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Guardian Of The Golden Gate Protecting The Line Between Hope And Despair

Selina Violet



Guardian Of The Golden Gate Protecting The Line Between Hope And Despair:

Guardian of the Golden Gate Kevin Briggs, 2015 The wind was gusting around the Golden Gate Bridge on a March afternoon in 2005 when a 22 year old man climbed the railing convinced he and this world would be better without each other He put himself on a thin beam 220 feet above the Pacific Ocean The man had just lost his job and felt overwhelmed as a new father Kevin Berthia wanted to die and he had come to the world s most effective suicide destination to make that happen That s when he met a highway patrolman a former Army soldier and San Quentin State Prison guard named Kevin Briggs I know you must be in tremendous pain Briggs said over the railing If you want to talk I m here to listen The next 90 minutes saved Berthia s life In *Guardian of the Golden Gate* Briggs shares his experiences with the help of people who credit their lives to him His inspiring story will help shine a light on a killer that lurks in the darkness and show people signs to look for and the value of hope You will gain insight into this steadfast hero that will allow you to see why he s known as the Golden Gate s guardian Kevin Briggs aims to promote mental illness awareness and ultimately break the stigmas associated with it By reading this book you join him in that pursuit Suicide is preventable There is hope There is help **A Way Out** Michelle Balge, 2018-02-27 *A Way Out* gives an unfiltered look into the life and thoughts of a young woman Michelle experiencing depression and social anxiety She shares her experiences in a way that allows others to go along for the ride with her the highs the lows and the amusingly unexpected Beyond the haunting honesty *A Way Out* delivers heart humour and hope *Everything Changes* Selina Violet, 2025-09-08 You don t know how strong you are until you don t have another choice Cheyenne and Zach are in love with a baby on the way When their sweet Soleil arrives they are completely smitten with her After a few months they learn that Cheyenne is pregnant again Two babies so close together is not ideal but they want a big family so they roll with it Then Cheyenne has an accident that turns into serious life changing medical issues The stress on both her and Zach is immense All of these changes and challenges push them to the brink Will Cheyenne find the strength she needs to fight for their family or will this rip them apart *Everything Changes* is a companion novel in the *What We Can t Have* series It is a stand alone that can be read independently from the other stories in the series

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