

How Should a Person Be?



SHEILA HETI

How Should A Person Be Sheila Heti Free

Amy Shearn



How Should A Person Be Sheila Heti Free:

How Should a Person Be? Sheila Heti, 2012-06-19 Chosen as one of fifteen remarkable books by women that are shaping the way we read and write in the 21st century by the book critics of The New York Times Funny odd original and nearly unclassifiable unlike any novel I can think of David Haglund The New York Times Book Review Brutally honest and stylistically inventive cerebral and sexy San Francisco Chronicle Named a Book of the Year by The New York Times Book Review The New Yorker San Francisco Chronicle Salon Flavorpill The New Republic The New York Observer The Huffington Post A raw startling genre defying novel of friendship sex and love in the new millennium a compulsive read that's like spending a day with your new best friend Bookforum Reeling from a failed marriage Sheila a twentysomething playwright finds herself unsure of how to live and create When Margaux a talented painter and free spirit and Israel a sexy and depraved artist enter her life Sheila hopes that through close sometimes too close observation of her new friend her new lover and herself she might regain her footing in art and life Using transcribed conversations real emails plus heavy doses of fiction the brilliant and always innovative Sheila Heti crafts a work that is part literary novel part self help manual and part bawdy confessional It's a totally shameless and dynamic exploration into the way we live now which breathes fresh wisdom into the eternal questions What is the sincerest way to love What kind of person should you be Pop-Feminist Narratives Emily Spiers, 2018-04-05 In Pop Feminist Narratives Emily Spiers explores the recent phenomenon of pop feminism and pop feminist writing across North America Britain and Germany Pop feminism is characterised by its engagement with popular culture and consumerism its preoccupation with sexuality and transgression in relation to female agency and its thematisation of intergenerational feminist discord portrayed either as a damaging discursive construct or as a verifiable phenomenon requiring remediation Central to this volume is the question of theorising the female subject in a postfeminist neoliberal climate and the role played by genre and narrative in the articulation of contemporary pop feminist politics The heightened visibility of mainstream feminist discourse and feminist activism in recent years especially in North America Britain and Germany means that the time is ripe for a coherent comparative scholarly study of pop feminism as a transnational phenomenon This volume provides such an account of pop feminism in a manner which takes into account the varied and complex narrative strategies employed in the telling of pop feminist stories across multiple genres and platforms including pop literary fiction the popular guide to feminism film music and the digital **Contemporary Novelists and the Aesthetics of Twenty-First Century American Life** Alexandra Kingston-Reese, 2020-01-01 Contemporary Novelists and the Aesthetics of Twenty First Century American Life gives us a new way to view contemporary art novels asking the key question How do contemporary writers imagine aesthetic experience Examining the works of some of the most popular names in contemporary fiction and art criticism including Zadie Smith Teju Cole Siri Hustvedt Ben Lerner Rachel Kushner and others Alexandra Kingston Reese finds that contemporary art novels are seeking to reconcile the negative feelings of

contemporary life through a concerted critical realignment in understanding artistic sensibility literary form and the function of the aesthetic Kingston Reese reveals how contemporary writers refract and problematize aesthetic experience illuminating an uneasiness with failure firstly about the failure of aesthetic experiences to solve and save and secondly the literary inability to articulate the emotional dissonance caused by aesthetic experiences now **Immediacy** Anna

Kornbluh,2024-01-30 Why speed flow and direct expression now dominate cultural style Contemporary cultural style boosts transparency and instantaneity These are values absorbed from our current economic conditions of disintermediation cutting out the middleman Like Uber but for art Immediacy names this style to make sense of what we lose when the contradictions of twenty first century capitalism demand that aesthetics negate mediation Surging realness as an aesthetic program synchs with the economic imperative to intensify circulation when production stagnates Flow is the ultimate twenty first century buzzword but speedy circulation grinds art down to the nub And the bad news is that political turmoil and social challenges require more mediation Collective will inspiring ideas and deliberate construction are the only way out but our dominant style forgoes them Considering original streaming TV popular literature artworld trends and academic theories Immediacy explains the recent obsession with immersion and today s intolerance of representation and points to alternative forms in photography TV novels and constructive theory that prioritize distance impersonality and big ideas instead *The Digital*

