

Lab Values Cheat Sheet

Vital Signs

Blood Pressure
 → Systolic: 120 mmHg
 → Diastolic: 80 mmHg
Heart rate: 60-100 BPM
Respirations: 12-20 breaths
Oxygen: 95%-100%
Temperature: 96.4% - 99.5%

COAGs

PT: 11-13 seconds
 • 22-32.5 on Warfarin
INR: 0.8-1.1 Seconds
 • 1.6-3.3 on Warfarin
PTT: 21-35 Seconds
 • 31.5-87.5 on Heparin

The ↑ these numbers the ↑ chance of bleeding!!!

Glucose

Fasting: 70-110 mg/dL
Casual: <200 mg/dL

HbA1C

Non-diabetic: 4-6%
Pre-Diabetic: 5.7-6.4%
Diabetic: > 6.5%

Other

MAP: 70-100 mmHg
ICP (Intracranial Pressure): 5-15 mmHg
BMI: 18.5-24.9
Glasgow Coma Scale: Best = 15
 Mild: 13-15 Moderate: 9-12 Severe: 3-8

Complete Blood Count [CBC]

WBC: 5000-10,000
RBCs:
 → Male: 4.2-5.4
 → Female: 3.6-5
PLT: 140,000-400,000
 • Critical <50,000 or >1,000,000
Hemoglobin [Hgb]:
 → Male: 13-18
 → Female: 12-16
Hematocrit [HCT]:
 → Male: 42%-52%
 → Female: 36%-48%

ABGs

pH: 7.35-7.45
PaCO₂: 35-45 mmHg
PaO₂: 80-100 mmHg
HCO₃: 22-26 mEq/L

Renal

Calcium: 8.6-10.2 mg/dL
Magnesium: 1.3-2.3 mg/dL
Phosphorus: 2.5-4.5 mg/dL
Specific gravity: 1.005-1.03
GFR: 125 - 200 mL/min
BUN: 10-20 mg/dL
Creatinine:
 → Male 0.6-1.2mg/dL
 → Female: 0.4-1 mg/dL

Serum Osmolality

280-300 mOsm/L Water

Basic Metabolic Panel [BMP]

Sodium: 135-145 mEq/L
Potassium: 3.5-5 mEq/L
Chloride: 97-107 mEq/L
Calcium: 8.5-10.5 mg/dL
BUN: 10-20 mg/dL
Creatinine:
 → Male: 0.6-1.2 mg/dL
 → Female: 0.4-1 mg/dL
Albumin: 3.5-5.5 g/dL
Total protein: 6-8 g/dL

Lipid Panel

Total cholesterol:
 → Male: <205 mg/dL
 → Female: <190 mg/dL
Triglyceride:
 → Male: 44-180
 → Female: 10-190
LDL: <100 mg/dL → bad cholesterol
HDL: >60/dL → Happy Cholesterol

Pancreas

Amylase: 25-125 U/L
 → Older adults: 24-151 U/L
Lipase: <140 U/L

Liver [LFT]

ALT: 10-40M, 8-35 F
AST: 5-40 U/L
ALP: 40-120 U/L
Bilirubin: total 0.3-1.0 mg/dL

Lab Values And Their Meaning Nursing

Nurse Academy



Lab Values And Their Meaning Nursing:

