully revised and updated in this new edition is a must for anyone who yearns to write about travel whether they aspire to make their living from it or simply enjoy jotting in a journal for posterity You don't have to make money to profit from travel writing Sometimes the richest rewards are in the currency of experience How to be a Travel Writer reveals the varied possibilities

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and pack animals along with many other topics make this guide indispensable **Zimbabwe** Paul Murray, 2013 As political tension relaxes wildlife enthusiasts and curious tourists are returning to Zimbabwe With some of the finest national parks in Africa the country is blessed with stunning landscapes and an abundance of wildlife The mighty Zambezi River offers adventure holidays and Victoria Falls will leave visitors breathless while the range of birdlife draws enthusiasts year round Game viewing in some of Africa's greatest national parks is a rewarding experience and this guide offers in depth information on the facilities advice on itinerary planning as well as how to select a safari Accommodation is covered with up to date information on everything from luxury safari camps to budget stays for younger travellers who arrive overland heading for the fast flowing waters of the Zambezi gorge Argentina Erin Mccloskey, 2011-12-20 A new edition of the most in depth quide available to Argentina that takes you beyond the tango traps to the must dos and hidden gems from urban luxury to awesome natural landscapes Angola Mike Stead, Sean Rorison, Oscar Scafidi, 2013 The only English language guidebook covering Angola written for visitors and residents alike The Curse of the Al Dulaimi Hotel Colin Freeman, 2008 Colin Freeman is a tabloid hack wasting his life hanging around outside the houses of minor celebrities His job is soul destroying and his personal life isn t much better So he jacks it all in and goes to Iraq as Britain s most amateur war correspondent Against the odds Freeman finds his feet and reveals a slice of Iraq unlike any other getting shot in the backside along the way and delivers a hilarious and insightful travelogue from the edges of modern journalism Sudan Sophie Ibbotson, Max Lovell-Hoare, 2012-11-26 The only guide dedicated solely to the new Republic of the Sudan Explore entire pyramids and other ancient sites entirely free of tourist crowds Drink in views over the Sudanese plains from the granite Taka Mountains Dive the reef where Jacques Cousteau conducted his experiment in underwater living Experience Sudan's cultural diversity among the 50 tribes of the Nuba Mountains Read advice on where to stay eat travelling safely and cultural etiquetteAs a staple of bleak news headlines Sudan has been slow to make its abundant attractions known to the outside world Few foreigners have heard of the Kingdom of Kush walked among the isolated pyramids of Mero or witnessed the whirling dervishes of Omdurman Yet those who do make it here are invariably enchanted by its easy going nature fascinating history and the warm welcome they receive from the Sudanese people This the only stand alone guide to post partition Sudan leads you expertly from the labyrinthine souks of Khartoum to coral bedecked wrecks off the Red Sea coast Whether you re rushing through on the trans Africa trail or whiling away weeks among rich archaeological sites this fully revised third edition is your indispensible companion

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