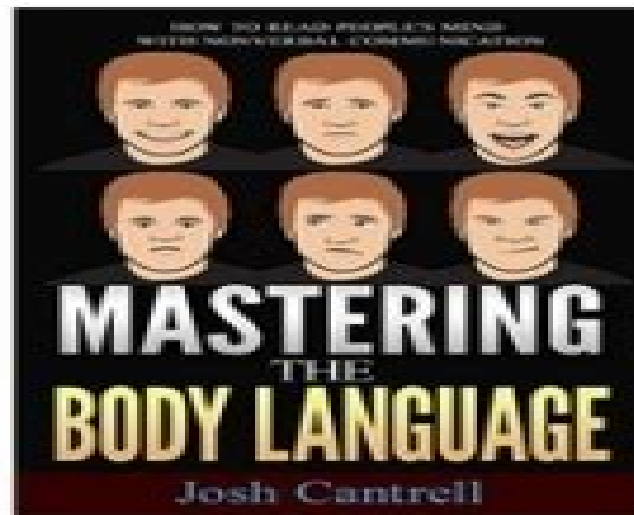


# Mastering the Body Language: How to Read People's Mind with Nonverbal Communication



## BOOK DETAIL

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## Book Description

Would You Like to Be Able to Read People's Minds? This question may sound like science fiction, or, perhaps, just fantasy, but something very close to mind-reading is actually possible, by learning to understand the body language. That is exactly what "Mastering the Body Language" by Josh Cantrell is offering you. In this comprehensive guide to body language, the author covers everything from gestures and postures to personal and physical space. Special consideration is given to the facial, eye, and mouth expressions, positions, and movements, and all the emotions expressed through them. "Mastering the Body Language" also explains, in a simple way, what are the benefits of understanding the body language. Even if it's not literally like telepathy in the science fiction books, it does help you to not only understand how someone feels and what they truly mean, but also to learn how other people might perceive your own non-verbal signals. As a result, you will learn how to understand people better, as well as become more aware of your own hidden thoughts and feelings. Understanding the body language comes easy to some, while others can't figure it out. Whether you're in the first or in the second group, with this book, you will not only learn how to understand non-verbal signals, you will master them. You will learn the body language essentials including the following topics: Body Language and Nonverbal Communication Body Language and Evolution Facial Expressions Eye Expressions Mouth and Lip Expressions Communicating with Gestures Communicating with Arms and Legs Postures Personal Space

# Mastering The Body Language How To Read Peoples Mind With Nonverbal Communication

**Pasquale De Marco**



## **Mastering The Body Language How To Read Peoples Mind With Nonverbal Communication:**

**Body Language: How to Master the Art of Nonverbal Communication with People (Gain the Unfair Advantage of Persuasion and Read People's Minds in Business)** Dean Cruz, Body language and nonverbal communication account for roughly 55% of what we communicate 38% of what we communicate is related to our tonality and ONLY SEVEN percent is related to WHAT WE ACTUALLY SAY This makes a lot of sense if we say I m so happy but our body is slouched and we say it in a sad tonality NOBODY will believe it Likewise if we say I m so sad but shout it out like we re excited and happy we are going to interpret the person as lying or actually feeling happy inside Body language and tonality matters Although there are certain gestures that have been declared universal have a common meaning throughout the world most gestures mean different things in different cultures regions nations and even cities across the world A certain gesture might mean something good in a certain part of the world but in another it could be nasty or even an insult Therefore before using a gesture one is used to in their own culture they should first find out the message they would be conveying when they intend to visit another region with a different culture Otherwise someone might just break their nose when all they want to do is to tell them how good they look

**Body Language: The Most Comprehensive Guide on Reading Other People's Behavior (Self Help: Mastering the Secret of NonVerbal Communication)** Earnest Ballard, This book was written with these ideas in mind and I am fully confident that after reading it you will understand body language and what it means much better Read along to learn how tweaking your posture facial expressions gestures and even tone of voice can influence your mood emotions and confidence You will also know how proper use of body language can give you an edge in handling negotiations presentations or even simple daily interactions In a grander scale proper body language can even leverage your life success it can forge positive interpersonal or business relationships and it can boost your influence among peers or team members You will be seen as a highly charismatic person with great authority and leadership skills Here Is A Preview Of What You Will Learn How The Subconscious Mind Operates How To Utilize The Subconscious Mind Power Mind Tricks To Gain A Better Rapport With People Safety Read And Understand People s Nonverbal Cues Much More When we talk we say very little because it s our body that does the real talking We express so much more subconsciously through our physical behavior body posture gestures eye movement facial expressions touch and the use of space So why not learn how to use this to your advantage Or just take time to read about because it is very interesting This book has the ability to totally change your life You will learn what body language signs you should look for when you want to know whether the person who is talking to you is telling the truth or is trying to con you It will always give you that edge so you can adjust your game plan to steer things in the direction YOU want