Normal Lab Values for Nurses Cindy B Smith, 2019-06 LAB VALUES FOR NURSES The need for medical practitioners to understand the importance of laboratory tests in medical decision making cannot be overemphasized Nurses and doctors will always come across different laboratory results in their practice and these results are interpreted based on their knowledge of the various normal laboratory values Normal Lab values for Nurses is a book written by Cindy B Smith to aid nurses and nursing students interpret different laboratory investigations with ease Understanding normal Laboratory values aid in the diagnosis management and monitoring the effectiveness in the treatment of disease conditions Misinterpretation of a laboratory test results in clinical practice can lead to wrong treatment routine which could jeopardize the patient's safety This book also provides the necessary information and Lab Value Quiz to aid nursing students to pass the NCLEX at first try What else will you get in the book Obtaining Lab Samples Correctly Laboratory Blood Bottle Guide Hematological Tests Values Tests for Cardiac Disease Renal Function Tests Test for Liver Gastrointestinal Function Serum Electrolytes Tests Arterial Blood Gas ABG Analysis Serological Tests Tests for Endocrine Function Tests for Malignant Conditions Tumor Markers Body fluid Stool Analysis Tests for Other Conditions and lots more Need to ace your NCLEX with ease Just scroll up and hit the Buy Now button This book can be easily read on an iPad tablet Computer or Kindle Device Also available is the audiobook version **Nursing: Lab Values** Henry, 2016-11 Handy 6 page laminated reference to the most important lab values for nurses to know Get this guide when you start nursing school and review it often By the time you take the NCLEX they will be committed to memory Lamination means it will last the lifetime of your career Paper thin so you can keep it with your clipboard or at the nurses station for referencing a value faster than using the Internet Suggested uses o Quick Reference instead of digging into a large book to find a core answer you need while studying use the guide to reinforce quickly and repeatedly o Memory refreshing your memory repeatedly is a foundation of studying have the core labs handy so you can focus on the larger picture o NCLEX Test Prep Exams review frequently and right before exams and the NCLEX for that extra boost **NCLEX-RN For Dummies** Patrick R. Coonan, 2006-09-18 NCLEX RN For Dummies is essential for any nursing candidate who wishes to join the workforce as soon as possible and who wants to increase their score on the NCLEX RN National Council Licensure Examination for Registered Nurses Featuring a companion CD ROM with an extra practice test this friendly guide provides readers with a point by point review of typical test questions helping them hone their skills in each of the different phases of the nursing process covered in the exam It also provides savvy test taking tips and practice exams Patrick R Coonan EdD RN Garden City NY is a Professor and Dean of Adelphi University's School of Nursing Note CD ROM DVD and other supplementary materials are not included as part of eBook file **Essential Nursing Lab Values** Michael Gorre, 2023-09-29 Welcome to the indispensable resource that every nurse from novice to seasoned practitioner should have at their fingertips The Nurse's Guide to Essential Lab Values This comprehensive guide is your ultimate

companion in navigating the complex world of laboratory values empowering you to provide the highest quality care to your patients Inside this meticulously crafted book you will discover a treasure trove of knowledge and expertise all tailored to enhance your clinical practice Let s explore what awaits you within these pages

- 1 Introduction Importance of Lab Values in Nursing Gain a deep understanding of how lab values are the cornerstone of patient assessment diagnosis and treatment planning How to Interpret Lab Values Learn the art of deciphering lab reports with precision and confidence Normal Ranges Familiarize yourself with the gold standards for various lab parameters
- 2 Hematology Uncover the intricacies of hematological assessments including Complete Blood Count CBC Hemoglobin Hgb Hematocrit Hct White Blood Cells WBC Platelets Plt Dive into the world of coagulation with insights on Prothrombin Time PT International Normalized Ratio INR Activated Partial Thromboplastin Time aPTT
- 3 Chemistry Explore the realm of chemistry covering Electrolytes Sodium Potassium Chloride Bicarbonate Renal Function Tests BUN Creatinine Liver Function Tests AST ALT Bilirubin
- 4 Immunology Delve into the immune system with details on Immune System Markers Antibody Tests Viral Load Tests
- 5 Endocrinology Navigate the intricacies of endocrine assessments including Thyroid Function Tests TSH FT4 Glucose Levels HbA1c Hormone Levels
- 6 Microbiology Master the world of microbial diagnostics Cultures and Sensitivities Antigen Tests Polymerase Chain Reaction PCR
- 7 Cardiac Markers Discover the crucial cardiac markers Troponin Brain Natriuretic Peptide BNP Creatine Kinase MB CK MB
- 8 Urinalysis Conduct a comprehensive urinary assessment covering Physical Examination Chemical Analysis Microscopic Examination
- 9 Arterial Blood Gases Analyze and interpret arterial blood gases including pH Partial Pressure of Oxygen PaO₂ Partial Pressure of Carbon Dioxide PaCO₂ Oxygen Saturation SaO₂ Bicarbonate HCO₃
- 10 Special Tests Dive into advanced diagnostics with a focus on Tumor Markers Genetic Testing Explore elevated or decreased values nursing considerations clinical significance and real life case studies Scenarios to bridge theory with practice