Banal Zara Dinnen,2018-01-02 Contemporary culture is haunted by its media Yet in their ubiquity digital media have become increasingly banal making it harder for us to register their novelty or the scope of the social changes they have wrought What do we learn about our media environment when we look closely at the ways novelists and filmmakers narrate and depict banal use of everyday technologies How do we encounter our own media use in scenes of waiting for e mail watching eBay bids programming as work and worrying about numbers of social media likes friends and followers Zara Dinnen analyzes a range of prominent contemporary novels films and artworks to contend that we live in the condition of the digital banal not noticing the affective and political novelty of our relationship to digital media Authors like Jennifer Egan Dave Eggers Sheila Heti Jonathan Lethem Gary Shteyngart Colson Whitehead Mark Amerika Ellen Ullman and Danica Novgorodoff and films such as *The Social Network* and *Catfish* critique and reveal the ways in which digital labor isolates the individual how the work of programming has become an operation of power and the continuation of the Californian ideology which has folded the radical into the rote and the imaginary into the mundane The works of these writers and artists Dinnen argues also offer ways of resisting the more troubling aspects of the effects of new technologies as well as timely methods for seeing the digital banal as a politics of suppression Bridging the gap between literary studies and media studies *The Digital Banal* recovers the shrouded disturbances that can help us recognize and antagonize our media environment **Girl on Girl**

Sophie Gilbert,2025-04-29 From Atlantic critic and Pulitzer Prize finalist Sophie Gilbert a blazing critique of how early aughts pop culture turned women and girls against each other and themselves with disastrous consequences An urgent read that

addresses questions around the current regression of feminism When did feminism lose its way This question feels increasingly urgent in a moment of reactionary cultural and legislative backlash when widespread uncertainty about the movement's power focus and currency threatens decades of progress Sophie Gilbert a staff writer at The Atlantic and finalist for the Pulitzer Prize in criticism provides one answer identifying an inflection point in the late 1990s and early 2000s when the energy of third wave and riot grrrl feminism collapsed into a regressive period of hyper objectification sexualization and infantilization Gilbert mines the darker side of nostalgia training her keen analytic eye on the most revealing cultural objects of the era across music film television fashion tabloid journalism and more What she recounts is harrowing from the unattainable aesthetic of Victoria's Secret ads and explicit music videos to a burgeoning internet culture vicious towards women in the spotlight and damaging for those who weren't Gilbert tracks many of the period's dominant themes back to the explosion of internet porn tracing its widespread influence as it began to pervade our collective consciousness Gilbert paints a devastating picture of an era when a distinctly American confluence of excess materialism and power worship collided with the culture's reactionary puritanical and chauvinistic currents Amidst a collective reconsideration of the way women are treated in public *Girl on Girl* is a blistering indictment of the matrix of misogyny that undergirded the cultural production of the early twenty first century and how it continues to shape our world today

Contemporary Feminist Life-Writing

Jennifer Cooke, 2020-04-16 Contemporary Feminist Life Writing is the first volume to identify and analyse the new audacity of recent feminist writings from life Characterised by boldness in both style and content willingness to explore difficult and disturbing experiences the refusal of victimhood and a lack of respect for traditional genre boundaries new audacity writing takes risks with its author's and others' reputations and even on occasion with the law This book offers an examination and critical assessment of new audacity in works by Katherine Angel Alison Bechdel Marie Calloway Virginie Despentes Tracey Emin Sheila Heti Juliet Jacques Chris Krauss Jana Leo Maggie Nelson Vanessa Place Paul Preciado and Kate Zambreno It analyses how they write about women's self authorship trans experiences struggles with mental illness sexual violence and rape and the desire for sexual submission It engages with recent feminist and gender scholarship providing discussions of vulnerability victimhood authenticity trauma and affect

