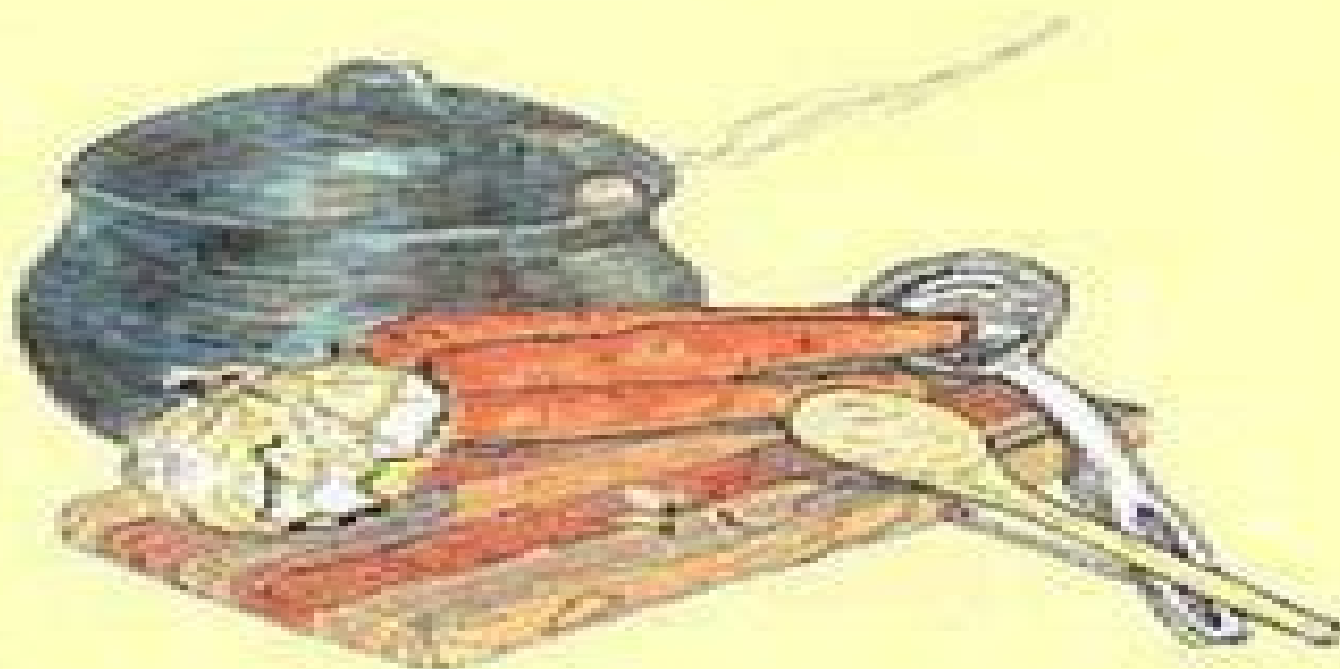


LUCY'S

SPECIFIC CARBOHYDRATE DIET

COOKBOOK



by Lucy Rosset

Illustrated by Dawn Sadt

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