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Davis's Comprehensive Manual of Laboratory and Diagnostic Tests with Nursing Implications Anne M Van Leeuwen, Mickey L Bladh, 2019-03-15 Nursing focused and easy to read this manual delivers all of the information you need to understand how tests work interpret their results and provide quality patient care pre test intra test and post test Tests and procedures are listed in alphabetical order by their complete names for quick reference The integrated index allows fast searches by abbreviation synonym disease disorder specimen type or test classification Plus a Body Systems Appendix includes a list of common laboratory and diagnostic tests for each body system as well as nutrition related lab tests

Lab Values Jon Haws, Sandra Haws, 2015-02-03 Save Time Lab Values for

Nurses 1 Best Selling Nursing Reference Book on Amazon Want to study better but don't have the time This book outlines the 63 MUST KNOW lab values for nurses to help them prepare for the NCLEX r and care for patients on the floor Whether you are a student nurse or an experience this book contains the information you need to know to provide superior patient care Charts Brief Descriptions Fast Learning The book includes a brief introduction followed by charts including 63 important lab values with their units normal ranges and abbreviations The charts are followed by a brief description for each individual value including indications what would cause abnormal values and a description of the lab value itself Download Lab Values 63 Must Know Lab Values for Nurses Lab Values contains an easy to read and follow catalog of the most essential labs for nurses Color graphics and charts Normal lab values and common abbreviations Descriptions of each value Correct filling order for specimen tubes Stop wasting time on you studies and start acing exams and spending more time actually caring for patients With this ebook for kindle or kindle app you will learn the 63 most important labs for nurses and the NCLEX RN r This is the perfect pocket guide and makes lab value interpretation easy FREE Gift included 4 Page PDF download and lab charts NCLEX NCLEX RN and NCLEX PN are registered trademarks of the National Council of State Boards of Nursing Inc They hold no affiliation with this product

Lab Values for Nurses Gabriel J. Connor, 2021-02

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Saunders Comprehensive Review for the NCLEX-RN® Examination - E-Book Linda Anne Silvestri,2010-10-12 This title includes additional digital media when purchased in print format For this digital book edition media content is not included *Saunders Comprehensive Review for the NCLEX-RN Examination* Linda Anne Silvestri,2011 Accompanying CD ROM includes more than 4500 NCLEX examination style review questions in quiz study or exam mode a diagnostic pre test audio and video questions and audio review summaries **Lab Values** Eva Regan,2016-04-26 A guide to help with preparation for lab values questions on the NCLEX exam Includes topic specific practice questions

Lab Values Nathan Orwell,2021-09-15 Are you curious about Lab Values and want to learn to read them Would you like to be able to understand them once and for all If so then keep reading Medical laboratory testing is a vital medical procedure that allows for the early detection diagnosis and treatment of disease More often than not these tests are making the difference between life and death and they are one of the first defense lines that protect patients and their general well being Laboratory results greatly influence almost every decision regarding a patient diagnosis treatment hospital admission and discharge all of them That s why it s crucial to understand and learn how to conduct and order these tests efficiently This guide is written from a skilled nurse s personal experience so that you can have easy access to all essential testing procedures at all times Organized the way a nurse thinks up to date and easy to navigate Perfect when you are in a rush and have no time to search for the information you need an excellent choice for medical students and doctors not just nurses This book contains step by step guides on choosing the correct procedure that depends on the anamnesis tips on preparing the patient for the procedure and expert information for accurate interpretation of results Here is what this practical handbook to medical laboratory testing can offer you Convenient way to always find the right test for your patient Quick access to relevant information abbreviations measurements etc Full description of each test

