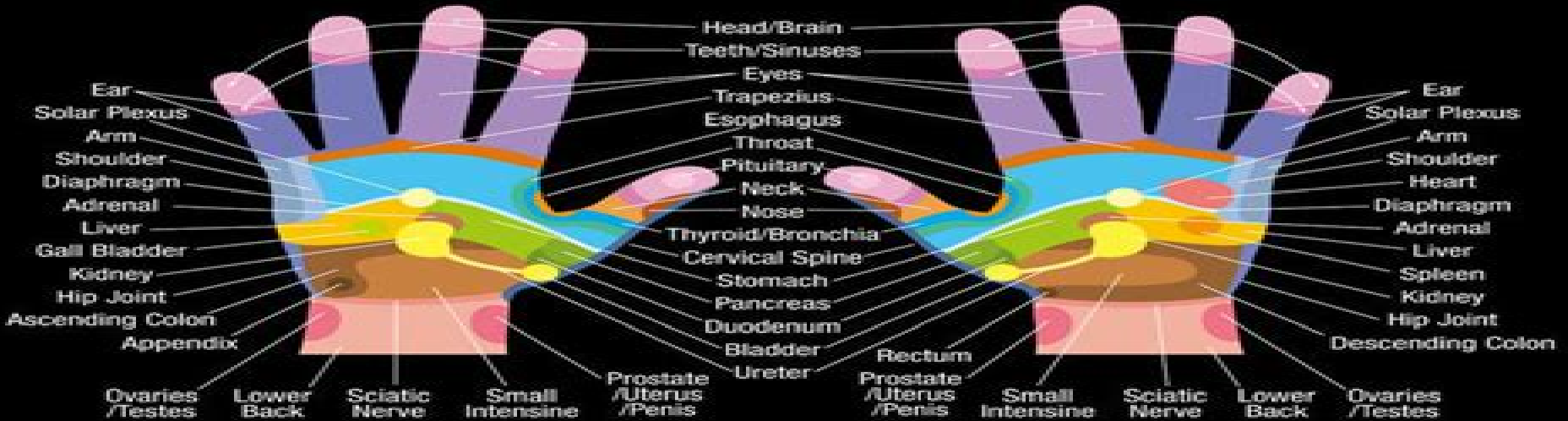


Hand Reflexology Chart

right palm

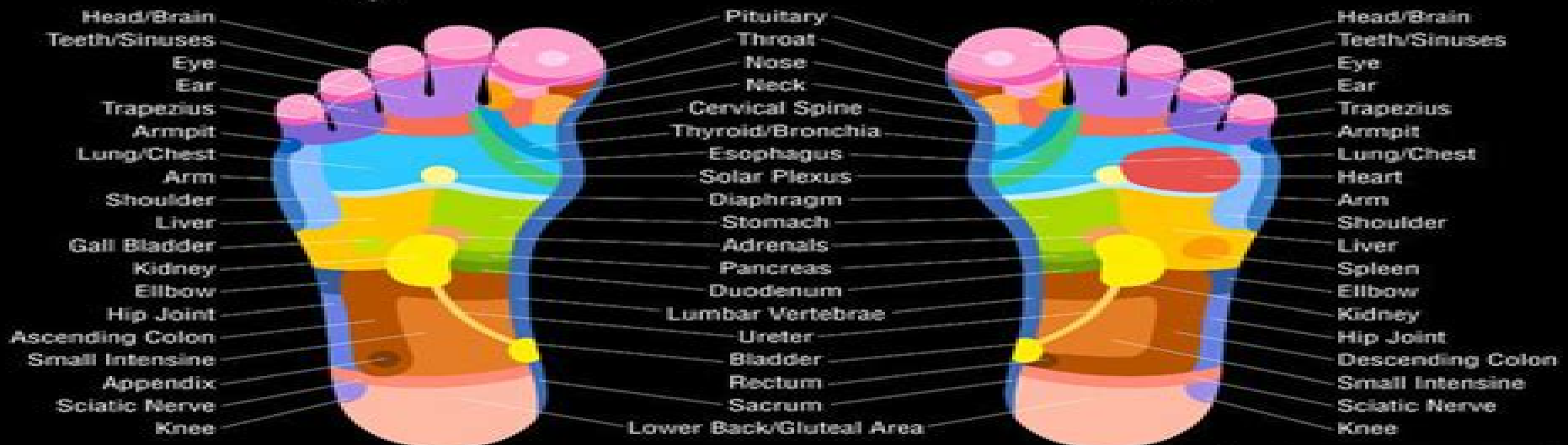
left palm



Foot Reflexology Chart

right

left



Hand And Foot Reflexology

Stephanie Rick

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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Reflexology for Beginners David Vennells,2001 Provides the history of the alternative therapy known as reflexology along with step by step instructions for practicing the various techniques of foot massage Hands in Health Care Gayle MacDonald,Carolyn Tague,2021-02-15 This is the second edition of a highly successful book the only one available on this topic The first edition was written by a well known massage therapist and author Gayle MacDonald For the second edition Gayle has brought in a co author Carolyn Tague Both are well known and highly respected in the field of hospital massage therapy The second edition focuses solely on the adult patient and has new chapters on aromatherapy massage end of life care cultural sensitivity and understanding the therapeutic relationship between patient and practitioner It also incorporates new sections on addiction and neurological disorders as well as the most recent research from around the world The new edition is highly illustrated with full color photographs and drawings including many new illustrations Medical

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