*The Art of Persuasion: Mastering the Science of Influence* Pasquale De Marco, 2025-03-08 In a world where influence is a currency more valuable than gold The Art of Persuasion Mastering the Science of Influence emerges as your ultimate guide to unlocking the secrets of persuasion This groundbreaking book delves

into the fascinating psychology of human behavior revealing the hidden forces that shape our decisions and actions With captivating storytelling and real life examples this book takes you on a journey through the art of persuasion from ancient rhetoric to modern day negotiation tactics You ll discover the science behind why people say yes learn how to communicate with impact and master the art of reading people s minds Whether you re a business professional seeking to close deals a parent trying to convince a child to eat their vegetables or anyone looking to navigate the complexities of human interaction this book is your indispensable companion You ll learn how to Build trust and credibility with ease Craft persuasive messages that resonate with your audience Decode body language and facial expressions to gain a deeper understanding of others Overcome resistance and objections with grace and finesse Adapt your persuasion style to different audiences and situations But persuasion is not just about getting what you want it s about using your influence for good This book emphasizes the importance of ethical persuasion showing you how to wield your power responsibly and make a positive impact on the world With The Art of Persuasion Mastering the Science of Influence you ll gain the skills and knowledge to become a master persuader capable of achieving your goals and making a lasting difference in the lives of others If you like this book write a review

**Nlp: Influence Any Conversation Using Hypnosis And Body Language (Master Mind Control, Human Behavior And Persuade People)** Benedict Janson,2022-06-16 Have you been struggling with trying to change behaviors but seen no real success What is it that makes lesser desired behaviors so difficult to change Addictions unexpected outbursts of anger or frustration and chronic procrastination are just a few of the behaviors that can take hold of your life and make everyone around you miserable It can actually tear down your health and cause even more issues that are difficult to fix Are there any important goals in life or important desires and needs that you would like to meet and want to make sure you can really achieve them Are you fed up of missing out on the good things in life and want to change that now If this sounds like you learning to work with NLP is the right answer for you NLP has generated a lot of controversy over the years There are many people who may not understand how this form of mind control works and this makes them suspect and worry about how it can work But NLP is a powerful tool that you can use to make sure you can get what you want from yourself from life and from other people around you Download this book TODAY and Learn how much emotions can drive behaviors Find out how to discover what is behind your bad behaviors Learn how to set reasonable goals for desired changes Learn how behavior modification can be done at home work or anywhere you choose Become a wizard at negotiations or the life of the party with NLP This book breaks training down into easy to understand modules It starts from the very beginning of nlp so you can get great results even as a beginner With the techniques covered in this book you ll learn how to get into other people s heads discover how they see the world and lead them to a win win situation Download it today

**The Ultimate Guide to Mind Reading** Pasquale De Marco,2025-04-09 Embark on an extraordinary journey into the fascinating world of mind reading with The Ultimate Guide to Mind Reading an indispensable resource for anyone seeking to unlock the secrets

of this captivating art Within these pages you will discover a wealth of knowledge and practical techniques to enhance your mind reading abilities and gain a deeper understanding of human behavior Delve into the captivating history of mind reading tracing its origins from ancient practices to modern day scientific explorations Understand the psychological foundations that underpin our ability to read minds exploring the intricate interplay of intuition empathy and nonverbal communication Unravel the techniques employed by skilled mind readers learning how to decipher body language facial expressions and vocal cues to gain insights into the thoughts and emotions of others Discover the profound impact of nonverbal communication on our daily interactions Learn to harness the power of body language deciphering subtle gestures and postures that often speak louder than words Master the art of active listening probing with effective questions to elicit meaningful responses Analyze speech patterns tone and intonation uncovering hidden messages and intentions beneath the surface of conversations Explore the fascinating realm of energy and vibes delving into the concept of subtle energies that surround us and influence our interactions Recognize energy fields and learn to sense and interpret vibes gaining a deeper understanding of the emotional atmospheres that permeate our surroundings Cultivate positive energy and protect yourself from negative influences creating a harmonious and supportive environment for mind reading and personal growth Uncover hidden thoughts and emotions that lie beneath the surface recognizing microexpressions that betray inner feelings and detecting deception and lies Identify hidden agendas and unmask subconscious intentions gaining a deeper insight into the complexities of human behavior Tap into the power of the subconscious mind accessing hidden beliefs and patterns that shape our thoughts and actions Reprogram your subconscious mind to manifest your desires and achieve personal transformation Discover the intriguing concept of telepathy exploring the possibility of mind to mind communication Develop your telepathic abilities learning to send and receive telepathic messages and establish telepathic connections with others Utilize telepathy for healing and transformation fostering deeper connections and promoting emotional well being As you delve deeper into the realm of mind reading you will gain a profound understanding of its potential benefits and ethical implications Explore the transformative power of mind reading in the workplace relationships and personal growth Embrace the future of mind reading technology envisioning its potential to revolutionize communication and human interaction If you like this book write a review