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Lab Values Interpretation Nurse Academy, 2021-01-11 This is the official textbook on Lab Values Interpretation created by Nurse Academy Are you looking for a guide to quickly learn how to interpret laboratory values If so this is the right book for you Lab Values Interpretation is a simple and easy to understand book that introduces the concept of lab values and their corresponding interpretations to those that are looking for a simple overview of the subject matter while also providing a quick recap of the most important information for those that just want to refresh their memories The skill of being able to interpret laboratory investigations and understanding the science behind them is very important in the medicine field It is said that approximately 65 75% of decision making in medicine is done based on the results of laboratory tests Hence there is immense pressure on the need for health practitioners to correctly interpret lab values and what they mean in terms of a patient s health This book is meant to alleviate some of those pressures by explaining the lab values of the most common tests Laboratory values essentially provide data in an objective form that relates to the patient s health Therefore they can aid in the early diagnosis of diseases that have not yet had clinical manifestations thereby leading to more effective management of such conditions They can also aid in monitoring the progress of various diseases so that treatment can be modified accordingly Needless to say insufficient understanding of laboratory tests in a clinical setting can lead to misinterpretation of results which in turn will jeopardize patient safety In this book you will Get an in depth understanding of what lab values are and how they are determined Learn how to correctly interpret the lab values of over 35 lab tests Be able to objectively measure your patient s health Use your new skills every single day at work Be able to use this book as a point of reference for the normal range of lab values Be able to test your knowledge with some questions that have been added to the last two chapters in the book Additionally in this book you will learn the interpretation of the lab values of tests that include the following Basic Chemistry Panel Cardiovascular testing Endocrine testing Liver and Kidney testing Pregnancy and Genetic testing Hematology and Oncology testing Immunology testing Pulmonary testing As well as Gastrointestinal tests With this book you can say goodbye to any jittery feeling you might previously have whenever you try to interpret lab values because this book will allow you to analyze lab values gotten from lab tests in a confident and fearless manner Purchase this book now and begin learning how to interpret lab values of over 35 tests easily and correctly Don t forget to drop a review if you enjoy the book and recommend the book to your fellow medical practitioners so that they can benefit from the knowledge in the book We look forward to your feedback Nurse Academy

NCLEX-RN For Dummies with Online Practice Tests Rhoda L. Sommer, Patrick R. Coonan, 2020-09-23 Ace the NCLEX RN exam with this comprehensive guide The rigorous NCLEX RN nursing exam can be

painful and many don't pass on the initial attempt So why not beat the odds and drastically improve your chances of acing your first time with NCLEX RN For Dummies 2nd Edition with Online Practice This fully updated and revised edition is tracked to the latest NCLEX RN exam and comes complete with deep content review study tips and top test taking strategies You also get access to online flashcards and two practice exams with answer explanations to flesh out your technique and study Practice with hundreds of test questions Go online for vocabulary flashcards and practice exams Find full coverage of the medical surgical pediatric psychiatric and obstetric subjects schools require for the test Written by an instructor with 38 years of hands on nursing practice under her belt this popular plain English exam prep is best in class and will deliver the results you want the first time

The Nurse's Guide to Labs Cheryl Miller, 2017-05-22 The Nurse's Guide to Labs A Quick and Easy Resource is a quick easy reference tool that helps nursing students understand common lab values For each laboratory test a clear definition is provided along with some pathology if relevant When relevant students also learn what constitutes a normal versus a critical result The guide explains common reasons for abnormal values and addresses the nursing implications and responsibilities when such values occur Students will learn about commonly ordered combined labs There are specific chapters devoted to oxygenation respiratory labs hematology and cardiac liver and pancreatic labs The guide also discusses other endocrine systems labs such as tests for pituitary adrenal and thyroid abnormalities renal labs urine labs and cerebrospinal fluid labs The Nurse's Guide to Labs has been developed for students preparing to become registered nurses and can be kept as a useful reference tool for the working nurse The guide is also well suited to programs for licensed practical nurses or anyone in a clinical setting who might need to know about and understand various lab tests and their results

Basic Skills in Interpreting Laboratory Data Mary Lee, 2009-02-26 This new edition of Basic Skills in Interpreting Laboratory Data 4th Edition is a case based learning tool that will enhance your skills in clinical lab test interpretation It provides fundamentals of interpreting lab test results not only for pharmacy students but also for practitioners as an aid in assessing patient drug treatment responses It is the only text written by and for pharmacists and provides case studies and practical information on patient therapy Since the publication of the third edition much has changed in the clinical lab and in the hospital pharmacy Consequently the new fourth edition incorporates significant revisions and a wealth of important new information NEW TO THIS EDITION Three new chapters including new information on men's health women's health and pharmacogenomics and laboratory tests Mini cases embedded in each chapter provide therapy related examples and reinforce important points made in the text Quickview Charts give an overview of important clinical information including reference ranges and critical values Learning Points focus on a clinical application of a major concept present in the chapter

