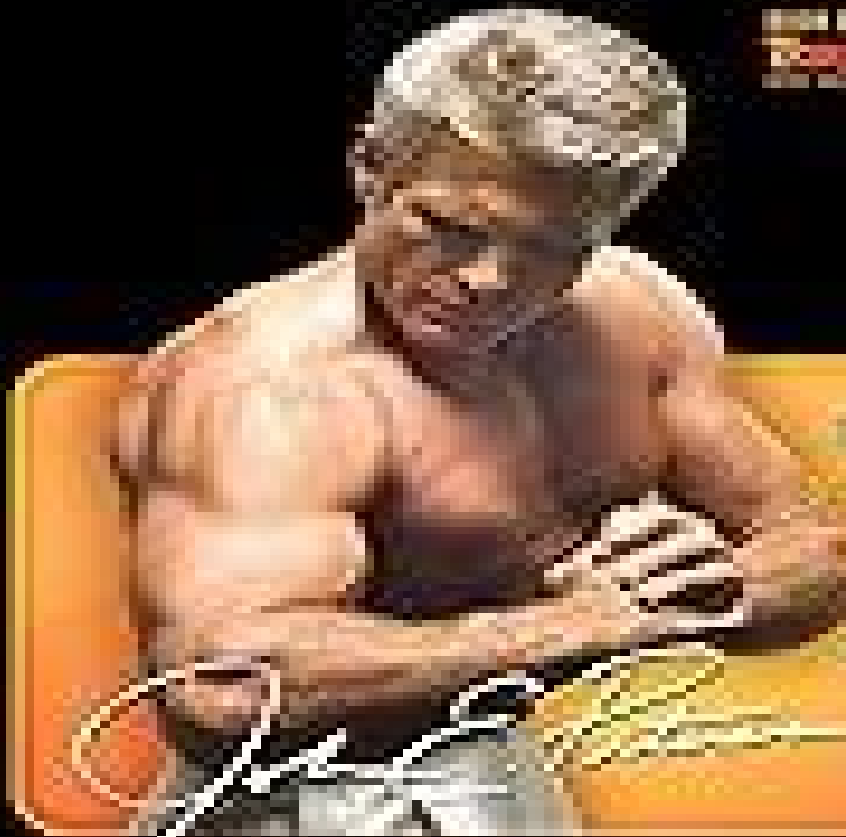


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The Isometric Power Revolution



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ISOMETRIC POWER REVOLUTION

JOHN & PETERSON
Author of *Pushing Limits: A Revolutionary New Approach to Fitness*

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