Motherhood Sheila Heti, 2018-05-01

From the author of *How Should a Person Be* one of the most talked about books of the year Time Magazine and the New York Times Bestseller *Women in Clothes* comes a daring novel about whether to have children In *Motherhood* Sheila Heti asks what is gained and what is lost when a woman becomes a mother treating the most consequential decision of early adulthood with the candor originality and humor that have won Heti international acclaim and made *How Should A Person Be* required reading for a generation In her late thirties when her friends are asking when they will become mothers the narrator of Heti's intimate and urgent novel considers whether she will do so at all In a narrative spanning several years casting among the influence of her peers partner and her duties to her forbearers she struggles to make a wise and moral choice After seeking guidance from

philosophy her body mysticism and chance she discovers her answer much closer to home Motherhood is a courageous keenly felt and starkly original novel that will surely spark lively conversations about womanhood parenthood and about how and for whom to live

Knausgård and the Autofictional Novel Claus Elholm Andersen, 2023-12-01 A probing generative analysis of Knausgård's *My Struggle* with implications for our understanding of the novel form more broadly in the twenty-first century Norwegian author Karl Ove Knausgård's six-volume 3600-page autobiographical novel *My Struggle* has been widely hailed for its heroic exploration of selfhood compulsive readability and restless experimentation with form and genre *Knausgård and the Autofictional Novel* explains why Across four chapters Claus Elholm Andersen shows how Knausgård confronts challenges and rejects the symbiotic relationship between novels and fiction particularly via a technique of autofictionalization The fifth chapter then explores the further breakdown of this relationship in autofiction by Sheila Heti Rachel Cusk and Ben Lerner taking readers to what Lerner called the very edge of fiction

Neoliberalism and Contemporary Literary Culture Mitchum Huehls, Rachel Greenwald Smith, 2017-09-19 How has the pervasive spread of free market thinking affected contemporary literature Neoliberalism has been a buzzword in literary studies for well over a decade but its meaning remains ambiguous and its salience contentious In *Neoliberalism and Contemporary Literary Culture* Mitchum Huehls and Rachel Greenwald Smith offer a wide-ranging exploration of contemporary literature through the lens of neoliberalism's economic social and cultural ascendancy Bringing together accessible and provocative essays from top literary scholars this innovative collection examines neoliberalism's influence on literary theory and methodology literary form literary representation and literary institutions A four-phase approach to the historical emergence of neoliberalism from the early 1970s to the present helps to clarify the complexity of the relationship between neoliberalism and literary culture Layering that history over the diverse changes in a US Anglo literary field that has moved away from postmodern forms and sensibilities the book argues that many literary developments including the return to realism the rise of the memoir the embrace of New Materialist theory and the pursuit of aesthetic autonomy make more coherent sense when viewed in light of neoliberalism's ever-increasing expansion into the cultural sphere The essays gathered here engage a diverse range of theorists including Michel Foucault Wendy Brown Giorgio Agamben Bruno Latour Maurice Merleau-Ponty Gary Becker and Eve Sedgwick to address the reciprocal relationship between neoliberalism and conceptual fields such as biopolitics affect phenomenology ecology and new materialist ontology These theoretical perspectives are complemented by innovative readings of contemporary works of literature by writers such as Jennifer Egan Ben Lerner Gillian Flynn Teju Cole Jonathan Franzen Chimamanda Ngozi Adichie Salvador Plascencia E L James Lisa Robertson Kenneth Goldsmith and many others *Neoliberalism and Contemporary Literary Culture* is essential reading for anyone invested in the ever-changing state of literary culture