**Mastering the Power of Influence and Persuasion** Agastya Rudraksha ,2023-02-25

Mastering the Power of Influence and Persuasion is an essential guide for anyone looking to improve their communication skills build strong relationships and become more persuasive and influential This comprehensive book explores the various aspects of effective communication and interpersonal skills negotiation and building strong relationships while also diving into the art of persuasion In the introduction the author stresses the importance of effective communication and interpersonal skills The readers are introduced to the benefits of understanding body language and nonverbal cues and why it s important to develop a keen sense of observation to read and understand these cues This part of the book teaches readers

to become more attentive listeners and how to make their communication more effective In the following chapters the book teaches the principles of negotiation and how to effectively communicate your needs and interests The readers are introduced to the common barriers in negotiation and how to overcome them The book also delves into the psychological aspects of negotiation and how to create a win win situation Building strong relationships is an integral part of communication and the book covers the importance of empathy and active listening in creating strong connections with others The readers are taught how to read people like a book and understand their nonverbal cues and body language The chapter on building trust is particularly relevant for professionals who need to build rapport with clients customers and colleagues One of the most crucial aspects of communication is the art of persuasion and the book delves into the psychology of influence and persuasion The readers learn how to use nonverbal cues to their advantage and how to use empathy and active listening to build influence and effectiveness The book covers various techniques of persuasion and how to use them effectively in real life situations The book also includes chapters on advanced communication techniques including effective communication in high stake situations overcoming communication barriers and building confidence The readers are taught how to use body language to their advantage in communication and interpersonal relationships This part of the book is particularly relevant for individuals in leadership roles who need to be able to communicate effectively in challenging situations Mastering the Power of Influence and Persuasion is a well written and well researched book that provides practical advice and real world examples It is an essential guide for anyone looking to advance their career build better relationships or simply communicate more effectively With a focus on body language and nonverbal cues the book is particularly relevant for professionals who want to improve their communication skills in a variety of settings With its easy to follow format and comprehensive coverage of communication skills this book is a must read for anyone looking to take their communication skills to the next level

Mind Reading Quick & Easy Richard Webster, 2015-08-08 Gain a hidden edge using your natural mind reading abilities It sounds incredible but you actually read people s minds all the time you just don t realize it Join renowned author Richard Webster as he shows you how to take control of this innate skill by determining your own dominant sense reading other people s energy deciphering non verbal messages and discreetly influencing others with your thoughts Providing easy experiments and exercises Mind Reading Quick Easy helps develop and refine your abilities at both a beginner and advanced level This remarkable book also shows how to develop skills for mind reading using the phone and e mail dream telepathy and mental communication with pets By enhancing your mind to mind connection with others and interpreting body language cues you ll perceive more than you ever thought possible

**What Your Body Says (And How to Master the Message)** Sharon Sayler, 2011-01-06 Train your body to communicate with confidence and clarity have your body match what your mouth says The popular phrase leading from influence takes for granted that influence derives chiefly from verbal communication However communication is about more than words To get to the next level in your career you

