



# Types of Spinal Cord Injuries

There are four areas of spinal cord trauma:

## **Cervical:**

Injury to the spinal cord in the neck, affecting the body below the head.

## **Thoracic:**

Injury to the spinal cord in the upper back, affecting the body from the trunk downward.

## **Lumbar:**

Injury to the spinal cord in the lower back, affecting mobility and bodily function below the waist.

## **Sacral:**

Injury to the bottom-most portion of the spine. Damage to this area of the spinal cord generally does not result in paralysis, but sensation and bodily functions in and around the hips may be affected.

If the spinal cord is severed, the injury is classified as catastrophic, meaning the victim suffers a loss of motion and sensation from the point of injury below.



# Living With Spinal Cord Injury

**J Rink**



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