The Routledge Companion to Twenty-First Century Literary Fiction Daniel O'Gorman, Robert Eaglestone, 2019-01-15 The study of contemporary fiction is a fascinating yet challenging one Contemporary fiction has

immediate relevance to popular culture the news scholarly organizations and education where it is found on the syllabus in schools and universities but it also offers challenges What is contemporary How do we track cultural shifts and changes The Routledge Companion to Twenty First Century Literary Fiction takes on this challenge mapping key literary trends from the year 2000 onwards as the landscape of our century continues to take shape around us A significant and central intervention into contemporary literature this Companion offers essential coverage of writers who have risen to prominence since then such as Hari Kunzru Jennifer Egan David Mitchell Jonathan Lethem Ali Smith A L Kennedy Hilary Mantel Marilynne Robinson and Colson Whitehead Thirty eight essays by leading and emerging international scholars cover topics such as Identity including race sexuality class and religion in the twenty first century The impact of technology terrorism activism and the global economy on the modern world and modern literature The form and format of twenty first century literary fiction including analysis of established genres such as the pastoral graphic novels and comedic writing and how these have been adapted in recent years Accessible to experts students and general readers The Routledge Companion to Twenty First Century Literary Fiction provides a map of the critical issues central to the discipline as well as uncovering new perspectives and new directions for the development of the field It is essential reading for anyone interested in the past present and future of contemporary literature

The H-Spot Jill Filipovic, 2017-05-02 What do women want The same thing men were promised in the Declaration of Independence happiness or at least the freedom to pursue it For women though pursuing happiness is a complicated endeavor and if you head out into America and talk to women one on one as Jill Filipovic has done you ll see that happiness is indelibly shaped by the constraints of gender the expectations of feminine sacrifice and the myriad ways that womanhood itself differs along lines of race class location and identity In The H Spot Filipovic argues that the main obstacle standing in between women and happiness is a rigged system In this world of unfinished feminism men have long been able to have it all because of free female labor while the bar of achievement for women has only gotten higher Never before have women at every economic level had to work so much whether it s to be an accomplished white collar employee or just make ends meet Never before have the standards of feminine perfection been so high And never before have the requirements for being a good mother been so extreme If our laws and policies made women s happiness and fulfillment a goal in and of itself Filipovic contends many of our country s most contentious political issues from reproductive rights to equal pay to welfare spending would swiftly be resolved Filipovic argues that it is more important than ever to prioritize women s happiness and that doing so will make men s lives better too Here she provides an outline for a feminist movement we all need and a blueprint for how policy laws and society can deliver on the promise of the pursuit of happiness for all

The Mermaid of Brooklyn Amy Shearn, 2013-04-02 After her husband disappears Jenny Lipkin a magazine editor is left to take care of her two small young children and has to find the inner resources to cope with her pain and loneliness

Tytöt vs. tytöt Sophie Gilbert, 2025-08-18 Polttavan ajankohtainen kuvaus siitä kuinka 2000-luvun alun popkulttuuri k nsi

naiset ja tyt t toisiaan ja itse n vastaan Mit feminismille tapahtui Sophie Gilbert analysoi teoksessaan k nnekohtaa 1990 ja 2000 luvun taitteessa jolloin pop kulttuuria leimasi naisten yliseksualisointi ja esineellist minen Populaari tietokirja tutkii 90 ja 2000 luvun vaihteen naiskuvaa ja pureutuu aikakauden paljastavimpiin ilmi ihin mm musiikkiin elokuvaan televisioon muotiin ja juorulehtiin Gilbert pui pop kuvaston ja internetkulttuurin julmaa naisvihamielisyytt ja sen pitki vaikutuksia yhteiskuntaan Gilbert piirt musertavan kuvan ajanjaksosta jolloin amerikkalaisen kulttuurin ylt kyll isyys materialismi ja vallan ihannointi t rm siv t feminismin muutokseen ja sovinismiin Tyt t vs tyt t paljastaa 2000 luvun misogynisen verkoston joka muodosti kulttuurin jossa naiset k ntyiv t itse n vastaan ja joka muovaa maailmaamme yh t n kin p iv n Sophie Gilbert on ty skentelee toimittajana The Atlanticissa johon h n kirjoittaa televisiosta kirjoista ja pop kulttuurista H n oli ehdolla Pulitzer palkinnon saajaksi vuonna 2022 ja h n voitti kritiikeist n National Magazine Awardin vuonna 2024 H n asuu Lontoossa