must communicate with your entire self What Your Body Says gives you the straight up how to on unifying what you say with what you do allowing you to better connect with other people and reach your full leadership potential It gives you a clear and simple process to follow all drawn from an intense study of how language impacts people s lives and emotions Filled with useful tools strategies and techniques this book gives you the key to Speak intelligently while looking smart engaging and real Deliver unpleasant messages without pain or guilt Having a committee meeting and getting something done And more Written by Sharon Sayler a highly accomplished expert in marketing presentations and body language What Your Body Says is the only guide you need to achieve the competitive edge in your personal and business communication style     The Security Leader's Communication Playbook Jeffrey W. Brown,2021-09-12 This book is for cybersecurity leaders across all industries and organizations It is intended to bridge the gap between the data center and the board room This book examines the multitude of communication challenges that CISOs are faced with every day and provides practical tools to identify your audience tailor your message and master the art of communicating Poor communication is one of the top reasons that CISOs fail in their roles By taking the step to work on your communication and soft skills the two go hand in hand you will hopefully never join their ranks This is not a communication theory book It provides just enough practical skills and techniques for security leaders to get the job done Learn fundamental communication skills and how to apply them to day to day challenges like communicating with your peers your team business leaders and the board of directors Learn how to produce meaningful metrics and communicate before during and after an incident Regardless of your role in Tech you will find something of value somewhere along the way in this book     **How To Make People Like You: Read People Like A Book, Master Small Talk, Develop Influence and Charisma, to Learn How to Talk to Anyone, Win Friends and Build Meaningful Relationships.** Sebastian Clark,2022-12-29 Master the Art of Connection by Learning How to Make People Like You Read People Like a Book and Build Meaningful Relationships with Ease Unlock the secrets to becoming a charismatic influential and socially adept individual with How To Make People Like You This comprehensive guide is designed to help you master small talk develop influence and create genuine connections with anyone you meet Whether you want to win friends impress your boss or build lasting relationships this book gives you the tools to achieve it all How To Make People Like You teaches you how to read people like a book and use that insight to navigate social interactions with ease By understanding the psychology behind communication and body language you ll be able to connect with others on a deeper level and leave a lasting impression Unlock the power of Mastering small talk in any situation to break the ice and establish rapport effortlessly Body language and eye contact techniques that speak volumes even when words fail Influential communication strategies that help you become more persuasive and likable Building genuine connections with people turning acquaintances into true friends Developing charisma and confidence to talk to anyone anywhere anytime How To Make People Like You is your go to guide for transforming your social skills and becoming the person everyone wants to be around

You'll learn how to make meaningful connections, nurture relationships over time, and confidently engage with others in any setting. If you enjoyed *How to Win Friends and Influence People* by Dale Carnegie, *The Like Switch* by Jack Schafer, or *Captivate* by Vanessa Van Edwards, you'll find *How To Make People Like You* to be an essential addition to your social toolkit. Scroll up, grab your copy now, and start your journey to becoming the social butterfly you've always wanted to be.

**Body Language Reading::** Justin Chamberlain, 2025-06-24. *Body Language Reading: Decode The Hidden Meanings Behind People's Body Expressions, Positions, and Gestures. Nonverbal Communication Usage in Work, Love, and Day to Day Life to Control Conversations and Convey the Right Message.* Have you ever wished you knew how to read other people's body expressions but had no idea where to start? In this book, we delve deep into the intricacies and significance of body language, exploring how it influences every aspect of our lives, from personal relationships to professional success. Here is a preview of what you'll learn: Microexpressions, The Language of the Face, Decoding Eye Movements and Gaze Patterns, Hand Gestures and Their Meaning, Understanding Posture and its Significance, Proxemics, The Study of Personal Space, Paralinguistics, The Vocal Cues of Body Language, The Power of Touch, Haptics in Communication, Leg and Feet Movements, What They Reveal, Mirroring and Synchronization, Cultural Variations, Detecting Deception through Nonverbal Cues, Emotional Expressions and Body Language, Body Language in Romantic Relationships, Nonverbal Communication in the Workplace, Power Poses and Body Language, Confidence, And much, much more. Take action now, follow the proven strategies within these pages, and don't miss out on this chance to elevate your mindset to new heights. Scroll up and grab your copy today.

