



Ira Hofer

# Der Klapsencoach

*Ein Ratgeber für Borderliner,  
von Bordi zu Bordi*

# Klapsecoach Ratgeber Borderliner Bordi German

**Ira Hofer**



**Klapsencoach Ratgeber Borderliner Bordi German:**

Der Klapsencoach Ira Hofer, 2015-12-08 Borderliner gelten als schwierig oder sogar unberechenbar. Deswegen landen sie in der allgemeinen Psychiatrie häufig auf der geschützten geschlossenen Station. Genau hier setzt der Klapsencoach an. Er will Hilfe zur Selbsthilfe geben. Er enthält praktische Tipps für den Weg aus der Krise basierend auf der Dialektisch behavioralen Therapie DBT und auf eigenen Erfahrungen der Autorin.

Uncover the mysteries within Explore with is enigmatic creation, Discover the Intrigue in **Klapsencoach Ratgeber Borderliner Bordi German** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( PDF Size: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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