Hematological Malignancies In Children, Adolescents And Young Adults (With Cd-rom) Mitchell S Cairo, Sherrie L Perkins, 2012-06-21 Bringing together intellectual and scientific experts from pediatrics adolescent medicine general medicine pathology biology nursing and psychology this book is the first of its kind to cover the topics of

leukemias and lymphomas in young patients ranging from infants to young adults The content is organized and subdivided into four major sections under the main headings of General Considerations Pathobiology Clinical Manifestations and Treatment and Supportive Care and Complications for ease of reference to readers Hematological Malignancies in Children Adolescents and Young Adults presents a comprehensive multidisciplinary review of the field of hematological malignancies and brings forth illuminating perspectives from an internationally recognized group of leading authorities in the field

Elsevier's Canadian Comprehensive Review for the NCLEX-RN® Examination - E-Book Patricia A. Bradley, Karin L. Page-Cuttrara, Linda Anne Silvestri, Angela Silvestri, 2023-03-28 A truly Canadian edition of Elsevier's best selling NCLEX exam review book Elsevier's Canadian Comprehensive Review for the NCLEX RN Examination 3rd Edition provides everything you need to prepare for the NCLEX exam complete content review more than 5 000 NCLEX practice questions in the book and online and preparation for the Next Generation NCLEX In addition all answers include detailed rationales and test taking strategies with tips on how to best approach each question Integrating Canadian approaches to nursing throughout the text this book is the only comprehensive NCLEX review written from a Canadian perspective It's THE book of choice for NCLEX preparation Completely up to date coverage from a Canadian perspective reflects Canadian approaches to nursing and health care including the addition of the latest Canadian statistics research legislation regulations references clinical practice guidelines and more More than 5 000 practice questions in the text and online offer ample testing practice UNIQUE Detailed test taking strategy and rationale is included for each question offering clues for analyzing and uncovering the correct answer option UNIQUE Priority Nursing Action boxes provide information about the steps to be taken in clinical situations requiring clinical judgement and prioritization UNIQUE Pyramid Points icons indicate important information identifying content that typically appears on the NCLEX RN examination UNIQUE Pyramid Alerts appear in red text and highlight important nursing concepts New graduate's perspective is offered on how to prepare for the NCLEX RN in addition to nonacademic preparation the CAT format and test taking strategies Mnemonics are included to help you remember important information 79 question comprehensive exam covers all content areas in the book in the same percentages that they are covered on the actual NCLEX RN test plan and includes four case study format questions for the NGN Practice questions on delegation prioritization and triage disaster management emphasize these areas on the NCLEX exam Companion Evolve website provides 30 new questions for the Next Generation NCLEX plus all alternate item format questions including multiple response prioritizing ordered response fill in the blank figure illustration hot spot and chart exhibit Question categories on Evolve are organized by cognitive level client needs area integrated process and content area allowing you to choose completely customizable exams or study sessions UNIQUE Audio review summaries on the Evolve companion website cover pharmacology acid base balance and fluids and electrolytes Patient-Centered Care for Pharmacists Kimberly A. Galt, Galt, 2012-02-20 Patient centered care is at the heart of today's pharmacy practice and ASHP's

Patient Centered Care for Pharmacists gets to the heart of the subject Formerly Developing Clinical Practice Skills for Pharmacists this revised resource has been redeveloped to compliment the changing emphasis in pharmacy practice to patient centered care and the contemporary context of healthcare delivery To understand and treat the whole person and learn to use a realistic approach to time and resources students must connect their drug science knowledge to actual practice Useful in multiple courses in multiple levels Patient Centered Care for Pharmacists is a valuable resource that gives students and teachers alike more for their money In P1 P2 and P3 courses in areas from clinical skills to communications students can follow realistic case studies through typical processes to witness patient centered care in action Strong well developed case studies provide insight into today s vital topics Cultural differences among patients Documentation and health records Patient care plan development Effective patient communication And much more

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