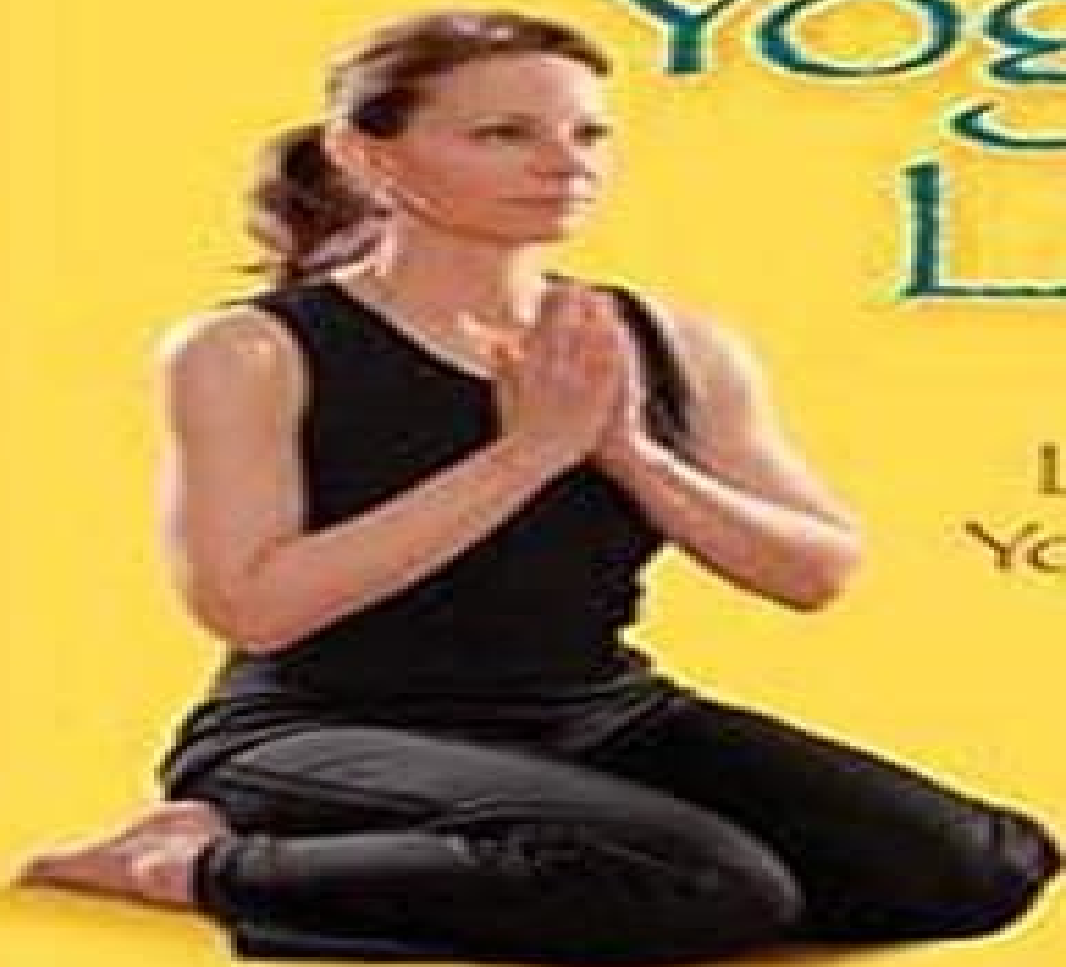


# Guiding Yoga's Light

Lessons for  
Yoga Teachers

New,  
expanded  
edition



Nancy Gerstein

# Guiding Yogas Light Lessons For Yoga Teachers

**Kathleen Armour**



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