Quill & Quire ,2010 Making Time Maria Bowler,2025-01-21 We are constantly fed the line that more productivity will bring more ease satisfaction and meaning to our lives But what if all the gold stars and checkboxes are just a distraction What if we could stop project managing life and act from our being instead of all our doing If you long to leave the pressure to do enough behind in favor of a life full of meaning creativity and joy a life where you don t feel rushed because you can t fall behind Making Time is for you You won t find any life hacks to control your schedule in order to cram in more work It s about liberating yourself from the myth that humans are producers and discovering the freedom of being a maker who trusts life as a creative process In this bold revitalizing call back to human being you ll learn how to let go of the constant pressure to do more find deeper meaning in how you spend your time and energy resist external noise that crowds out inspiration make what you really desire to make with your time You don t need to do more or try harder It just takes a new transformative vision for how to live from your values every day **Drawn & Quarterly: Twenty-Five Years of**

Contemporary Cartooning, Comics, and Graphic Novels ,2021-08-31 Drawn assembles biographies personal reminiscences and interviews with key D Q staff and curates essays by Margaret Atwood Sheila Heti Jonathan Lethem Deb Olin Unferth Heather O Neill Lemony Snicket Chris Ware and noted comics scholars D Q 25 is the rare chance to witness a literary movement in progress how a group of dedicated artists and their publisher changed the future of a century old medium *Lost in Summerland* Barrett Swanson,2023-07-25 Barrett Swanson embarks on a personal quest across the United States to uncover what it means to be an American amid the swirl of our post truth climate in this collection of critically acclaimed essays and reportage A trip with his brother to a New York psychic community becomes a rollicking tour through the world of American spiritualism At a wilderness retreat in Ohio men seek a cure for toxic masculinity while in the hinterlands of Wisconsin antiwar veterans turn to farming when they cannot sustain the heroic myth of service And when his best friend s body washes up on the shores of the Mississippi River he falls into the gullet of true crime discussion boards exploring the stamina of conspiracy theories along the cankered byways of the Midwest In this exhilarating debut Barrett

Swanson introduces us to a new reality At a moment when grand unifying narratives have splintered into competing storylines these critically acclaimed essays document the many routes by which people are struggling to find stability in the aftermath of our country s political and economic collapse sometimes at dire and disillusioning costs **The Times Index**,2013-03 Indexes the Times Sunday times and magazine Times literary supplement Times educational supplement Time educational supplement Scotland and the Times higher education supplement **Harpy** Caroline Magennis,2024-05-09 Harpy is a tonic a tongue in cheek manual for dealing with Spanish Inquisition style questioning about saying pass to procreation and building an enriching life beyond the nuclear family VOGUE Harpy made me nod in recognition and shake my head with sorrow and then it made me laugh out loud EMILIE PINE author of NOTES TO SELF and RUTH PEN Defiant funny and inspiring SE N HEWITT author of ALL DOWN DARKNESS WIDE Each generation has more childfree women than the one before For many it is an active decision made for a wide range of reasons Despite this growing trend we continue to live in a society where women are often judged for deciding to remain childfree for not conforming to narrow expectations For being a Harpy In this timely and thoughtful book Caroline Magennis looks beyond the often divisive conversation around women who choose to be childfree and offers an alternative message of hope and celebration With humour and intelligence she explores why motherhood isn t right for everybody and how any woman whether a parent or childfree can live a full life while also reminding the reader that your freedoms and the right to autonomy should never be taken for granted

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