**Reading Faces and Minds**

Pasquale De Marco, 2025-05-18. *Unveiling the Secrets of Human Behavior: A Journey into the Art of Face Reading and Mind Reading.* In a world where nonverbal communication speaks louder than words, *Reading Faces and Minds* unlocks the secrets of human behavior, empowering you to decode the subtle cues that reveal a person's thoughts, emotions, and intentions. Within these pages, you'll embark on a captivating exploration of the fascinating realms of facial expressions, body language, and mind reading. Discover the hidden meanings behind smiles, frowns, and furrowed brows. Understand the significance of body posture, gestures, and eye contact. Master the art of mind reading through facial expressions and body language cues. With captivating anecdotes and real-life examples, this book brings the science of face reading and mind reading to life. Gain insights into the psychology of facial expressions, the impact of culture on nonverbal communication, and the latest advances in face reading technology. *Reading Faces and Minds* is more than just a book; it's a practical guide to unlocking the secrets of human behavior. Learn to use your newfound skills to improve communication, build stronger relationships, negotiate more effectively, detect deception, and make better decisions. Whether you're a business professional, a salesperson, a healthcare provider, or simply someone who wants to enhance their interpersonal skills, this book will transform the way you interact with others. Discover the power of face reading and mind reading and unlock the secrets of human behavior. As you delve deeper into the art of face reading and mind reading, you'll develop a keen eye for detail, an intuitive understanding of human



nature and a newfound ability to connect with others on a deeper level Reading Faces and Minds is your key to unlocking the secrets of communication and achieving success in all areas of your life If you like this book write a review on google books

*The Dark Psychology and Manipulation Bible* Cooper Rand,2025-06-15 Do you want to protect yourself from psychological manipulation or would you rather wield the power of influence to get what you want without anyone even realizing it Imagine being able to read people like an open book uncovering their true intentions within seconds Picture yourself effortlessly steering conversations persuading others to see things your way and maintaining complete control in any social or professional setting Now available as a powerful 2 Books in 1 edition The Dark Psychology and Manipulation Bible gives you double the content double the tools and double the psychological firepower Inside this guide you ll unlock the secret techniques used by politicians CEOs master persuaders and even con artists to subtly influence and control others Here s just a glimpse of what you ll discover The Science of Mind Control How thoughts can be planted shaped and redirected without detection The Psychology of Influence Proven methods to persuade manipulate and dominate conversations Dark NLP Hypnotic Language Patterns Secret techniques that bypass the conscious mind and implant powerful suggestions Covert Persuasion Gaslighting How manipulators distort reality and make people question their own perceptions Reading People Instantly Master the art of body language decoding microexpressions and lie detection Defensive Techniques Against Manipulation Protect yourself from narcissists toxic people and emotional predators The Power of First Impressions Learn how to analyze people in seconds and adjust your approach for maximum influence Whether you want to become a master persuader outsmart manipulators or simply understand human psychology on a deeper level this 2 in 1 edition is your key to unlocking unstoppable influence Start mastering these powerful techniques today get your copy now

**How to Read People Like a Book** Dr. Benjamin Reeves,2025-05-02 In How to Read People Like a Book Dr Benjamin Reeves reveals the practical science backed techniques that top psychologists negotiators and social masters use to read human behavior with stunning accuracy Inside this breakthrough guide you ll discover Proven body language secrets that reveal true thoughts and intentions How to decode facial microexpressions and subtle emotional cues The psychological principles behind persuasion and influence Step by step methods for detecting lies deception and hidden motives Real world applications from relationships and work to sales and leadership Whether you want to build stronger connections gain the upper hand in negotiations or simply protect yourself from manipulation this book gives you the ultimate toolkit for mastering people reading skills Stop guessing what people really mean Start reading them like a book and take control of your interactions today **The Magic Gaze: Decoding Thoughts through Eyes and Gestures** Yuvika Singh,2025-08-15 Blending insights from psychology neuroscience and cultural studies this book aims to equip readers with practical tools to interpret body language facial expressions eye movements and gestures enabling a deeper understanding of unspoken thoughts and emotions Beginning with the science behind nonverbal cues the book progresses on to techniques for analyzing

micro expressions cultural variations and advanced topics like pupillometry and deception detection Later chapters emphasize observational skill building and intuitive perception supported by real world applications and hands on activities

Key features Integrates scientific research with practical decoding strategies Applies behavioral analysis across business healthcare education and law enforcement Includes cultural case studies and ethical considerations Enhances emotional intelligence and social awareness Offers interactive exercises for skill development

*Without Saying a Word* Kasia Wezowski, Patryk Wezowski, 2018-07-24 One wrong move can undercut your message Believe it or not our bodies speak louder than our words Postures gestures and expressions convey reams of information and often not what you'd expect A smile for example is usually considered welcoming However crook one corner of your mouth higher and you project superiority subconsciously chasing other people away This book explains how even the subtlest motions have meaning Distilling decades of research *Without Saying a Word* deciphers these unspoken signals facial expressions fleeting micro expressions positive body language negative body language And much more Discover which postures and gestures indicate confidence and build rapport and which reveal disinterest arrogance or even aggression Learn to end off putting habits accentuate good ones and become an authentic and effective communicator Exhibiting body language that is open honest and self assured increases your social influence and enhances your skill as a negotiator while the ability to read the emotions and intentions of others is equally indispensable Whether you're making a presentation pitching a project or closing a deal the right body language can be your best ally

