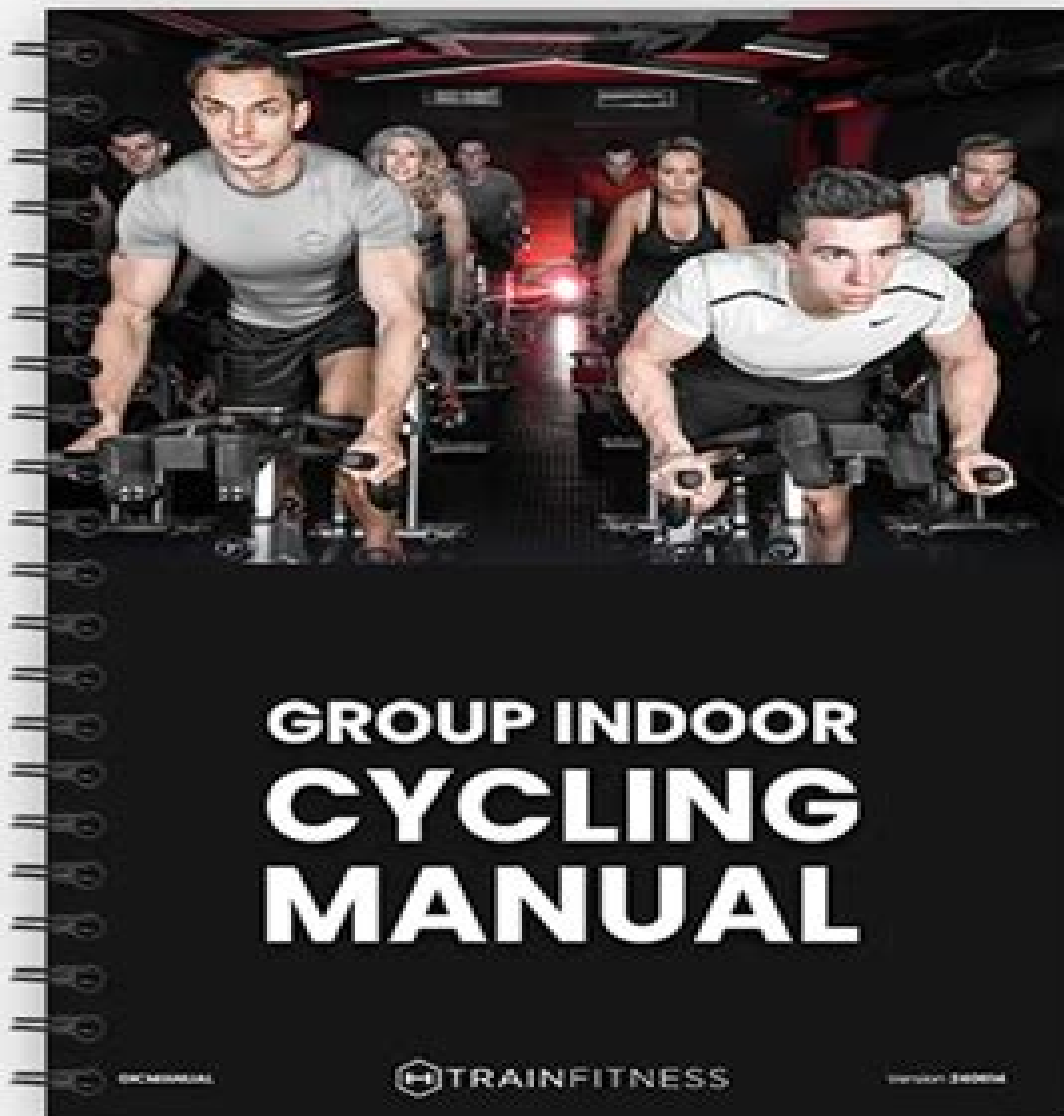




# GROUP INDOOR CYCLING MANUAL

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# Group Cycling Course Manual

**Guy Andrews, Simon Doughty**



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