

Guide to Good Food

Chapter 14 Grain Foods

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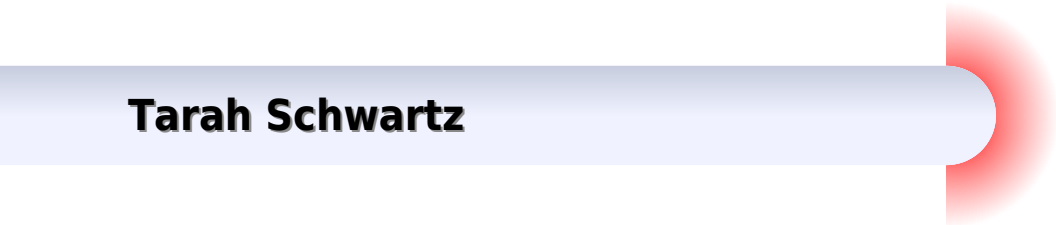
- Printer (color optional)
- 4 sheets of 8.5" x 11" paper
- Scissors

Directions:

1. Print
2. Fold paper in half vertically
3. Cut along dashed lines

Guide To Good Food Chapter 13

Tarah Schwartz



Guide To Good Food Chapter 13:

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