**Body Language** James Borg, 2009 Read People Like a Book 7 ESSENTIAL SKILLS for getting exactly what you want The most important 90% of communication is nonverbal It's silent but not hidden It's instinctual but you can control it This book shows you how You'll learn how to Read the nonverbal signs that tell you exactly what people are thinking feeling and planning Control your own nonverbal communication so you deliver the right message and get the right results Decipher gestures and read minds Stop sending signals that undercut your words Communicate more successfully with friends family colleagues customers strangers everyone Are you trustworthy Likable Interesting Are you the right person to hire To buy from People start judging you the instant they meet you and they never stop You do the same for them Based on what Not just words 90% of the information people present about themselves is nonverbal Body Language is about understanding that 90% and making the most of it It's about learning to consciously read the silent messages other people are sending so you know what they're really feeling thinking and intending to do It's about learning to control your own body language so that you communicate more powerfully and successfully with everyone in your life Need an edge Ever worry that you're not getting your message across Then these are the most important communication skills you will ever learn Recognize lies fears and how people are responding to you Sharpen your intuitions and perceptions and use them to communicate more effectively Overcome bad body language habits that convey the wrong impression Stop making the innocent mistakes that turn people off Read people through context congruence and clusters Use body language together

with everything else you know hear and see Gain the charisma that comes with effective listening People want to be heard learn how to give them what they want

**Small Talk Essentials** Arlenia Carver, 2023-07-04 Small talk is the key that unlocks the door to meaningful conversations Introducing Small Talk Essentials the ultimate guide to effective communication Whether you're looking to build relationships network professionally or simply enhance your social skills this book provides practical advice and strategies for mastering the art of small talk The first section of the book explains the importance of small talk and its role in building connections and relationships It covers the psychology of small talk and provides techniques for overcoming barriers to small talk The second section of the book focuses on reading nonverbal cues and active listening skills It provides tips for identifying body language signals using facial expressions effectively and asking open ended questions The third section of the book covers techniques for developing conversation starters and mastering the art of storytelling It also provides guidance on handling awkward situations and navigating small talk etiquette The fourth section of the book covers small talk in different cultures and in the workplace It also provides strategies for small talk for introverts and extroverts The fifth section of the book covers small talk with strangers in dating and relationships with friends and family and in conflict resolution It also provides guidance on small talk in virtual environments and for public speaking and networking events The sixth section of the book covers the art of exiting conversations and building confidence in small talk It also explores the future of small talk and small talk for personal growth

Small Talk Essentials is an essential guide for anyone who wants to improve their communication skills and build better relationships With its practical advice clear explanations and real life examples this book will help you master the art of small talk and take your communication skills to the next level

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Body language says everything mouth doesn't say If you want to catch what people don't say keep reading Body language is another term for nonverbal communication we have with our bodies every day Eighty percent of our daily communication is considered nonverbal The research on body language can be made manifest by studying a series of body gestures enlarging the eyes and even changing the tone of our voice in a specific circumstance The main impression we build in people's mind about us is the strongest and most lasting because it takes almost two to four minutes for most people to come to a choice of likability for an individual Our use and reading of body language is mostly an unconscious process we carry out in our daily lives Therefore our ability to use body language positively and the ability to read other people's mind through their body languages can help us develop a better overall personality In this book you will learn more about What Is Body Language How Body Language Fits In the Ideal Pattern of Communication The Big Five Personality Types Physical Puts Body Language Into Perspective Psychological Insight into Body Language Social Body Language Through Body Contact Touching How Body Language Impacts Communication Feedback Analyzing People Using Body Language The Art of Reading Any Kind of Person How to Read Body Language Forms of Basic Body Language Techniques for Cold Reading People Rules for Accurate Reading Body Language Speaks Volumes Basic Tips to Consider When Reading Anybody's Mind Body language is the unspoken or nonverbal mode of communication that we do in every single aspect of our interaction with people and hugely responsible for the impressions we create in people's minds about our personality This book is going to give you the tools to understand the gesture of the unspoken Would you like to start catching what people don't say Scroll the top of the page and select the buy now button

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